

10^a SANT SILVESTRE GIRONA 2014

POSICIÓ	NOM	POBLACIO	CATEGORIA	TEMPS REAL	TEMPS OFICIAL	RITME	POS SEXE	DORSAL	CLUB
1	JONATHAN ROMEO LOPEZ	GIRONA, --	MASCULI	14:54.2	14:54.2	2:59	1	7	0
2	GENIS GRAU PLANA	GIRONA	MASCULI	14:59.1	14:59.1	3:00	2	684	0
3	ALEX DOMENECH	BANYOLES, --	MASCULI	15:03.9	15:03.9	3:01	3	224	0
4	RAMON LINARES PARAREDA	SANT HILARI SACALM, --	MASCULI	15:25.4	15:25.4	3:06	4	1318	C.A Vic
5	JORDI RABIONET JORDA	GIRONA, --	MASCULI	15:33.2	15:33.2	3:07	5	723	TR Esports Parra
6	JORDI ROURA CAPDEVILA	OLOT, --	MASCULI	15:51.4	15:51.4	3:11	6	1176	CLUB NATACIO OLOT
7	ALBERT REIXACH COMINO	OLOT, --	MASCULI	15:52.2	15:52.2	3:11	7	530	CA Olot Terra de Volcans
8	FERRAN BOSCH MASOLIVER	SANT ESTEVE DEN BAS, --	MASCULI	15:55.7	15:55.7	3:12	8	1173	CLUB NATACIO OLOT
9	ROGER SEGUI SARDA	GIRONA, --	MASCULI	15:57.8	15:57.8	3:12	9	940	Tr - Esports Parra
10	JESS ANDREWS	GIRONA, --	FEMENI	15:58.6	15:58.6	3:12	1	830	0
11	ALBERT DELOS VILA	LES PRESES, --	MASCULI	15:59.6	15:59.6	3:12	10	377	Batec garrotxi
12	PAU HERRERO VINAS	GIRONA, --	MASCULI	16:05.8	16:05.8	3:14	11	1289	Serpentine RC (UK)
13	JORDI VILA CAMPS	BESCANO, --	MASCULI	16:08.1	16:08.1	3:14	12	957	Bikingpoint
14	ALBERT LOPEZ MUNOZ	GIRONA, --	MASCULI	16:12.0	16:12.0	3:15	13	66	C.A. GIRONA
15	XAVIER MANELLA PUJOL	OLOT	MASCULI	16:13.4	16:13.4	3:15	14	1174	CLUB NATACIO OLOT
16	OMAR GALDON ARRUE	VILANOVA DEL VALLES, --	MASCULI	16:14.9	16:14.9	3:15	15	739	Club Ollimpic Farners
17	SERGI GARCIA	VIDRERES, --	MASCULI	16:20.2	16:20.2	3:17	16	736	Ca Lloret la Selva
18	LLUIS VALL-LLOSERA NOGUE	GIRONA, --	MASCULI	16:21.2	16:21.2	3:17	17	482	Run-Hard Big-BooBs
19	IHOR PRISSIANYI	OLOT, --	MASCULI	16:22.7	16:22.7	3:17	18	1169	CLUB NATACIO OLOT
20	PABLO CLAVERIA AVILA	BARCELONA, --	MASCULI	16:23.2	16:23.2	3:17	19	1476	AA Catalunya
21	MIGUEL PEREA LOZANO	GIRONA, --	MASCULI	16:23.3	16:23.3	3:17	20	45	CESET
22	EDUARD PALOMER ROCA	GIRONA, --	MASCULI	16:24.9	16:24.9	3:17	21	1405	TRIATLO GIRONA COSTA BRAVA
23	PAU BESALU SALA	FOIXA, --	MASCULI	16:27.2	16:27.7	3:18	22	799	GEIEG
24	OLIVERAS CARMEN	MONTIGNY LE BRETONNEUX, --	FEMENI	16:31.6	16:31.6	3:19	2	1104	PRAC
25	ADRIA GAMERO CASELLAS	OLOT, --	MASCULI	16:31.9	16:31.9	3:19	23	218	CA Olot Terra de Volcans
26	SERGI LACHKAR VALL-LLOSERA	SANTA COLOMA DE FARNERS, --	MASCULI	16:34.1	16:35.1	3:19	24	363	GEIEG
27	XAVIER BALDELOU RODRIGUEZ	GIRONA, --	MASCULI	16:39.9	16:39.9	3:20	25	107	C.A. GIRONA
28	ALBERT GARCIA-CAMPERO PONS	GIRONA, --	MASCULI	16:41.7	16:42.1	3:21	26	1569	Tr Esports Parra
29	JOAN TORRECILLAS SANLLEHI	GIRONA, --	MASCULI	16:45.2	16:51.2	3:22	27	370	GEIEG
30	ELOI MARTI ROMANI	GIRONA, --	MASCULI	16:50.8	16:51.8	3:23	28	1392	GEIEG
31	DAVID BUSQUETS MASSA	BANYOLES, --	MASCULI	16:52.6	16:52.6	3:23	29	474	club natacio banyoles
32	ORIOL ANGULO ROIG	SALT, --	MASCULI	16:53.2	16:53.2	3:23	30	519	Tr Esports Parra
33	DAVID GUBAU GUELL	GIRONA, --	MASCULI	16:54.9	16:54.9	3:23	31	19	CESET
34	ALEX GODO JIMENEZ	GIRONA, --	MASCULI	16:57.0	16:57.0	3:24	32	1409	GEIEG
35	JORDI CEBRIA ARMENGOL	GIRONA, --	MASCULI	16:59.7	16:59.7	3:24	33	406	triatlo girona costa brava
36	JOAN PLANELLA PRAT	OLOT, --	MASCULI	17:00.8	17:00.8	3:25	34	1177	CLUB NATACIO OLOT
37	PERE QUINONES LOPEZ	BESCANO, --	MASCULI	17:02.5	17:02.5	3:25	35	935	0
38	MARCAL GRATACOS MARZO	BANYOLES, --	MASCULI	17:07.3	17:07.3	3:26	36	1590	Club Natació Banyoles
39	DANI TALAVERA VERDAGUER	BESCANO, --	MASCULI	17:08.4	17:09.2	3:26	37	1114	BTR-PRO TEAM
40	RAMON FIGUERAS MONER	PALAMOS, --	MASCULI	17:15.7	17:15.7	3:28	38	971	CA Palafrugell-Triatlo
41	KIKE SANJURJO ALBARDONEDO	GIRONA, --	MASCULI	17:19.1	17:19.1	3:28	39	978	Paleotraining Girona
42	JORDI CASANOVA CLUSELLS	BANYOLES, --	MASCULI	17:19.4	17:19.4	3:28	40	1279	Club natació Banyoles
43	CARLES PUIG CASANOVAS	BESCANO, --	MASCULI	17:18.0	17:20.8	3:28	41	286	0
44	MOHAMED KAJOUN	ROSES, --	MASCULI	17:21.7	17:21.7	3:29	42	1231	A.E. ILLA DE RODES
45	JORDI TRIADU BORRAS	SALT, --	MASCULI	17:21.9	17:21.9	3:29	43	266	TRIATLO GIRONA COSTA BRAVA
46	ENRIC BATLLE VIDAL	GIRONA, --	MASCULI	17:24.1	17:24.1	3:29	44	272	geieg
47	XEVI GASAU FITA	SALT, --	MASCULI	17:25.1	17:25.1	3:30	45	1414	Triatlo Girona Costa Brava
48	JOSEP PALLARES I BURBAIL	SANT GREGORI, --	MASCULI	17:26.0	17:26.0	3:30	46	396	Triatlo Girona Costa Brava
49	ENRIC SERRA MASO	GIRONA, --	MASCULI	17:26.6	17:26.6	3:30	47	1448	TR Esports Parra
50	SERGI MIRO PUGIVENTOS	GIRONA, --	MASCULI	17:28.7	17:28.7	3:30	48	76	C.A. GIRONA
51	JOSEP IBANEZ IBANEZ	VULPELLAC, --	MASCULI	17:30.1	17:30.1	3:31	49	602	Bikecat
52	FLORENCI LOPEZ ROURA	SALT, --	MASCULI	17:28.8	17:30.1	3:30	50	997	INDEPENDENT
53	MIGUEL HENDERICKX	ST ESTEVE DE LLEMENA, --	MASCULI	17:30.5	17:30.5	3:31	51	1178	C.O Farners
54	JORDI IZQUIERDO MARTINEZ	GIRONA, --	MASCULI	17:31.3	17:31.3	3:31	52	534	0
55	MARC BASSA GOMEZ	VILABLAREIX, --	MASCULI	17:34.5	17:36.3	3:31	53	672	0
56	ANGEL MARIN TARIFA	PORQUERES, --	MASCULI	17:39.7	17:39.7	3:32	54	1375	CLUB NATACIO BANYOLES
57	PERE HIDALGO SANTOS	BANYOLES, --	MASCULI	17:40.5	17:40.5	3:33	55	1438	C.N. Olot
58	JOSEBA SAMANIEGO MANZANOS	GIRONA, --	MASCULI	17:27.6	17:41.4	3:30	56	361	A.E. MATXACUCA
59	DIEGO CUADRADO GAYTAN	GIRONA, --	MASCULI	17:41.4	17:41.4	3:33	57	933	TRIATLO GIRONA COSTA BRAVA
60	JORDI PANTIN SAIZ	GIRONA, --	MASCULI	17:43.6	17:43.6	3:33	58	480	TRIATLO GIRONA COSTA BRAVA
61	LLORENC PUIG NOGUER	GIRONA, --	MASCULI	17:37.7	17:44.6	3:32	59	97	C.A. GIRONA
62	LLUIS JULIA XAMPENY	VIDRERES, --	MASCULI	17:46.3	17:46.3	3:34	60	984	C.E. LES RABASSES
63	ERNEST ROURA PUIGDEVALL	BLANES, --	MASCULI	17:43.7	17:46.6	3:33	61	582	Club Triatlo Malgrat
64	MARTIN NEIL	GIRONA, --	MASCULI	17:47.5	17:47.5	3:34	62	501	0
65	XEVI MONTAL ROURA	GIRONA, --	MASCULI	17:48.8	17:48.8	3:34	63	1408	Independent
66	PERE BARCELO ROCA	GIRONA, --	MASCULI	17:49.5	17:49.5	3:34	64	481	0
67	JOAN SANCHEZ LOPEZ	SANT HILARI SACALM, --	MASCULI	17:50.8	17:50.8	3:35	65	996	C.A. Lloret-La Selva
68	JOAN MIQUEL RIERA CORT	MATARO, --	MASCULI	17:51.6	17:51.6	3:35	66	833	Maimakansu
69	ENRIC HERNANDEZ MARTINEZ	GIRONA, --	MASCULI	17:52.7	17:52.7	3:35	67	1273	Triatlo Girona Costa Brava
70	DIEGO MECHAN	GERONA, --	MASCULI	17:53.4	17:53.4	3:35	68	1042	0
71	XEVI GARCIA GIL	BORDILS, --	MASCULI	17:54.7	17:54.7	3:35	69	886	C. A. PALAFRUGELL
72	NIL BONAVENTURA COSTA-PAU	GIRONA, --	MASCULI	18:03.4	18:03.4	3:37	70	314	0
73	ANGEL FUERTES MURCIEGO.	SALT, --	MASCULI	18:06.5	18:06.5	3:38	71	515	triatlo girona costa brava
74	PERE ESPIGUL UBACH	GIRONA, --	MASCULI	17:54.2	18:11.0	3:35	72	1691	tr running
75	JOAN QUINTANA CASANOVAS	LLAMBILLES, --	MASCULI	18:12.8	18:12.8	3:39	73	1133	0
76	NANDO ASENSIO GOMEZ	GIRONA, --	MASCULI	18:07.2	18:13.3	3:38	74	549	0
77	MOHAMED EL BOUZDOUDI JAABAK	ROSES, --	MASCULI	18:14.5	18:14.5	3:39	75	876	0
78	LLUIS ZUNIGA SIMON	GIRONA, --	MASCULI	18:12.9	18:15.4	3:39	76	1308	TR-Esports Parra
79	JEP DELLUNDE GUIVES	BANYOLES, --	MASCULI	18:16.9	18:16.9	3:40	77	222	CLUB NATACIO BANYOLES
80	DAVID PRESAS	GIRONA, --	MASCULI	18:18.9	18:18.9	3:40	78	403	TRIATLO GIRONA COSTA BRAVA
81	JOSEP SALVATELLA SUREDA	LLAGOSTERA, --	MASCULI	18:21.2	18:21.2	3:41	79	1179	Sempre davant de l'APC
82	AMINE BENALLAH	GIRONA, --	MASCULI	18:22.4	18:22.4	3:41	80	1345	0
83	JORDI SABRIA BAYES	GIRONA, --	MASCULI	18:13.7	18:23.0	3:39	81	388	0
84	IA VIDAL SOLER	GIRONA, --	FEMENI	18:23.3	18:23.3	3:41	3	9	C.A. LLORET - LA SELVA
85	MIGUEL MAYA CHUAN	CALONGE, --	MASCULI	18:23.4	18:23.4	3:41	82	276	GEIEG
86	DAVID CLAPAROLS MERCADO	LLAGOSTERA, --	MASCULI	18:08.7	18:26.5	3:38	83	1542	0
87	YOUSSEF EL BAKHTI	ROSES, --	MASCULI	18:27.1	18:27.1	3:42	84	1246	A.E. ILLA DE RODES
88	ANGELA CASTELLO NORIA	LLEIDA, --	FEMENI	18:27.4	18:27.4	3:42	4	1597	0
89	ANTONI RIZOS CALLEJAS	QUART, --	MASCULI	18:27.5	18:27.5	3:42	85	580	0
90	CARLES COSTA ROURA	BANYOLES, --	MASCULI	18:28.8	18:28.8	3:42	86	667	0
91	JULIAN BERNABE FELIU	GIRONA, --	MASCULI	18:16.2	18:29.3	3:40	87	1380	0
92	RAFEL PLANAS MAYOLAS	CAMOS, --	MASCULI	18:33.2	18:33.2	3:43	88	254	Club Natació Banyoles
93	GUILLEM ABELLAN FERRER	GIRONA, --	MASCULI	18:33.9	18:33.9	3:43	89	1553	FumanchU Viajes & FCBarcelona
94	SARAH HARNEY	NEW YORK, --	FEMENI	18:33.9	18:33.9	3:43	5	350	Greater New York Racing Team
95	RICHARD STRENIO	NEW YORK, --	MASCULI	18:35.1	18:35.1	3:44	90	349	Greater New York Racing Team
96	FERRAN GARCIA SALA	OLOT, --	MASCULI	18:34.3	18:36.5	3:43	91	1305	INDEPENDENT
97	DAVID LLADOS BARRAGAN	SANT GREGORI, --	MASCULI	18:37.8	18:37.8	3:44	92	852	Esgarinxats
98	DANI CORREDERA TAMAYO	OLOT, --	MASCULI	18:37.8	18:37.8	3:44	93	1184	0
99	LLUIS CORDON BARRIS	CRUILLES, --	MASCULI	18:38.5	18:38.5	3:44	94	1235	CEM Cerdanyola

100	EDUARD VALENZUELA VARGAS	GIRONA, --	MASCULI	18:41.1	18:41.1	3:45	95	249	GEIEG
101	JORDI RAMOS BURCH	SALT, --	MASCULI	18:31.5	18:42.2	3:43	96	1598	0
102	DAVID CARRION FERNANDEZ	GIRONA, --	MASCULI	18:43.4	18:43.4	3:45	97	465	UE sant pau
103	QUIM FERRER VALLS	RIUDELLOTS DE LA SELVA, --	MASCULI	18:43.6	18:43.6	3:45	98	525	Independencia
104	SERGI LASHERAS RABIONET	ANGLES, --	MASCULI	18:40.0	18:43.9	3:45	99	426	Triatló girona costa brava
105	DANI JUNCA BAREA	GIRONA, --	MASCULI	18:45.2	18:45.2	3:46	100	79	C.A. GIRONA
106	VICTOR MARTINEZ COLLS	LLORET DE MAR, --	MASCULI	18:38.4	18:45.6	3:44	101	637	0
107	JOSEP ALTIMIR	GIRONA, --	MASCULI	18:46.3	18:46.3	3:46	102	707	TR Esports Parra
108	JOAN BERNAT PANE	LLORET DE MAR, --	MASCULI	18:44.4	18:47.8	3:45	103	1547	0
109	ALEX BERTRAN FONTSERE	LLORET DE MAR, --	MASCULI	18:45.6	18:48.0	3:46	104	1536	CF. LLORET
110	ALBERT PIFERRER PALMA	GIRONA, --	MASCULI	18:51.4	18:51.4	3:47	105	226	Independent
111	JORDI ROPERO CALL	RIUDELLOTS DE LA SELVA, --	MASCULI	18:51.7	18:51.7	3:47	106	247	aceriudellots
112	HELENI CONTRERAS FERNANDEZ	GIRONA, --	MASCULI	18:48.4	18:53.0	3:46	107	518	0
113	JESUS FUERTES AVELLANEDA	SANTA COLOMA DE FARNERS, --	MASCULI	18:51.9	18:54.3	3:47	108	1672	OLIMPIC FARNERS
114	LLUIS ORDUNA AZNAR	GIRONA, --	MASCULI	18:55.5	18:55.5	3:48	109	670	0
115	JOSEP M COSTA SERRA	ANGLES, --	MASCULI	18:57.4	18:57.4	3:48	110	866	Triatló Girona Costa Brava
116	MARC SERRAT I BARCELO	BANYOLES, --	MASCULI	18:51.1	18:58.8	3:47	111	1528	C.N Banyoles
117	JORDI GALLARDO ESGLEAS	BLANES, --	MASCULI	19:01.7	19:01.7	3:49	112	145	0
118	MAREG QUINTANA I TERES	GIRONA, --	MASCULI	19:00.1	19:02.1	3:49	113	1103	CESET
119	LLORENC TORTELLA GOST	MOSCARI, --	MASCULI	19:02.3	19:02.3	3:49	114	1516	Tramuntana Esport
120	JOSEP VALENZUELA VARGAS	FORNELLS DE LA SELVA, --	MASCULI	19:02.9	19:02.9	3:49	115	1116	0
121	JOFRE DALMAU PAIRO	GIRONA, --	MASCULI	19:04.6	19:04.6	3:49	116	1465	Nestlé Girona
122	EUGENIA MIRO FIGUERAS	GIRONA, --	FEMENI	19:05.9	19:05.9	3:50	6	1692	A LA MENUDA
123	JORDI ROCA BUSQUETS	RODA DE TER, --	MASCULI	19:07.0	19:07.0	3:50	117	1259	OSON@CORRE
124	ALBERT AYGUADE SUNER	CERVIA DE TER, --	MASCULI	19:09.4	19:09.4	3:50	118	1298	0
125	TERESA REY I CADANET	BESCANO, --	FEMENI	19:01.9	19:09.9	3:49	7	335	0
126	NARCIS CASASSA FONT	GIRONA, --	MASCULI	18:57.1	19:10.8	3:48	119	3	0
127	XAVIER FIGUERAS AVELLI	LLORET DE MAR, --	MASCULI	19:11.7	19:11.7	3:51	120	1336	0
128	DAVID ESTEBAN GARRIDO	GIRONA, --	MASCULI	19:05.9	19:11.7	3:50	121	1027	.
129	QUIM LLADO RODRIGUEZ	SANT GREGORI, --	MASCULI	19:12.6	19:12.6	3:51	122	441	Triatló Girona Costa Brava
130	JORDI FREIXAS VILAGRAN	GIRONA, --	MASCULI	19:13.9	19:13.9	3:51	123	1311	CLUB NATACIO BANYOLES
131	MANEL CANO RODRIGUEZ	SALT, --	MASCULI	19:13.9	19:13.9	3:51	124	1462	Geieg running
132	JORDI PLANA BASSAGANAS	OLOT, --	MASCULI	19:15.0	19:15.0	3:51	125	1471	expectativa zero
133	RICARD CABALLE PUIG	GIRONA, --	MASCULI	19:07.8	19:16.0	3:50	126	982	0
134	JOSEP ORIOL RUBIROLA GAMELL	GIRONA, --	MASCULI	19:07.2	19:17.4	3:50	127	554	0
135	AARON ALCARAZ PUERTOLLANO	GIRONA, --	MASCULI	19:18.1	19:18.1	3:52	128	624	0
136	PERE BONAVIA GUMMA	SANT PERE PESCADOR, --	MASCULI	19:13.1	19:19.7	3:51	129	1044	0
137	CARLES DOMINGO DILMER	SALT, --	MASCULI	19:21.6	19:21.6	3:53	130	1012	Aventura X-Perience - Sport HG
138	XAVIER TARRATS BADOSA	PORQUERES, --	MASCULI	19:21.7	19:21.7	3:53	131	1570	Club Natació Banyoles
139	ALBERT BATLLE SERRAT	GIRONA, --	MASCULI	19:11.9	19:22.7	3:51	132	408	Spartans Girona
140	EDUARD BASTIDA RATERA	GIRONA, --	MASCULI	19:22.9	19:22.9	3:53	133	411	Triatló Girona Costa Brava
141	DIEGO CAMPOS MEDRANO	GIRONA, --	MASCULI	19:23.2	19:23.2	3:53	134	1625	C.A. Vacecos
142	BRUNO MARTIN ARNAIZ	GIRONA, --	MASCULI	19:24.6	19:24.6	3:53	135	1367	Red Runners
143	DAVID MORILLO	GIRONA, --	MASCULI	19:24.8	19:24.8	3:53	136	884	Triatló Girona Costa Brava
144	EDU GELADA GISPERT	BESCANO, --	MASCULI	19:19.3	19:25.2	3:52	137	1058	0
145	JOSEP MARIA MADI VILA	SILS, --	MASCULI	19:25.8	19:25.8	3:54	138	1451	JA Sabadell
146	XAVI SILVA GALAN	BANYOLES, --	MASCULI	19:01.4	19:26.1	3:49	139	1242	SIGAFIT
147	XEVI PERICH HERRERO	GIRONA, --	MASCULI	19:27.3	19:27.3	3:54	140	414	Triatló Girona Costa Brava
148	JOAN SITJES SENCIANES	GIRONA, --	MASCULI	19:27.5	19:27.5	3:54	141	246	ALT.GIRONA
149	ENRIC MASCARELL DURAN	SALT, --	MASCULI	19:25.1	19:29.4	3:54	142	1152	Can Serrallonga
150	DIDAC CARVACHO SEVILLA	TOSSA DE MAR, --	MASCULI	19:30.4	19:30.4	3:55	143	1431	BIKE AREA LLAGOSTERA
151	KIM SEVILLA SALAZAR	TOSSA DE MAR, --	MASCULI	19:30.5	19:30.5	3:55	144	392	Triatló Girona Costa Brava
152	ANGEL VALLMAJO PLANIOL	OLOT, --	MASCULI	19:30.5	19:31.9	3:55	145	803	CAO Terra de Volcans
153	ALBERTO GONZALEZ MATE	GIRONA, --	MASCULI	19:32.6	19:32.6	3:55	146	579	0
154	FRAN GONZALEZ PEREZ	JUIA, --	MASCULI	19:13.0	19:34.7	3:51	147	1609	0
155	MOSTAFA LACHKAR SAID	STA COLOMA DE FARNERS, --	MASCULI	19:33.3	19:36.6	3:55	148	615	C.O. Farners
156	ROBERT SERRA PONS	GIRONA, --	MASCULI	19:23.6	19:36.8	3:53	149	317	TR-Esports Parra
157	RAUL PUJOL CALVET	GIRONA, --	MASCULI	19:16.2	19:37.2	3:52	150	1678	Triatló Tramuntana Figueres
158	ADRIA ALSINA IGLESIAS	BESCANO, --	MASCULI	19:37.8	19:37.8	3:56	151	285	0
159	IMMA COLLELL NOGUER	ANGLES, --	FEMENI	19:31.7	19:38.5	3:55	8	1144	0
160	PAU VILA REGAS	ARBUCIES, --	MASCULI	19:27.7	19:38.8	3:54	152	727	GratanUvols del Montseny
161	JOSEP VILA REGAS	ARBUCIES, --	MASCULI	19:28.9	19:38.9	3:54	153	728	www.tiva-tiva.com
162	PERE MARTI	GIRONA, --	MASCULI	19:19.8	19:39.4	3:52	154	1395	Independent
163	MARIANO BENITEZ JUAN	GIRONA, --	MASCULI	19:33.5	19:43.8	3:55	155	105	C.A. GIRONA
164	ARNAU ACERO BOU	SANT GREGORI, --	MASCULI	19:43.8	19:43.8	3:57	156	348	0
165	FRANCESC PAGES VIVANCOS	GIRONA, --	MASCULI	19:44.2	19:44.2	3:57	157	78	C.A. GIRONA
166	CRISTINA BOSCH COLL	SANT JULIA DE RAMIS, --	FEMENI	19:43.8	19:44.9	3:57	9	1385	GIRONA COSTA-BRAVA PALAFRUGELL
167	AGUSTI PONS VALLS	LLORET DE MAR, --	MASCULI	19:47.6	19:47.6	3:58	158	907	Independent
168	YAGO DIEZ	CAMOS, --	MASCULI	19:33.4	19:47.8	3:55	159	1155	independent
169	DAVID QUER GUICH	GIRONA, --	MASCULI	19:48.6	19:48.6	3:58	160	415	TRIATLO GIRONA COSTA BRAVA
170	SIXT RASCLOSA GONZALEZ	CERVIA DE TER, --	MASCULI	19:48.1	19:48.9	3:58	161	596	Rostits del montgri
171	DARIO MANZANO MARTOS	GIRONA, --	MASCULI	19:49.1	19:49.1	3:58	162	732	.
172	MIQUEL ÀNGEL RISCO GOMEZ	SARRIA DE TER, --	MASCULI	19:50.4	19:50.4	3:59	163	271	Independent
173	DE LATOUR JEAN	MONTIGNY LE BRETONNEUX, --	MASCULI	19:50.6	19:50.6	3:59	164	1105	PRAC
174	JOAN CARLES SOLER BRUNET	GIRONA, --	MASCULI	19:52.6	19:52.6	3:59	165	126	C.A. GIRONA
175	JORDI MARTIN MEDINA	GIRONA, --	MASCULI	19:47.5	19:52.7	3:58	166	1037	.
176	FRANCESC DIAZ FERNANDEZ	GIRONA, --	MASCULI	19:53.5	19:53.5	3:59	167	125	C.A. GIRONA
177	FUNGISAI MATEMADOMBO	GIRONA, --	MASCULI	19:20.6	19:55.2	3:53	168	343	N/A
178	ALEX PORTAVELLA FONTANALS	LLORET DE MAR, --	MASCULI	19:50.2	19:56.0	3:59	169	1402	INDEPENDENT
179	FERRAN NOGAREDA	BESCANO, --	MASCULI	19:56.5	19:56.5	4:00	170	1146	0
180	JOSEP FERRIOL MADRENAS	GIRONA, --	MASCULI	19:57.0	19:57.0	4:00	171	113	C.A. GIRONA
181	GERARD QUER GUICH	GIRONA, --	MASCULI	19:57.3	19:57.3	4:00	172	472	Triatló Girona Costa Brava
182	MIQUEL SALORT ESTARTUS	PEDRET I MARZA, --	MASCULI	19:38.5	19:59.1	3:56	173	1549	INDEPENDENT
183	SANTIAGO SOLEY	GIRONA, --	MASCULI	19:52.6	19:59.1	3:59	173	1595	CN Catalunya
184	BENJAMIN HOUDEE	CERET, --	MASCULI	20:01.4	20:01.4	4:01	175	1515	Vigatanes del Volo
185	JOAN RISQUEZ MARTINEZ	GIRONA, --	MASCULI	20:03.3	20:03.3	4:01	176	109	C.A. GIRONA
186	XAVI PEREZ BERRUEZO	GIRONA, --	MASCULI	20:04.8	20:04.8	4:01	177	724	0
187	ALBERT SOLES RODOREDA	BANYOLES, --	MASCULI	20:02.3	20:05.5	4:01	178	1639	0
188	JOAQUIM AMAGAT GUIRADO	ST FELIU DE PALLEROLS, --	MASCULI	20:05.8	20:05.8	4:02	179	731	Esquelles
189	OSCAR J. CALVO MESEGUER	FORNELLS, --	MASCULI	20:05.7	20:08.4	4:02	180	1285	0
190	ILDEFONS MAGRANS DE ABRIL	GERONA, --	MASCULI	20:10.7	20:10.7	4:03	181	1064	0
191	SERGI PUIGDEVALL BRAVO	GIRONA, --	MASCULI	20:11.4	20:11.4	4:03	182	327	0
192	JORDI SERRA CABALLERO	SALT, --	MASCULI	20:12.4	20:12.4	4:03	183	478	Club Tranklis
193	CARME SABENCH CASELLAS	GIRONA, --	FEMENI	20:09.9	20:13.8	4:02	10	61	C.A. GIRONA
194	PAU PAGES CROS	GIRONA, --	MASCULI	19:50.3	20:14.5	3:59	184	213	0
195	JORDI SOLER CANO	SANT JOAN DE MOLLET, --	MASCULI	20:15.2	20:15.2	4:04	185	522	Triatló Girona Costa Brava
196	JOSEP PAGES CROS	GIRONA, --	MASCULI	19:50.8	20:15.5	3:59	186	214	0
197	ANGEL PELIES SERRAT	ANGLES, --	MASCULI	20:17.9	20:17.9	4:04	187	561	Atletisme Anglès
198	ANTONI PALOMO JEREZ	GIRONA, --	MASCULI	20:18.1	20:18.1	4:04	188	92	C.A. GIRONA
199	ALBERT JUNCO BOIX	SALT, --	MASCULI	20:07.8	20:19.3	4:02	189	1406	0
200	RUBEN JIMENEZ PUGA	GIRONA, --	MASCULI	20:05.5	20:19.9	4:02	190	861	INDEPENDENT
201	FRANCESC SUCARRATS MORENO	BANYOLES, --	MASCULI	20:15.6	20:20.1	4:04	191	1182	0
202	JUDIT PUJOL CORNEY	GIRONA, --	FEMENI	20:15.1	20:20.9	4:04	11	1567	GEIEG
203	JOAN ROVIRA GARRIGA	LLAGOSTERA, --	MASCULI	20:23.2	20:23.2	4:05	192	280	RADIKAL LLAGOSTERA
204	DAVID SOTERAS PARIS	GIRONA, --	MASCULI	19:54.7	20:25.0	3:59	193	1475	0
205	MARIO MORALES ARIAS	MADRID, --	MASCULI	19:59.3	20:26.2	4:00	194	662	0

206	ISIDRE MORAGAS RECASENS	SANT HILARI SACALM, --	MASCULI	20:28.5	20:28.5	4:06	195	1522	CA Lloret-La Selva
207	JAUME COLOMER CARBONELL	GIRONA, --	MASCULI	20:30.0	20:30.0	4:06	196	1368	0
208	CARLES VELASCO PERARNAU	GIRONA, --	MASCULI	20:19.0	20:31.2	4:04	197	63	C.A. GIRONA
209	CARLES SANTISTEBAN LLAUSAS	SANT JULIA DE RAMIS, --	MASCULI	20:27.8	20:31.6	4:06	198	1584	0
210	PERE PUIG DELLUNDE	SANT JORDI DESVALLS, --	MASCULI	19:36.7	20:31.7	3:56	199	1688	0
211	RAUL GALA MARTINEZ	GIRONA, --	MASCULI	19:44.7	20:32.2	3:57	200	1086	0
212	ALBERT SUCARRATS MORENO	BANYOLES, --	MASCULI	20:03.5	20:32.7	4:01	201	1181	0
213	MARC ARIAS BOSCH	MACANET DE LA SELVA, --	MASCULI	20:33.2	20:33.2	4:07	202	1167	0
214	JORDI RISTOL ROURA	PALAFRUGELL, --	MASCULI	20:22.3	20:33.6	4:05	203	1017	Independent
215	GERARD IGLESIAS MARTI	PALAFOLLS, --	MASCULI	19:09.7	20:34.4	3:50	204	1070	Lloret la selva
216	JOSE PARRA VEGA	GIRONA, --	MASCULI	20:31.0	20:35.9	4:07	205	511	0
217	JOSEP PLANAS MASSO	TORROELLA DE MONTGRI, --	MASCULI	20:32.7	20:36.9	4:07	206	302	0
218	SERGI BUXEDA FELIU	SALT, --	MASCULI	20:26.1	20:37.5	4:06	207	1618	0
219	QUIM PLANAS PUIG	GIRONA, --	MASCULI	20:10.8	20:37.8	4:03	208	517	LA PLACETA NO LIMITS
220	PERE BORREGO RUIZ	GIRONA, --	MASCULI	20:39.1	20:39.1	4:08	209	261	0
221	TONI CLARO	RIUDELLOTS DE LA SELVA, --	MASCULI	20:44.3	20:44.3	4:09	210	204	0
222	MICHEL GUITART	PERPIGNAN, --	MASCULI	20:24.6	20:46.7	4:05	211	1280	TRIATHLON CATALAN
223	PERE VILA COLLMALIVERN	SALT, --	MASCULI	20:47.1	20:47.1	4:10	212	1161	0
224	MIGUEL ANGEL ROMERO GARCIA	GIRONA, --	MASCULI	19:43.7	20:47.4	3:57	213	17	CESET
225	ISMAEL DIAZ BUSTOS	PALAFRUGELL, --	MASCULI	20:47.6	20:47.6	4:10	214	1447	0
226	OSCAR GARCIA BERENGUER	GIRONA, --	MASCULI	20:48.0	20:48.0	4:10	215	476	0
227	SERGI GIL CALERO	GIRONA, --	MASCULI	20:48.1	20:48.1	4:10	216	1608	UE Sant Pau
228	ELOI CASELLAS AYALA	GIRONA, --	MASCULI	20:48.9	20:48.9	4:10	217	758	0
229	NARCIS CASTELLO RODRIGUEZ	GIRONA, --	MASCULI	20:07.0	20:50.0	4:02	218	639	0
230	FERRAN ROCA TEJERO	SALT, --	MASCULI	20:49.8	20:51.9	4:10	219	331	0
231	JORDI RUIZ BUSTINS	GIRONA, --	MASCULI	20:38.4	20:52.2	4:08	220	67	C.A. GIRONA
232	ANGEL LAPIEDRA I FORTUNY	GIRONA, --	MASCULI	20:53.0	20:53.7	4:11	221	1576	G.E.I.E.G
233	XAVIER COLOM PERPINA	GIRONA, --	MASCULI	20:55.9	20:55.9	4:12	222	1351	0
234	CARLOS DIAZ CARRICONDO	LLAGOSTERA, --	MASCULI	20:26.0	20:56.2	4:06	223	1072	0
235	JOAQUIM DUARTE CASANOVAS	SANT GREGORI, --	MASCULI	20:56.6	20:56.6	4:12	224	1263	0
236	PAU VILA RUTLLANT	GIRONA, --	MASCULI	20:48.0	20:56.7	4:10	225	545	0
237	JOAQUIM GARANGER DE LA CUEVA	SANT GREGORI, --	MASCULI	20:57.1	20:57.1	4:12	226	1262	0
238	JOSEP BUNDO I GELADA	ANGLES, --	MASCULI	20:57.1	20:57.1	4:12	227	541	ATLETISME ANGLES
239	PILAR GUICH CORNELLA	VIDRERES, --	FEMENI	20:48.2	20:58.1	4:10	12	985	C.E. LES RABASSES
240	MARION BOLLO HOUDEE	CERET, --	FEMENI	20:59.5	20:59.5	4:12	13	1514	Vigatanes del Volo
241	ENRIC FRIGOLA ESPIGUL	GIRONA, --	MASCULI	20:51.7	21:00.4	4:11	228	83	C.A. GIRONA
242	XEVI GARCIA LARA	CORNELLA DEL TERRI, --	MASCULI	20:57.4	21:00.8	4:12	229	1121	Cap
243	PITU FABREGAS SUBIRO	GIRONA, --	MASCULI	20:54.2	21:01.4	4:11	230	766	0
244	CHEYNNA SUTHERLAND	GIRONA, --	FEMENI	20:57.6	21:03.4	4:12	14	262	0
245	DANI ROVIOLA PLANAS	SANT GREGORI, --	MASCULI	21:03.5	21:03.5	4:13	231	529	club athletic foll
246	JORDI ALANA MARTI	GIRONA, --	MASCULI	20:59.8	21:04.0	4:12	232	979	0
247	JOAN CASABO ROSET	GIRONA, --	MASCULI	21:04.5	21:04.5	4:13	233	849	0
248	JOSEP RAMON LUCAS SANTOS	GIRONA, --	MASCULI	20:16.9	21:05.1	4:04	234	77	C.A. GIRONA
249	MARC RAMIO BUSQUETS	BANYOLES, --	MASCULI	20:57.0	21:05.2	4:12	235	1703	0
250	SALVADOR PLANAS SALINER	GIRONA, --	MASCULI	21:06.5	21:06.5	4:14	236	516	LA PLACETA NO LIMITS
251	BERNAT DIAZ SALA	BANYOLES, --	MASCULI	20:26.0	21:07.4	4:06	237	1565	fuckin'fridays
252	JORDI MARTIN MATEOS	SANTA COLOMA DE FARNERS, --	MASCULI	21:05.4	21:07.5	4:14	238	1283	0
253	ALBERT PONS NEIRA	-	MASCULI	20:56.4	21:08.2	4:12	239	737	0
254	ALBA BATLLE SALVANS	FORNELLS DE LA SELVA, --	FEMENI	21:08.8	21:08.8	4:14	15	783	Geieg
255	ANTONI ROCA OLIVER	GIRONA, --	MASCULI	20:56.0	21:09.4	4:12	240	117	C.A. GIRONA
256	ENRIC ISART VALLE	GIRONA, --	MASCULI	20:01.9	21:09.5	4:01	241	1022	Mi mundo Rett
257	ALBERT CARRERAS CARBO	GIRONA, --	MASCULI	21:10.0	21:10.0	4:14	242	483	0
258	EDUARD ANGUERA PUIG	GIRONA, --	MASCULI	21:10.2	21:10.2	4:15	243	371	0
259	DANI HERVAS REDONDO	GIRONA, --	MASCULI	21:10.6	21:10.6	4:15	244	70	C.A. GIRONA
260	SERGI GARCIA XIFRE	TORDERA, --	MASCULI	20:25.1	21:11.0	4:06	245	1665	Club esportiu Tordera
261	JOSEP MARIA BANCELLS GUIXE	MACANET DE LA SELVA, --	MASCULI	21:06.5	21:11.1	4:14	246	215	0
262	DANIEL SORIANO COLLANTES	GIRONA, --	MASCULI	21:11.4	21:11.4	4:15	247	35	CESET
263	PAU MARTINEZ LLENSA	GIRONA, --	MASCULI	20:58.9	21:12.2	4:12	248	1211	0
264	DAVID MONTORO RICO	GIRONA, --	MASCULI	21:12.7	21:12.7	4:15	249	896	0
265	MARIONA ESTEVE SERRA	GIRONA, --	FEMENI	20:41.8	21:12.9	4:09	16	475	TriatI O Girona-Costa Brava
266	PERE SABATER SAYOLS	GIRONA, --	MASCULI	20:58.5	21:13.0	4:12	250	183	0
267	ADRIA BESALLI MARQUES	ST GREGORI, --	MASCULI	21:14.0	21:14.0	4:15	251	212	Running Campus
268	JORDI MARTINEZ LLENSA	GIRONA, --	MASCULI	21:14.5	21:14.5	4:15	252	1214	0
269	CARLES GAVILAN MORENO	VILABLAEREIX, --	MASCULI	21:08.6	21:14.9	4:14	253	1418	0
270	POL BRUSET HORTALA	GIRONA, --	MASCULI	21:06.0	21:15.0	4:14	254	1275	0
271	MIGUEL BADOSA TRAFACH	LES PLANES HOSTOLES, --	MASCULI	20:59.2	21:15.4	4:12	255	1500	C.pescallunas
272	NARCIS BRUGUES FERNANDEZ	AIGUAVIVA, --	MASCULI	21:15.4	21:15.4	4:16	255	574	0
273	ADRIA VALLES SANCHEZ	PORQUERES, --	MASCULI	21:15.7	21:15.7	4:16	257	1425	0
274	SILVIA MAYORAL RODRIGUEZ	GIRONA, --	FEMENI	21:17.8	21:17.8	4:16	17	1286	0
275	MARC PASTOR PLANAS	BANYOLES, --	MASCULI	20:47.7	21:18.1	4:10	258	1223	0
276	OSCAR FUENTES LINERO	SANTA COLOMA DE FARNERS, --	MASCULI	20:47.8	21:18.4	4:10	259	835	0
277	JORDI BUIZA CANALS	GIRONA, --	MASCULI	19:52.2	21:19.5	3:59	260	22	CESET
278	ALBERT ROSSELL MOLAR	CELRA, --	MASCULI	20:56.0	21:19.5	4:12	261	999	0
279	JAVIER LOPEZ CORONA	GERONA, --	MASCULI	21:11.1	21:20.3	4:15	262	1453	0
280	GUILLEM JIMENEZ	GIRONA, --	MASCULI	20:44.3	21:20.5	4:09	263	1296	0
281	BLANCA MARQUEZ BRIONES	GIRONA, --	FEMENI	21:20.6	21:20.6	4:17	18	65	C.A. GIRONA
282	ORIOI GONZALEZ FRIGOLA	GIRONA, --	MASCULI	21:21.8	21:21.8	4:17	264	382	Oparres
283	JOSEP MARQUES ORORIBIA	LLAMBILLES, --	MASCULI	21:22.3	21:22.3	4:17	265	1004	0
284	CARLES GRAS	FORNELLS DE LA SELVA, --	MASCULI	20:47.3	21:23.8	4:10	266	980	Born2Run Fornells
285	JOSEP DURAN PERAFERRER	BANYOLES, --	MASCULI	21:20.3	21:24.7	4:17	267	1113	Club NataciO Banyoles
286	LAURA CARRERAS PLANELLA	FORNELLS DE LA SELVA, --	FEMENI	21:25.7	21:25.7	4:18	19	1132	0
287	LLUIS SIMON BOIX	BONMATI, --	MASCULI	21:25.8	21:25.8	4:18	268	1492	0
288	GERARD TELECHEA FERRER	FORNELLS DE LA SELVA, --	MASCULI	20:53.2	21:26.9	4:11	269	674	0
289	DIEGO MOYA BLASCO	CALDES DE MALAVELLA, --	MASCULI	21:11.0	21:27.0	4:15	270	919	0
290	CARLOS CLOPES ROCOSA	SANT CELONI, --	MASCULI	21:23.5	21:27.6	4:17	271	469	0
291	JORDI CROSA BATISTA	GIRONA, --	MASCULI	21:28.9	21:28.9	4:18	272	376	Oparres
292	LAURA GARCIA SANCHEZ	SARRIA DE TER, --	FEMENI	21:29.4	21:29.4	4:18	20	344	0
293	JORDI PEREZ CANO	SARRIA DE TER, --	MASCULI	21:29.5	21:29.5	4:18	273	346	0
294	MARTA FORMATJE	GIRONA, --	FEMENI	21:12.3	21:31.0	4:15	21	1526	0
295	VICTOR MANUEL DUQUE MUNOZ	BONMATI, --	MASCULI	21:31.7	21:31.7	4:19	274	323	Club Ollmpic Farners
296	EDUARD CEBRIA PUJOL	RIUDELLOTS DE LA SELVA, --	MASCULI	20:42.2	21:33.0	4:09	275	1109	Ace Riudellots
297	ANGEL BOSCH LLORET	GIRONA, --	MASCULI	21:34.3	21:34.3	4:19	276	121	C.A. GIRONA
298	MANUEL CRUZ RIVAS	GIRONA, --	MASCULI	21:33.0	21:35.9	4:19	277	802	0
299	FERRAN GIMENEZ AZAGRA	GIRONA, --	MASCULI	21:37.2	21:37.2	4:20	278	450	TriatI O Girona Costa Brava
300	XAVIER AVELLANA REVUELTA	GIRONA, --	MASCULI	21:30.0	21:37.5	4:18	279	102	C.A. GIRONA
301	DANIEL HERRERA PLANA	GIRONA, --	MASCULI	21:38.6	21:38.6	4:20	280	84	C.A. GIRONA
302	JESS GARCIA CASADEVALL	CELRA, --	FEMENI	21:36.7	21:38.9	4:20	22	710	TR Esports Parra
303	DEREK RIERA DEPARES	GIRONA, --	MASCULI	21:39.1	21:39.1	4:20	281	404	OPARRES
304	ROSER VILA CORTADA	SANT GREGORI, --	FEMENI	21:32.0	21:39.3	4:19	23	1671	0
305	NURIA ROURA PUIGDEVALL	RIUDELLOTS DE LA SELVA, --	FEMENI	21:32.0	21:40.3	4:19	24	581	Independent
306	AINA MASFERRER FERRAGUTCASAS	SANTA COLOMA DE FARNERS, --	FEMENI	21:38.9	21:40.4	4:20	25	1349	C. O. Farners
307	JUAN FRANCISCO CUELLO DE ORO ROZAS	QUART, --	MASCULI	21:16.6	21:40.5	4:16	282	1446	Where is the limit
308	LLUIS PORTAL ROS	GIRONA, --	MASCULI	21:31.2	21:41.1	4:19	283	12	CESET
309	JOSEP MASO TARRÉS	SANT HILARI SACALM, --	MASCULI	21:41.1	21:41.1	4:21	284	630	MAIMAKANSU
310	JAUME CANALETA MASSAGUER	SANTA COLOMA DE FARNERS, --	MASCULI	21:40.0	21:41.3	4:20	285	1195	Club Ollmpic Farners
311	MARTI CROS FONT	GIRONA, --	MASCULI	21:41.8	21:41.8	4:21	286	578	0

312	MARC DELOS ESTRACH	GIRONA, --	MASCULI	21:33.1	21:42.5	4:19	287	39	CESET
313	SAMUEL GONZALEZ RODRIGUEZ	GRANOLLERS DE ROCACORBA, --	MASCULI	21:42.9	21:42.9	4:21	288	1260	0
314	PERE ALBERTI SERRA	GIRONA, --	MASCULI	21:20.1	21:43.7	4:17	289	131	C.A. GIRONA
315	JORDI SABRIA GABARRO	TORROELLA DE MONTGRI, --	MASCULI	21:43.8	21:43.8	4:21	290	485	0
316	EDUARD IGLESIAS SIMON	CASSA DE LA SELVA, --	MASCULI	21:44.0	21:44.0	4:21	291	424	0
317	DAVID COLOMER CABARROCAS	GIRONA, --	MASCULI	21:19.4	21:47.1	4:16	292	635	0
318	JOAN CELIS MUNOZ	GIRONA, --	MASCULI	21:18.8	21:48.7	4:16	293	1393	0
319	CARLA FIGUERES FERNANDEZ	GIRONA, --	FEMENI	21:49.5	21:49.5	4:22	26	461	Geieg
320	LLUIS CUSI GOMEZ	BANYOLES, --	MASCULI	21:34.2	21:49.6	4:19	294	1634	0
321	JOSEP FIGUERES TEIXIDOR	GIRONA, --	MASCULI	21:49.8	21:49.8	4:22	295	460	Geieg
322	CRISTINA MARTIN MEDINA	GIRONA, --	FEMENI	21:51.1	21:51.1	4:23	27	279	0
323	DAVID LLOP ROIG	VIDRERES, --	MASCULI	21:22.8	21:52.0	4:17	296	1563	0
324	PERE VENTURA AVELLI	VILABLAREIX, --	MASCULI	21:20.0	21:52.1	4:16	297	1606	0
325	CARME PERKES CAMPS	GIRONA, --	FEMENI	20:18.3	21:53.7	4:04	28	492	sense
326	AIDA GISBERT MARTIN	MALGRAT DE MAR, --	FEMENI	21:42.3	21:53.9	4:21	29	342	0
327	GERARD COLOMER CASTELLO	BANYOLES, --	MASCULI	21:54.0	21:54.0	4:23	298	785	0
328	JAUME VILA REGAS	GIRONA, --	MASCULI	21:43.8	21:54.2	4:21	299	697	Tiva, Tiva!!
329	ANGEL TEIXIDOR THOS	BARCELONA, --	MASCULI	21:01.6	21:55.5	4:13	300	1666	Set de correr
330	LAURA PLANES SAURI	GIRONA, --	FEMENI	21:55.4	21:56.3	4:24	30	1014	TR Sports Parra
331	PAU SOLER I FERRER	GIRONA, --	MASCULI	21:51.3	21:56.8	4:23	301	793	0
332	DOMINGO CERDAN MUNOZ	GIRONA, --	MASCULI	21:57.3	21:57.3	4:24	302	142	C.A. GIRONA
333	JORDI RIERA LOMBRATE	TORDERA, --	MASCULI	21:57.9	21:57.9	4:24	303	594	---
334	ADRIAN REBRIEGO GARCIA	GIRONA, --	MASCULI	20:54.6	21:58.9	4:11	304	729	0
335	ADRIA GONZALEZ TRAVE	GIRONA, --	MASCULI	21:08.2	22:00.4	4:14	305	1615	0
336	MERITXELL PORTILLO I ARAUJO	MATARO, --	FEMENI	22:00.5	22:00.5	4:25	31	834	Maimakansu
337	SERGI URZAY ZURITA	GIRONA, --	MASCULI	21:51.0	22:00.7	4:23	306	89	C.A. GIRONA
338	SEBASTIEN VARIN	QUART, --	MASCULI	21:58.4	22:02.0	4:24	307	548	0
339	XAVIER DOMENECH GUSTEMS	SANT JULIA DE RAMIS, --	MASCULI	21:57.1	22:02.4	4:24	308	629	cap
340	BLAY MARTINEZ BRANDIA	VILLOBI DE ONYAR, --	MASCULI	22:02.8	22:02.8	4:25	309	759	tranklis
341	MANEL MARRERO	BANYOLES, --	MASCULI	21:46.4	22:03.0	4:22	310	850	0
342	JOSEP MARIA DALMAU AGUSTI	GIRONA, --	MASCULI	21:04.9	22:03.6	4:13	311	1358	0
343	MARC HERRERA PLANA	GIRONA, --	MASCULI	22:03.9	22:03.9	4:25	312	71	C.A. GIRONA
344	PERE SIMON CASTELLANO	GIRONA, --	MASCULI	21:11.0	22:04.2	4:15	313	741	0
345	JOAN RODRIGUEZ SALLERAS	GIRONA, --	MASCULI	22:04.3	22:04.3	4:25	314	381	Oparres
346	IGNASI GRAU CALLIZO	GIRONA, --	MASCULI	22:05.9	22:05.9	4:26	315	379	Oparres
347	ADRIA CAMPS	CAMOS, --	MASCULI	21:20.6	22:06.2	4:17	316	1545	0
348	PERE LLADO MASO	BANYOLES, --	MASCULI	22:06.7	22:06.7	4:26	317	1450	0
349	GEMMA FRIGOLA GARCIA	GIRONA, --	FEMENI	21:58.6	22:07.6	4:24	32	52	C.A. GIRONA
350	SONIA GARCIA PLANELLAS	GIRONA, --	FEMENI	21:58.8	22:07.7	4:24	33	81	C.A. GIRONA
351	CARLES TOLSA MARTINEZ	GIRONA, --	MASCULI	21:29.0	22:07.8	4:18	318	30	CESET
352	MONTSE BADOSA FEIXAS	GIRONA, --	FEMENI	22:02.2	22:08.2	4:25	34	115	C.A. GIRONA
353	FERRAN MORATO NOGUER	ROSES, --	MASCULI	21:49.9	22:08.6	4:22	319	200	0
354	JORDI PARDO I AYMERICH	GIRONA, --	MASCULI	22:09.3	22:09.3	4:26	320	1001	0
355	GEORGINA DALMAU AGUSTI	GIRONA, --	FEMENI	22:01.1	22:09.8	4:25	35	372	0
356	FRANCESC SOLER I BUSQUETS	GIRONA, --	MASCULI	22:05.4	22:10.5	4:26	321	794	0
357	JOAN CORNEY VICENS	GIRONA, --	MASCULI	21:50.4	22:10.7	4:23	322	536	0
358	ALBERT PANELLA	SALT, --	MASCULI	21:48.0	22:11.8	4:22	323	1038	0
359	XAVI GUILANA SERRA	BANYOLES, --	MASCULI	21:58.0	22:12.8	4:24	324	1115	clun natacio banyoles
360	JAIME ABOAL VINAS	GIRONA, --	MASCULI	21:56.7	22:13.3	4:24	325	1224	0
361	JOSEP CLAPERS DAVI	SANT GREGORI, --	MASCULI	22:13.5	22:13.5	4:27	326	1149	0
362	MARTI ORIOL PLANELLA	GIRONA, --	MASCULI	21:49.0	22:13.6	4:22	327	1098	CLUB ESCOLA BASQUET Girona
363	MANEL VAZQUEZ MARTINEZ	VILABLAREIX, --	MASCULI	22:14.0	22:14.0	4:27	328	259	Independent
364	DAVID FERRER FRIGOLA	CELRA, --	MASCULI	21:27.4	22:15.3	4:18	329	8	independent
365	PAU CASTELLVELL BELLA	BANYOLES, --	MASCULI	22:15.5	22:15.5	4:28	330	1466	C.N.Banyoles
366	SANDRA SERRA OMEDES	BANYOLES, --	FEMENI	22:16.4	22:16.4	4:28	36	1468	0
367	ERIC TORRES RODRIGUEZ	SANT GREGORI, --	MASCULI	22:17.1	22:17.1	4:28	331	1533	0
368	ELOY BERMUDEZ RODRIGUEZ	GIRONA, --	MASCULI	22:17.1	22:17.1	4:28	332	1428	0
369	EVA FONTECHA	BARCELONA, --	FEMENI	22:09.4	22:18.0	4:26	37	1016	CIESC Domingo CatalAn
370	RUBEN GARCIA GARZON	GIRONA, --	MASCULI	22:01.6	22:18.0	4:25	333	347	0
371	RICARD AVELLI SABALLS	PALAFRUGELL, --	MASCULI	22:07.5	22:18.1	4:26	334	823	0
372	RAMON MUNOZ LOPEZ	GIRONA, --	MASCULI	22:02.6	22:18.2	4:25	335	328	0
373	SERISIER CAROLE	LE SOLER, --	FEMENI	22:18.2	22:18.2	4:28	38	1520	Les Vigatanes del Volo
374	IVAN MARTORI ARTAU	MALGRAT DE MAR, --	MASCULI	22:18.9	22:18.9	4:28	336	477	Club Triatlo Blanes
375	JUAN CARLOS ANTILLANO GUTIERREZ	GIRONA, --	MASCULI	21:25.7	22:19.3	4:18	337	87	C.A. GIRONA
376	DAVID POCH PUIGDEMONT	FONTCOBERTA, --	MASCULI	22:20.0	22:20.0	4:29	338	1458	0
377	ALBERT ROURA POL	PORQUERES, --	MASCULI	21:53.3	22:20.0	4:23	339	1518	club natacio banyoles.
378	JOEL CALLAVE FERRER	AVINYONET DE PUIGVENTOS, --	MASCULI	21:55.2	22:20.1	4:24	340	1066	0
379	JACK JUANDO AGUSTI	GIRONA, --	MASCULI	21:59.0	22:20.6	4:24	341	430	Triatlo Girona Costa Brava
380	DANIEL BONAVENTURA BRUNET	GIRONA, --	MASCULI	21:53.4	22:21.3	4:23	342	383	0
381	XAVIER RODRIGUEZ VIDAL	GIRONA, --	MASCULI	21:55.6	22:22.0	4:24	343	1310	0
382	JOANA DEULOFEU REIXACH	GIRONA, --	FEMENI	22:22.5	22:22.5	4:29	39	85	C.A. GIRONA
383	SERGIO ARREBOLA RIVAS	GIRONA, --	MASCULI	21:52.3	22:23.0	4:23	344	1459	0
384	TONI FERRAN PICHLER	GIRONA, --	MASCULI	22:11.1	22:23.2	4:27	345	369	0
385	ERIC VIVAS DE LA PRIDA	GIRONA, --	MASCULI	21:58.5	22:23.6	4:24	346	1685	0
386	MARC CORDONET RAMOS	GIRONA, --	MASCULI	21:58.5	22:23.9	4:24	347	1687	0
387	POL PASTELLS VILA	GIRONA, --	MASCULI	22:23.9	22:23.9	4:29	348	528	0
388	QUIJ DOMINGO FIGUERAS	VILLOBI ONYAR, --	MASCULI	22:24.3	22:24.3	4:29	349	603	Vilobi
389	MIQUEL GUIXERAS RIERA	GIRONA, --	MASCULI	21:35.3	22:24.5	4:20	350	1102	0
390	MANEL GUITART GIMENEZ	MATARO, --	MASCULI	21:35.7	22:24.7	4:20	351	1527	Escola Catalana Triatlo
391	ENRIC SORO MAS	GIRONA, --	MASCULI	22:24.8	22:24.8	4:29	352	1190	0
392	ALEX AVELLANA ROSALES	GIRONA, --	MASCULI	22:12.9	22:25.3	4:27	353	53	C.A. GIRONA
393	PAU MASCORT FERRER	SANT GREGORI, --	MASCULI	21:13.4	22:25.7	4:15	354	881	0
394	VICTOR ROMERO MANRIQUE	SARRIA DE TER, --	MASCULI	21:45.0	22:26.1	4:21	355	711	0
395	FRANCISCO VARO CABALLERO	GIRONA, --	MASCULI	22:10.4	22:27.1	4:27	356	358	0
396	JORDI SANCHEZ	GIRONA, --	MASCULI	22:02.3	22:27.6	4:25	357	195	0
397	JORDI ESPINOSA CASTELLS	CORNELLA DEL TERRI, --	MASCULI	21:45.1	22:28.1	4:22	358	378	0
398	ROGER GUARDIOLA DISPES	SANT GREGORI, --	MASCULI	22:05.2	22:30.9	4:26	359	1313	independent
399	PATRICIA SOLER FABER	MALGRAT DE MAR, --	FEMENI	22:31.3	22:31.3	4:31	40	626	0
400	ALEX BARCONS	GIRONA, --	MASCULI	22:10.0	22:31.8	4:27	360	401	Triatlo Girona Costa Brava
401	JULIA ESTEVE SERRA	GIRONA, --	FEMENI	22:32.3	22:32.3	4:31	41	416	Triatlo Girona Costa Brava
402	YAGO GARCIA PARAJUA	GIRONA, --	MASCULI	21:46.8	22:33.1	4:22	361	114	C.A. GIRONA
403	PERE COLL MAINEGRE	SARRIA DE TER, --	MASCULI	21:35.3	22:33.9	4:20	362	916	INDEPENDENT
404	JUAN MARTINEZ CANTERO	GIRONA, --	MASCULI	21:55.4	22:36.0	4:24	363	221	0
405	JOSEP CROS FARRERO	GIRONA, --	MASCULI	22:36.0	22:36.0	4:32	364	577	0
406	ALBERT ROMAGOS FORNELL	SANT GREGORI, --	MASCULI	22:28.8	22:36.1	4:30	365	1674	0
407	ALBERT TARRADAS GARCIA	CELRA, --	MASCULI	22:02.7	22:36.4	4:25	366	622	CLUB NESTLE GIRONA
408	DAVID APARICIO RODRIGUEZ	GIRONA, --	MASCULI	22:36.8	22:36.8	4:32	367	690	0
409	EDUARD PARRA BAGUE	SANT FELIU DE PALLEROLS, --	MASCULI	22:31.7	22:37.1	4:31	368	687	0
410	ARNAU PARDO CARRERAS	GIRONA, --	MASCULI	21:16.8	22:37.4	4:16	369	1537	0
411	EVA ROMERO GRABULOSA	GIRONA, --	FEMENI	21:50.5	22:37.8	4:23	42	100	C.A. GIRONA
412	ALVARO GIMENO SANTOLARIA	GIRONA, --	MASCULI	21:53.3	22:40.4	4:23	370	118	C.A. GIRONA
413	DAVID BOSCH DEMJEN	PALAMOS, --	MASCULI	21:30.6	22:41.7	4:19	371	700	Club Alpi PalamOs
414	CARLOS LOPEZ MARQUEZ	GIRONA, --	MASCULI	22:35.2	22:44.0	4:32	372	38	CESET
415	JOSE PARRA GAVIRA	GIRONA, --	MASCULI	22:41.7	22:45.2	4:33	373	509	0
416	ROGER GARCIA PELLEGRIN	GIRONA, --	MASCULI	22:47.1	22:47.1	4:34	374	1377	0
417	PAU GASULL SERRA	VILADAMAT, --	MASCULI	22:03.5	22:47.2	4:25	375	1271	0

418	KEVIN BERRIOS MORALES	GIRONA, --	MASCULI	22:36.6	22:47.4	4:32	376	1489	0
419	JOSEP COLOM HERNANDO	QUART - PALOL ONYAR, --	MASCULI	22:47.4	22:47.4	4:34	377	821	-
420	FRANCESC PUJOL HERNANDEZ	GIRONA, --	MASCULI	22:47.9	22:47.9	4:34	378	94	C.A. GIRONA
421	ORIOI BUSQUETS RUIZ	GIRONA, --	MASCULI	22:37.9	22:47.9	4:32	379	454	Triatló Girona Costa Brava
422	PACO MURCIA RODRIGUEZ	GIRONA, --	MASCULI	22:48.1	22:48.1	4:34	380	98	C.A. GIRONA
423	YANETH AVILA	GIRONA, --	FEMENI	22:48.6	22:48.6	4:34	43	73	C.A. GIRONA
424	PAU BUSQUETS GIL	GIRONA, --	MASCULI	22:48.8	22:48.8	4:34	381	455	Triatló Girona Costa Brava
425	ROB KOLKMAN	GIRONA, --	MASCULI	22:42.6	22:49.9	4:33	382	647	0
426	DAVID VAZQUEZ PIJEM	GIRONA, --	MASCULI	22:50.1	22:50.1	4:35	383	15	CESET
427	MANOLO GORDO CABRERA	GIRONA, --	MASCULI	22:09.1	22:50.7	4:26	384	62	C.A. GIRONA
428	XAVIER ALSINA FIGUERAS	GIRONA, --	MASCULI	21:59.8	22:51.0	4:24	385	1062	no
429	NURIA HAERING CANIGUERAL	GIRONA, --	FEMENI	22:53.3	22:53.3	4:35	44	714	0
430	AGUSTIN MARTINEZ MIRANDA	GIRONA, --	MASCULI	21:31.4	22:55.5	4:19	386	267	0
431	FRANK PEREZ VAL	GIRONA, --	MASCULI	22:18.6	22:55.7	4:28	387	1131	0
432	MATEO GARCIA GONZALEZ	GIRONA, --	MASCULI	22:56.0	22:56.0	4:36	388	1434	0
433	PAULA ORDIS LLADO	GIRONA, --	FEMENI	22:34.4	22:56.9	4:31	45	1274	Triatló Girona Costa Brava
434	CARLES MARTINEZ CARPIO	SALT, --	MASCULI	22:57.7	22:57.7	4:36	389	1495	tr esports parra
435	DAVID ROS COMAS	VILLOBI ONYAR, --	MASCULI	22:58.5	22:58.5	4:36	390	627	TRANKILS
436	ANTONI BAREA TEJADA	GIRONA, --	MASCULI	22:59.5	22:59.5	4:36	391	116	C.A. GIRONA
437	JOSEP MARIA VERDAGUER FONT	GIRONA, --	MASCULI	22:37.4	22:59.6	4:32	392	1578	0
438	ANDREU PLAZA ALVAREZ	GIRONA, --	MASCULI	23:00.0	23:00.0	4:37	393	1603	0
439	ANTONIO LOPEZ ARJANO	A CORUNA, --	MASCULI	22:20.0	23:00.4	4:28	394	29	CESET
440	JOAN MI VALVERDE FRESNEDA	TOSSA DE MAR, --	MASCULI	21:48.6	23:00.4	4:22	395	738	0
441	JULI FERNANDEZ FUENTES	GIRONA, --	MASCULI	22:57.4	23:01.0	4:36	396	292	Independent
442	CARLES BARRANCO SERRAS	CORNELLA DEL TERRI, --	MASCULI	23:02.6	23:02.6	4:37	397	1530	0
443	XAVIER RAMOS ANGLADA	GIRONA, --	MASCULI	22:42.2	23:02.7	4:33	398	1343	0
444	JOSE ESTRUCH	LA BISBAL EMPORDA, --	MASCULI	23:04.2	23:04.2	4:37	399	1209	0
445	MARIA CASTANO SERRA	CALELLA, --	FEMENI	23:04.2	23:04.2	4:37	46	575	0
446	RAFAEL ROMEU GARCIA	SANTA COLOMA DE FARNERS, --	MASCULI	23:05.2	23:05.2	4:38	400	198	0
447	PABLO AGUILERA ALVAREZ	GIRONA, --	MASCULI	22:24.1	23:06.2	4:29	401	1566	0
448	LUIS PRIETO VICENTE	HOSPITALET LLOBREGAT, --	MASCULI	22:40.8	23:06.7	4:33	402	789	0
449	DIETMAR HELAS	TUERKENFELD, --	MASCULI	22:51.8	23:07.2	4:35	403	431	0
450	GUIDO HELAS	GIRONA, --	MASCULI	22:52.0	23:07.5	4:35	404	892	0
451	CONRAD FARGAS	BANYOLES, --	MASCULI	22:52.8	23:08.0	4:35	405	1333	0
452	ANNA HERAS VALLS	PINEDA DE MAR, --	FEMENI	22:41.4	23:08.5	4:33	47	494	0
453	JORDI FABREGAS I GARRIGA	GIRONA, --	MASCULI	22:40.8	23:10.3	4:33	406	375	0
454	XAVIER SAUBI PUIG	SALT, --	MASCULI	22:34.4	23:11.6	4:31	407	1213	0
455	CRISTIAN JURADO PEREZ	PALAFRUGELL, --	MASCULI	22:55.2	23:12.3	4:36	408	197	0
456	CARLES CARRERAS LAFITA	GIRONA, --	MASCULI	22:41.7	23:13.0	4:33	409	755	0
457	DAVID CORNEY CUFÍ	GIRONA, --	MASCULI	22:53.7	23:13.0	4:35	410	535	0
458	FRANCESC SERAS GUBERT	GIRONA, --	MASCULI	22:59.9	23:15.5	4:36	411	101	C.A. GIRONA
459	DAVID BASSA GOMEZ	VILABLAREIX, --	MASCULI	22:41.3	23:16.0	4:33	412	673	0
460	LAURA ESTORCH VIGAS	GIRONA, --	FEMENI	23:16.9	23:16.9	4:40	48	1203	0
461	MARC BRUGUE SEGURA	FLACA, --	MASCULI	22:32.2	23:17.1	4:31	413	991	independent
462	INGRID RUIZ SANCHEZ	GIRONA, --	FEMENI	23:17.1	23:17.1	4:40	49	1411	0
463	XAVIER SUREDA RODRIGO	SANTA COLOMA DE FARNERS, --	MASCULI	22:10.5	23:17.7	4:27	414	294	RunningCampus
464	PAU CAHISA ROCA	GIRONA, --	MASCULI	23:17.9	23:17.9	4:40	415	1413	0
465	TONI ROMERO CANO	CELRA, --	MASCULI	22:38.2	23:19.3	4:32	416	706	0
466	JAUME ROCA SURINACH	GIRONA, --	MASCULI	22:26.8	23:21.5	4:30	417	86	C.A. GIRONA
467	JUAN CARLOS VICENTE PASTOR	GIRONA, --	MASCULI	23:22.1	23:22.1	4:41	418	127	C.A. GIRONA
468	ALBERT CARRERAS CABANA	GIRONA, --	MASCULI	22:29.5	23:23.6	4:30	419	1407	Independent
469	SEBASTIA PUIG BROCH	CALDES DE MALAVELLA, --	MASCULI	23:23.8	23:23.8	4:41	420	643	0
470	IOAQUIM BOHIGAS I MOLLERA	GIRONA, --	MASCULI	22:48.3	23:24.0	4:34	421	1157	Independent
471	MARC BOADA	GIRONA, --	MASCULI	22:26.8	23:24.8	4:30	422	1270	0
472	DAVID NARANJO ARROYO	GIRONA, --	MASCULI	22:17.4	23:25.3	4:28	423	1374	0
473	FRANCESC ROSA SANCHEZ	SANT JULIA DE RAMIS, --	MASCULI	22:57.0	23:25.6	4:36	424	809	0
474	SALVADOR MONJO BOTELLA	CELRA, --	MASCULI	22:22.5	23:28.8	4:29	425	1551	0
475	ANNA MASCORT VILA	GIRONA, --	FEMENI	23:24.2	23:29.1	4:41	50	1143	0
476	FRANC BORRELL MALLORQUI	CASSA DE LA SELVA, --	MASCULI	23:29.8	23:29.8	4:42	426	1140	-
477	JOAN ALONS DEL MORAL	HOSTALRIC, --	MASCULI	23:32.4	23:32.4	4:43	427	562	0
478	CHARO GARCIA MORENO	GIRONA, --	FEMENI	23:33.5	23:33.5	4:43	51	961	TR RUNNING - ESPORTS PARRA
479	JOSE IGNACIO RODRIGUEZ HERMOSA	GIRONA, --	MASCULI	23:17.4	23:33.9	4:40	428	235	Independent
480	ALBERT BARNOSSELL JORDA	GIRONA, --	MASCULI	23:15.2	23:34.7	4:40	429	64	C.A. GIRONA
481	CARLES BRACONS MANONELLES	GIRONA, --	MASCULI	22:49.1	23:35.5	4:34	430	99	C.A. GIRONA
482	MULE BUXEDA PLA	GIRONA, --	MASCULI	23:35.8	23:35.8	4:44	431	1080	0
483	GUILLEM PEREZ GONGORA	ESCALA, --	MASCULI	23:22.4	23:35.8	4:41	432	1055	L'ESCALA-EMPURIES FLAMA91
484	MONICA HERNANDEZ CRIADO	GIRONA, --	FEMENI	23:21.9	23:36.5	4:41	52	156	0
485	GUILLEM GIMENEZ MATITO	OLOT, --	MASCULI	23:36.7	23:36.7	4:44	433	1544	Expectativa Zero
486	ERIC MULLER TERMENS	GIRONA, --	MASCULI	23:33.0	23:37.5	4:43	434	1049	0
487	ALEX PEREZ LUNA	CERVIA DE TER, --	MASCULI	22:15.9	23:38.4	4:28	435	1291	0
488	VICENC MONTSERRAT_ORRI	GIRONA, --	MASCULI	23:22.0	23:38.5	4:41	436	236	0
489	ESTEVE ARMENGOL CARRERA	GIRONA, --	MASCULI	23:39.1	23:39.1	4:44	437	945	0
490	FRANCISCO BOU PANIZO	GIRONA, --	MASCULI	23:39.6	23:39.6	4:44	438	1237	0
491	MANEL RIVAS VICAINO	SARRIA DE TER, --	MASCULI	23:40.0	23:40.0	4:45	439	1353	0
492	AGUSTI SALA GARCIA	CELRA, --	MASCULI	23:14.6	23:40.2	4:39	440	599	0
493	DAVID TORRENTA MORADELL	CANET D'ADRI, --	MASCULI	23:06.6	23:40.4	4:38	441	773	grup muntanya sarria
494	VERONIQUE BRASSEIM	PERPIGNAN, --	FEMENI	22:56.9	23:41.5	4:36	53	1278	RUN CHIC GIRLS
495	RAQUEL BASEIRIA MARTI	SALT, --	FEMENI	23:10.5	23:41.7	4:39	54	1600	Gazelles
496	ANIOL FONT SALA	GIRONA, --	MASCULI	23:20.9	23:42.8	4:41	442	533	0
497	ROGER VIDAL CARDOS	GIRONA, --	MASCULI	22:59.0	23:43.1	4:36	443	815	0
498	LLUIS FONT BATLLE	GIRONA, --	MASCULI	23:43.3	23:43.3	4:45	444	532	0
499	XAVI LUQUE PLANA	BANYOLES, --	MASCULI	23:43.6	23:43.6	4:45	445	1562	banyoles
500	DAVID CASELLAS OLIVERAS	GIRONA, --	MASCULI	23:05.7	23:43.8	4:38	446	1282	0
501	MARC GASCONS TARRES	LLORET DE MAR, --	MASCULI	23:44.6	23:44.6	4:45	447	899	0
502	JOAN LOPEZ MACIAS	GIRONA, --	MASCULI	23:01.5	23:44.7	4:37	448	122	C.A. GIRONA
503	MARC CASALS PAGES	OLOT, --	MASCULI	23:38.2	23:45.7	4:44	449	1360	Independent
504	ADRIA JUVANTENY PALOMERAS	GIRONA, --	MASCULI	22:59.2	23:45.9	4:36	450	1226	0
505	JORDI CAROLA BRUGUES	JUIA, --	MASCULI	23:25.4	23:46.4	4:42	451	1611	0
506	M ANGELS BATLLE MASDEU	OLOT, --	FEMENI	23:40.6	23:46.7	4:45	55	1306	INDEPENDENT
507	EDUARDO RIAL DEL RIO	GIRONA, --	MASCULI	23:47.4	23:47.4	4:46	452	1342	0
508	DAVID SALIDO MORENO	GIRONA, --	MASCULI	22:42.0	23:47.5	4:33	453	16	CESET
509	FRANCESC REPISO MONTERO	GIRONA, --	MASCULI	22:41.5	23:47.6	4:33	454	14	CESET
510	ALBERTO ORTEGA PLAZA	GIRONA, --	MASCULI	22:51.6	23:48.0	4:35	455	665	0
511	PAU VALEROS ROVIRA	GIRONA, --	MASCULI	23:00.9	23:48.7	4:37	456	1399	0
512	MARIA CUENCA CANO	GIRONA, --	FEMENI	23:49.0	23:49.0	4:46	56	750	0
513	ANGEL REYNAL PUJULAS	FIGUERES, --	MASCULI	23:49.1	23:49.1	4:46	457	287	Independent
514	PERE BUIXEDA SIMON	GIRONA, --	MASCULI	23:50.0	23:50.0	4:46	458	655	Ipsium Running Team
515	JORDI TAULERIA CULUBRET	GIRONA, --	MASCULI	22:26.9	23:50.2	4:30	459	970	0
516	JAUME DELOS PARES	GIRONA, --	MASCULI	23:40.9	23:51.3	4:45	460	33	CESET
517	RAFEL ORTUNO HINOJOSA	GIRONA, --	MASCULI	23:51.9	23:51.9	4:47	461	10	0
518	ANNA GARCIA SANCHEZ	SANTA COLOMA DE FARNERS, --	FEMENI	23:52.5	23:52.5	4:47	57	605	0
519	JOSEP FIGUERAS PI	SANTA COLOMA DE FARNERS, --	MASCULI	23:53.1	23:53.1	4:47	462	604	0
520	FERRAN LOZANO	GIRONA, --	MASCULI	23:19.2	23:54.5	4:40	463	1539	0
521	DANIEL PLANAS	VILADAMAT, --	MASCULI	23:10.6	23:55.2	4:39	464	1164	0
522	LAIA SOLER SOLE	GIRONA, --	FEMENI	23:49.1	23:55.8	4:46	58	795	0
523	FRANCESC SUREDA CLIMENT	LLORET DE MAR, --	MASCULI	22:49.5	23:56.3	4:34	465	902	Running Campus

524	GERARD SORIA RODRIGUEZ	GIRONA, --	MASCULI	23:56.4	23:56.4	4:48	466	1683	Where is the limit?
525	CRISTINA MORENO CRUZ	GIRONA, --	FEMENI	23:57.1	23:57.1	4:48	59	748	0
526	XAVIER PALENCIA COSTA	GIRONA, --	MASCULI	22:44.2	23:57.8	4:33	467	963	0
527	SERGI FONT BIOSCA	GIRONA, --	MASCULI	23:19.5	23:58.2	4:40	468	587	Botifarunners
528	JORDI SOLER BUSQUETS	GIRONA, --	MASCULI	23:58.8	23:58.8	4:48	469	796	0
529	PERE ROURA FERRER	GIRONA, --	MASCULI	23:34.6	23:59.1	4:43	470	1376	0
530	ROGER BAHÍ BUHIGAS	LLAGOSTERA, --	MASCULI	23:59.7	23:59.7	4:48	471	1403	Llagostera
531	MIKEL GARMENDIA ZUBELDIA	SANT GREGORI, --	MASCULI	23:37.0	24:00.0	4:44	472	405	TRIATLO GIRONA COSTA BRAVA
532	ANNA GASCA PALOMER	SANT GREGORI, --	FEMENI	23:38.1	24:00.3	4:44	60	1139	INDEPENDENT
533	ALBERT GRAU	CASSA DE LA SELVA, --	MASCULI	24:01.1	24:01.1	4:49	473	422	TRIATLO GIRONA COSTA BRAVA
534	ANGEL PRAT GALCERAN	GIRONA, --	MASCULI	23:00.1	24:01.1	4:37	474	237	independent
535	GUILLERM CORDOBA	lLORET DE MAR, --	MASCULI	24:01.3	24:01.3	4:49	475	827	0
536	JOSEP MARIA CASELLAS CUFÍ	GIRONA, --	MASCULI	24:01.6	24:01.6	4:49	476	757	0
537	XAVIER REYNER TORRES	GIRONA, --	MASCULI	23:01.7	24:02.3	4:37	477	223	Independent
538	PERE PAGES BATLLE	GIRONA, --	MASCULI	23:07.4	24:02.5	4:38	478	1398	0
539	XEVI MARTINEZ	BREDA, --	MASCULI	23:19.8	24:04.3	4:40	479	1366	0
540	JULIAN VEGA PEREZ	GIRONA, --	MASCULI	24:04.7	24:04.7	4:49	480	234	0
541	JOSEP MARIA TALAVERA VERDAGUER	GIRONA, --	MASCULI	23:21.9	24:07.4	4:41	481	1322	0
542	ANTONI BAUTISTA MADRID	GIRONA, --	MASCULI	23:49.1	24:07.7	4:46	482	119	C.A. GIRONA
543	EDUARD BAUTISTA LOPEZ	GIRONA, --	MASCULI	23:57.8	24:08.2	4:48	483	1372	UDG
544	FERRAN CHIC	GIRONA, --	MASCULI	23:49.0	24:08.3	4:46	484	880	0
545	MARC SABRIA GABARRO	TORROELLA MONTGRI, --	MASCULI	24:08.4	24:08.4	4:50	485	486	0
546	LLUCIA CORDERO CERRADA	GIRONA, --	MASCULI	24:09.0	24:09.0	4:50	486	775	C.Trankils
547	JAUME VILAR SERRAT	MANLLEU, --	MASCULI	24:01.4	24:09.1	4:49	487	144	C.M.SIGUEME
548	JOSE CASTRO GARVI	GIRONA, --	MASCULI	23:36.6	24:10.3	4:44	488	366	0
549	EDUARD FERNANDEZ PRIM	GIRONA, --	MASCULI	23:43.0	24:11.2	4:45	489	1321	0
550	PAU TAULE I DIAZ	SARRIA DE TER, --	MASCULI	23:51.3	24:11.4	4:47	490	903	0
551	EDUARDO SANCES MARTINEZ	SANT JULIA DE RAMIS, --	MASCULI	24:12.6	24:12.6	4:51	491	1076	cap
552	JOAN INVERNON FERREMONÉ	GIROMA, --	MASCULI	24:12.7	24:12.7	4:51	492	840	Ara vinc
553	OLGA NIERGA PERPINYA	GIRONA, --	FEMENI	24:14.5	24:14.5	4:51	61	316	TR-Esports Parra
554	ADRIA FERNANDEZ BRUGADA	GIRONA, --	MASCULI	24:15.5	24:15.5	4:52	493	1137	0
555	MARC SOLER PAULI	GIRONA, --	MASCULI	23:49.8	24:16.4	4:46	494	1334	0
556	JAUME HERNANDEZ GALLEGO	GIRONA, --	MASCULI	24:16.9	24:16.9	4:52	495	1287	0
557	JOSEP PLANA DARANAS	GIRONA, --	MASCULI	24:19.3	24:19.3	4:52	496	258	0
558	PERE ARCO PINILLA	SILS, --	MASCULI	23:50.5	24:19.8	4:47	497	701	Independent
559	LOURDES MARTINEZ BABON	SILS, --	FEMENI	23:51.5	24:19.8	4:47	62	702	Independent
560	ALBERT BACH-ESTEVE	VILABLAREIX, --	MASCULI	24:22.0	24:22.0	4:53	498	586	-
561	JORDI AMIEL	GIRONA, --	MASCULI	22:48.4	24:23.1	4:34	499	504	catalunya
562	NURIA MIRANDA PINA	GIRONA, --	FEMENI	24:24.1	24:24.1	4:53	63	786	0
563	SALVADOR CHAVERO MARTIN	SARRIA DE TER, --	MASCULI	24:20.4	24:24.2	4:53	500	705	0
564	OCTAVI FULLANA NOELL	GIRONA, --	MASCULI	24:24.2	24:24.2	4:53	501	859	0
565	JOEL COLL COSTA	GIRONA, --	MASCULI	23:06.1	24:25.2	4:38	502	651	0
566	JOSEP PASTELLS MASCORT	GIRONA, --	MASCULI	24:26.4	24:26.4	4:54	503	526	0
567	JOAN MAYORAL SIMON	QUART, --	MASCULI	24:04.9	24:26.5	4:49	504	1680	0
568	JOAN ALTÍMIR ALONSO	GIRONA, --	MASCULI	23:08.0	24:27.0	4:38	505	788	independent
569	JOSEP RUBIO FAURA	GIRONA, --	MASCULI	23:50.9	24:27.0	4:47	506	1309	0
570	POL AMER AROCA	CARDEDEU, --	MASCULI	24:15.0	24:27.1	4:52	507	499	INDEPENDENCIA
571	JOANA MARTI ROMANI	GIRONA, --	FEMENI	24:27.7	24:27.7	4:54	64	1394	GEIEG
572	SALVADOR GALVEZ PENA	SANT JULIA DE RAMIS, --	MASCULI	24:28.0	24:28.0	4:54	508	1040	0
573	IVAN SANTIAGO DIAZ	CARTES, --	MASCULI	23:12.6	24:28.3	4:39	509	295	0
574	CARLOS FONTANELLA ESPINAR	SANTÀ COLOMA DE FARNERS, --	MASCULI	23:19.4	24:28.5	4:40	510	164	0
575	NANDO MARTINEZ MEMBRIVES	GIRINA, --	MASCULI	23:20.6	24:28.6	4:41	511	1521	0
576	LLATZER SAURA PARRA	GIRONA, --	MASCULI	24:28.9	24:28.9	4:54	512	134	C.A. GIRONA
577	MIQUEL RUBIROLA BEJAR	COLOMERS, --	MASCULI	24:28.9	24:28.9	4:54	513	573	0
578	MARC BOTA	HOSTALRIC, --	MASCULI	22:56.5	24:29.8	4:36	514	648	CEB
579	BRUNO FERNANDEZ SANCHEZ	LLANCA, --	MASCULI	24:31.1	24:31.1	4:55	515	1620	Independent
580	JORDI ESCARDO I VINAIXA	GIRONA, --	MASCULI	23:46.5	24:31.4	4:46	516	1320	0
581	ELIA TORROELLA BUSQUETS	GIRONA, --	FEMENI	24:32.3	24:32.3	4:55	65	844	0
582	ANTONI XAVIER GONZALEZ IGLESIAS	CELRA, --	MASCULI	24:12.1	24:34.1	4:51	517	664	0
583	EDUARD PORTAL LAFUENTE	GIRONA, --	MASCULI	24:23.5	24:34.1	4:53	518	46	CESET
584	LAIA FIGUERES FERNANDEZ	GIRONA, --	FEMENI	24:30.3	24:34.6	4:55	66	462	Geieg
585	LAIA DOSIL BONMATI	OLOT, --	FEMENI	24:34.6	24:34.6	4:55	67	912	BesallU Cross
586	SEBASTIAN GOMEZ BLANCH	FLACA, --	MASCULI	24:34.6	24:34.6	4:55	519	1015	0
587	KEVIN GARCIA SERRANO	GIRONA, --	MASCULI	24:23.4	24:34.8	4:53	520	44	CESET
588	JUDIT BATLLE SALVANS	FORNELLS DE LA SELVA, --	FEMENI	24:36.9	24:36.9	4:56	68	784	Geieg
589	ANGEL BORDAS ARNAU	QUART, --	MASCULI	24:30.7	24:37.2	4:55	521	1663	Atletisme Girona
590	LARGOU JAQUAD	LE SOLER, --	MASCULI	24:38.7	24:38.7	4:56	522	1519	Les Vigatanes del Volo
591	ALEX GONZALEZ OLIVERAS	SARRIA DE TER, --	MASCULI	22:47.1	24:39.8	4:34	523	559	0
592	IVAN ROSEL VAZQUEZ	SALT, --	MASCULI	24:40.0	24:40.0	4:56	524	1352	0
593	MANEL CALVO LOPEZ	SALT, --	MASCULI	24:43.3	24:43.3	4:57	525	380	0
594	CARMEN VICENTE OSORIO	GIRONA, --	FEMENI	23:52.3	24:44.2	4:47	69	60	C.A. GIRONA
595	MANUEL GUERRA CRUZ	MACANET DE LA SELVA, --	MASCULI	24:16.2	24:44.7	4:52	526	1029	0
596	SONIA SUCARRATS TURRO	PORQUERES, --	FEMENI	24:10.1	24:44.9	4:51	70	1160	INDEPENDENT
597	ANGEL GUIJARRO RIFATERRA	CALDES DE MALAVELLA, --	MASCULI	23:07.2	24:45.0	4:38	527	278	INDEPENDIENTE
597	MARCOS PEREZ PEREZ	QUART, --	MASCULI	24:45.0	24:45.0	4:57	527	977	0
599	RAQUEL PADROS SUAREZ	PORQUERES, --	FEMENI	24:09.1	24:45.3	4:50	71	458	0
600	JORDI MAS ESPINOSA	HOSTALRIC, --	MASCULI	24:45.6	24:45.6	4:58	529	566	0
601	SIMON MONTES GUIDUX	GIRONA, --	MASCULI	24:11.8	24:46.5	4:51	530	1554	Club Esportiu Cívic CulE
602	DAVID RUIZ GONZALEZ	SALT, --	MASCULI	24:07.8	24:47.3	4:50	531	181	0
603	PAU TAPIA CUGAT	SALT, --	MASCULI	23:32.0	24:48.1	4:43	532	1350	0
604	EVA NEGRE COSTA	RIUDELLOTS DE LA SELVA, --	FEMENI	24:48.2	24:48.2	4:58	72	203	0
605	FERRAN CLARO NEGRE	RIUDELLOTS DE LA SELVA, --	MASCULI	24:48.7	24:48.7	4:58	533	205	0
606	JOSEP CASEDEMONT LOZANO	GIRONA, --	MASCULI	23:06.7	24:49.3	4:38	534	779	0
607	CRISTINA ROCAS GURI	VILADAMAT, --	FEMENI	24:05.5	24:49.3	4:50	73	1225	0
608	NARCIS SERRA FARRO	GIRONA, --	MASCULI	24:49.4	24:49.4	4:58	535	1629	0
609	BERNA GUAL MAS	GIRONA, --	MASCULI	24:50.0	24:50.0	4:59	536	1556	C.A. MARIA DE LA SALUT
610	OSCAR GRATACOS TORRA	MINISTROL DE MONTSERRAT, --	MASCULI	24:50.1	24:50.1	4:59	537	867	Monistrol Running
611	GEMMA FONT	SANT GREGORI, --	FEMENI	24:18.0	24:51.0	4:52	74	1052	0
612	MICHEL BLANCH SOLE	GIRONA, --	MASCULI	23:52.4	24:51.1	4:47	538	1478	0
613	ALEX CORDON VILA	GIRONA, --	MASCULI	23:25.1	24:52.1	4:42	539	1250	0
614	CARLES RODES COMA	HOSTALRIC, --	MASCULI	24:52.5	24:52.5	4:59	540	564	0
615	FRANESC BUIXEDA PULIDO	GIRONA, --	MASCULI	24:53.2	24:53.2	4:59	541	656	Ipsium Running Team
616	ROBERT PIZA BOSCH	GIRONA, --	MASCULI	24:05.3	24:53.5	4:50	542	398	0
617	ADRIANA MANRIQUE VILANOVA	OLOT, --	FEMENI	24:53.6	24:53.6	4:59	75	975	0
618	JANINA MANRIQUE VILANOVA	OLOT, --	FEMENI	24:54.0	24:54.0	4:59	76	974	0
619	CRISTINA ROIG ANTONER	GIRONA, --	FEMENI	24:34.8	24:54.2	4:55	77	645	0
620	FRANESC VENTURA VILAGRAN	CERVIA DE TER, --	MASCULI	23:54.5	24:54.4	4:47	543	767	0
621	SUSANNA VILA PRAT	BANYOLES, --	MASCULI	24:54.5	24:54.5	4:59	544	1295	CLUB NATACIO BANYOLES
622	JORDI NICOLAS CAIRO	GIRONA, --	MASCULI	24:55.8	24:55.8	5:00	545	1009	Independent
623	SERGI PALMA MORENO	GIRONA, --	MASCULI	24:36.2	24:56.4	4:56	546	297	0
624	ANDRES GARCIA RISCO	GIRONA, --	MASCULI	24:35.4	24:56.6	4:56	547	1317	0
625	LIDIA RUEDA BORRAJO	SANT JULIA DE RAMIS, --	FEMENI	24:53.4	24:56.7	4:59	78	1168	0
626	ANGEL ANTONIO JUAN	GIRONA, --	MASCULI	24:54.2	24:57.9	4:59	548	1591	0
627	MARIA ADROHER NIERGA	GIRONA, --	MASCULI	24:18.4	24:58.2	4:52	549	862	0
628	PERE HOSTA	GIRONA, --	MASCULI	24:19.7	24:58.9	4:52	550	1108	0
629	ADRIA FRADERA RAYA	CALDES DE MALAVELLA, --	MASCULI	24:59.6	24:59.6	5:00	551	908	0

630	CLAUDIA GARCIA SALGADO	GIRONA, --	FEMENI	24:56.7	24:59.9	5:00	79	1125	0
631	POI MARTINEZ LOPEZ	SARRIA DE TER, --	MASCULI	25:00.2	25:00.2	5:01	552	1134	0
632	MARIUS VILA DURAN	SALT, --	MASCULI	25:00.8	25:00.8	5:01	553	1496	Independent
633	MARC ROIG ANTONER	GIRONA, --	MASCULI	24:17.8	25:01.2	4:52	554	155	0
634	MARIA PASTELLS DIEZ	SANT MEDIR, --	FEMENI	25:04.1	25:04.1	5:01	80	507	0
635	ANA MACIAS	SALT, --	FEMENI	24:43.7	25:07.7	4:57	81	1036	0
636	MONTSE MARQUES GARCIA	GIRONA, --	FEMENI	24:39.7	25:08.4	4:56	82	110	C.A. GIRONA
637	MARC ROBLEDO SUNYER	GIRONA, --	MASCULI	25:08.5	25:08.5	5:02	555	1330	0
638	RICARD PRIETO MENDOZA	GIRONA, --	MASCULI	25:09.0	25:09.0	5:02	556	129	C.A. GIRONA
639	DAVID ANDA	BESCANO, --	MASCULI	24:51.9	25:09.0	4:59	557	1627	Urban
640	JORDI CASADEVALL SUMSI	SANT GREGORI, --	MASCULI	24:19.7	25:09.4	4:52	558	1323	0
641	ANTONI DE RIBOT MONTON	SANT GREGORI, --	MASCULI	24:52.4	25:09.5	4:59	559	1636	0
642	LAURA SERRATS GIRONELLA	GIRONA, --	FEMENI	25:09.7	25:09.7	5:02	83	417	0
642	VICTOR VEGA BRAZA	GIRONA, --	MASCULI	23:47.5	25:09.7	4:46	560	1193	0
642	MANEL PULGARIN ORTIZ	BESCANO, --	MASCULI	24:43.6	25:09.7	4:57	560	998	club ciclista Banyoles
645	MIQUEL ROSSELL	CELRA, --	MASCULI	24:46.2	25:10.9	4:58	562	510	0
646	ENRIC HEREDIA SITJA	GIRONA, --	MASCULI	24:07.2	25:11.0	4:50	563	990	0
647	JOAN RIGAU CLAVAGUERA	BANYOLES, --	MASCULI	25:01.7	25:11.2	5:01	564	1404	0
648	JOSÉ RAMOS CASADO	GIRONA, --	MASCULI	25:11.4	25:11.4	5:03	565	11	CESET
649	JORDI LEYVA QUILES	AIGUAVIVA, --	MASCULI	23:37.4	25:12.0	4:44	566	491	0
649	ANGEL TAPIA LOPEZ	SALT, --	MASCULI	24:29.1	25:12.0	4:54	566	1348	0
651	BIEL ESPUNYA AYMERICH	SARRIA DE TER, --	MASCULI	23:50.3	25:12.3	4:47	568	1194	0
652	JORDI BORRISER PAIRO	GIRONA, --	MASCULI	23:31.9	25:13.4	4:43	569	778	0
653	NARCIS CANADELL BLESA	SANT GREGORI, --	MASCULI	24:27.6	25:13.7	4:54	570	180	A fons
654	PAU ROURA FERRES	GIRONA, --	MASCULI	24:33.8	25:13.9	4:55	571	28	CESET
655	JORDI GARCIA TORROELLA	GIRONA, --	MASCULI	25:14.5	25:14.5	5:03	572	846	0
656	DAVID BOLIVAR VICENTE	GIRONA, --	MASCULI	25:14.9	25:14.9	5:03	573	449	0
657	MIKEL GOMIS ZABALA	SANTA CRISTINA DARO, --	MASCULI	25:15.5	25:15.5	5:04	574	1633	0
658	CARLOS SABADELL	GIRONA, --	MASCULI	25:02.1	25:15.8	5:01	575	1580	0
659	BERTA BARROT GONZALEZ	ST GREGORI, --	FEMENI	25:11.3	25:15.9	5:03	84	962	0
660	MAURO RADUAN	GIRONA, --	MASCULI	24:09.8	25:17.3	4:50	576	245	Running Campus
661	CARLES CORNEY CUFÍ	GIRONA, --	MASCULI	25:17.4	25:17.4	5:04	577	464	0
662	XAVIER ABELENDA SALIDO	GIRONA, --	MASCULI	24:51.6	25:18.8	4:59	578	32	CESET
663	ANTONI SUAREZ CARRION	CELRA, --	MASCULI	24:44.9	25:18.9	4:57	579	1079	0
664	ENRIC BOTÀ BATLLE	CALDES DE MALAVELLA, --	MASCULI	23:52.9	25:20.4	4:47	580	1210	0
665	JOSEP ESTEVA VILA	GIRONA, --	MASCULI	24:07.1	25:21.4	4:50	581	718	GEIEG Running
666	PAU FERNANDEZ ROURA	GIRONA, --	MASCULI	24:57.4	25:21.8	5:00	582	1410	0
667	JORDI ANTOJA MONGAY	GIRONA, --	MASCULI	24:13.6	25:22.0	4:51	583	1094	0
668	EMMA ABRAS GARRIDO	GIRONA, --	FEMENI	25:14.8	25:22.7	5:03	85	1511	0
669	MARIA CARLOTA BAYE CORTES	GIRONA, --	FEMENI	25:22.9	25:22.9	5:05	86	1484	0
670	SALVADOR VINALS MAYOLAS	SERINYA, --	MASCULI	24:57.1	25:23.3	5:00	584	184	0
671	DANIEL CAMOS WIEWEL	BARCELONA, --	MASCULI	24:21.0	25:24.6	4:53	585	1341	0
672	JOSEP RAMON RAMIREZ PINTO	SALT, --	MASCULI	24:42.4	25:24.7	4:57	586	373	sin
673	JORDI FRANCH BOSCH	BANYOLES, --	MASCULI	24:08.7	25:25.7	4:50	587	619	Club natació Banyoles
674	CARLES LLOMBART BERNATALLADA	GIRONA, --	MASCULI	24:34.7	25:26.0	4:55	588	1142	-
675	DAVID CODINACH SALA	GIRONA, --	MASCULI	25:26.4	25:26.4	5:06	589	1136	-
676	JORDI JOHE VALL LLOVERA	CASSA DE LA SELVA, --	MASCULI	25:26.4	25:26.4	5:06	590	1138	-
677	ALVARO MORALES BERNARDO	GIRONA, --	MASCULI	23:54.8	25:26.4	4:47	591	1032	0
678	TERESA CLAVAGUERA PUJOL	BANYOLES, --	FEMENI	25:17.7	25:27.1	5:04	87	1401	0
679	ALEX LOPEZ ALVAREZ	GIRONA, --	MASCULI	25:06.6	25:27.3	5:02	592	148	0
680	SONIA VILA TORRENT	VILLOBI ONYAR, --	FEMENI	25:28.6	25:28.6	5:06	88	1110	0
681	PAU NOS TORRECILLAS	BARCELONA, --	MASCULI	24:35.2	25:30.3	4:56	593	863	0
682	JOAN JORQUERA OYA	GIRONA, --	MASCULI	24:24.7	25:30.5	4:53	594	989	0
683	QUIM BOFILL CROUS	GIRONA, --	MASCULI	25:30.6	25:30.6	5:07	595	1361	0
684	PAU KUIPERS	EL VENDRELL, --	MASCULI	23:39.7	25:31.5	4:44	596	1655	0
685	MARTI BOFILL MATEU	GIRONA, --	MASCULI	24:41.3	25:31.7	4:57	597	1365	0
686	ANGEL BULLICH CORTACANS	SANTA CRISTINA DARO, --	MASCULI	24:18.7	25:33.1	4:52	598	1630	0
687	SERGIO DELGADO REGADERA	GIRONA, --	MASCULI	25:31.2	25:33.5	5:07	599	171	0
688	DIEGO DELGADO GUTIERREZ	GIRONA, --	MASCULI	25:33.7	25:33.7	5:07	600	170	0
689	JOSEP MORENO GARCIA	SANTA COLOMA DE FARNERS, --	MASCULI	25:23.3	25:34.5	5:05	601	1637	0
690	MANEL LOPEZ MORENTE	GIRONA, --	MASCULI	25:13.7	25:34.7	5:03	602	146	0
691	MARTA SEBASTIA PUIG	GIRONA, --	FEMENI	25:05.1	25:34.9	5:02	89	1319	0
692	ASTRID GARCIA BATLLE	OLOT, --	FEMENI	25:28.6	25:35.1	5:06	90	1307	INDEPENDENT
693	DANIEL JIMENEZ ELVIRA	CELRA, --	MASCULI	25:35.6	25:35.6	5:08	603	550	0
694	DANIEL FRESNO ALVAREZ	GIRONA, --	MASCULI	24:45.0	25:36.5	4:57	604	885	0
695	SERGIO RAMIREZ MORENO	SALT, --	MASCULI	24:44.9	25:37.3	4:57	605	1081	0
696	ANTONIO MANUEL CANDELAS CLEMENTE M	GIRONA, --	MASCULI	24:45.7	25:37.8	4:58	606	993	0
697	PERE PLANELLA PUIGDEMONT	GIRONA, --	MASCULI	24:26.4	25:38.2	4:54	607	761	0
698	PAULA ROS VILA	BANYOLES, --	FEMENI	25:01.9	25:38.2	5:01	91	917	0
699	PAU TORRES CASAS	SALT, --	MASCULI	24:23.4	25:39.2	4:53	608	1582	0
700	CARLA MARTI FRUCTUOSO	BANYOLES, --	FEMENI	25:39.4	25:39.4	5:08	92	854	Independent
701	GRAEME BROWN	GIRONA, --	MASCULI	25:39.5	25:39.5	5:08	609	891	0
702	XAVIER AGULLO FARRE	LLEIDA, --	FEMENI	25:05.8	25:39.8	5:02	93	1063	0
703	ARLET PI JAUMA	GIRONA, --	FEMENI	25:28.9	25:39.9	5:06	94	1021	0
704	JOAN PONS PUIG	GIRONA, --	MASCULI	25:22.2	25:40.0	5:05	610	55	C.A. GIRONA
705	MARTI GRAU CALLIZO	GIRONA, --	MASCULI	25:02.5	25:40.1	5:01	611	1656	0
706	GUILLEM MARTINEZ ROURA	GIRONA, --	MASCULI	25:40.7	25:40.7	5:09	612	488	0
707	GONZALO ABAN MARTINEZ	GIRONA, --	MASCULI	24:49.5	25:41.1	4:58	613	882	0
708	JOAN PONS RIU	GIRONA, --	MASCULI	25:41.2	25:41.2	5:09	614	103	C.A. GIRONA
709	FRANCISCO TORROELLA PRUNELL	GIRONA, --	MASCULI	25:41.9	25:41.9	5:09	615	845	0
710	LAURA CARRERAS BLASCO	GIRONA, --	FEMENI	24:48.6	25:42.0	4:58	95	972	0
711	NORA LORENZO SUNYER	GIRONA, --	FEMENI	25:31.9	25:42.1	5:07	96	1023	0
712	ALEX MAREMA BOSCH	GIRONA, --	MASCULI	25:43.9	25:43.9	5:09	616	4	0
713	LUIS GARCIA ALONSO	GIRONA, --	MASCULI	25:44.0	25:44.0	5:09	617	1437	0
714	AMON VAN MECHLEN	BANYOLES, --	MASCULI	24:02.5	25:44.6	4:49	618	153	0
715	JOSEP MARIA CODINA TOBIAS	LLAGOSTERA, --	MASCULI	25:45.2	25:45.2	5:10	619	410	Ass. Esp. Matxacuca
716	JORDI G-TRADER	BRUNYOLA, --	MASCULI	25:29.8	25:45.4	5:06	620	1581	0
717	ELIA BOSCH RUE	GIRONA, --	FEMENI	25:19.1	25:45.4	5:04	97	1524	-
718	JORDI RUBIROLA FERRER	GIRONA, --	MASCULI	24:34.0	25:45.7	4:55	621	1145	0
719	SUSANNA TORRES MULA	CASSA DE LA SELVA, --	FEMENI	25:45.7	25:45.7	5:10	98	1028	tri ijj3
720	ANNA BOSCH RUE	GIRONA, --	FEMENI	25:46.0	25:46.0	5:10	99	1523	Paleotraining girona
721	MIREIA CODINA TOBIAS	LLAGOSTERA, --	FEMENI	25:46.9	25:46.9	5:10	100	1387	Llagostera
722	ANNA RECASENS GARCIA	GIRONA, --	FEMENI	24:32.7	25:47.0	4:55	101	1383	0
723	FERRAN RECASENS RIEMBAU	GIRONA, --	MASCULI	25:47.8	25:47.8	5:10	622	691	0
724	ALBERTO GONZALEZ BLASCO	GIRONA, --	MASCULI	25:47.8	25:47.8	5:10	623	1327	0
725	JAVIER GOMEZ GUZMAN	CASSA DE LA SELVA, --	MASCULI	25:48.8	25:48.8	5:10	624	175	0
726	MARIA ANGELS PUIG I OLIVERAS	SALT, --	FEMENI	25:26.0	25:49.0	5:06	102	1645	0
727	ALBERT FANALS HUERTAS	GIRONA, --	MASCULI	24:36.4	25:49.6	4:56	625	1654	0
728	JORDI TEIXIDOR COLL	BANYOLES, --	MASCULI	25:49.8	25:49.8	5:10	626	642	0
729	MARIO EXPOSITO SOLETO	SALT, --	MASCULI	25:36.1	25:50.1	5:08	627	1503	0
730	RUBEN ESPANA LOPEZ	VILAFANT, --	MASCULI	25:35.6	25:50.1	5:08	628	1506	0
731	LLUIS LLAGOSTERA BOSCH	GIRONA, --	MASCULI	25:51.7	25:51.7	5:11	629	1347	0
732	LLUIS JUANA MAS	GIRONA, --	MASCULI	25:14.9	25:51.9	5:03	630	1388	0
733	HELENA SANCHEZ CASTELLO	GIRONA, --	FEMENI	25:30.6	25:52.6	5:07	103	1189	0
734	FERRAN ORDUNA AZNAR	GIRONA, --	MASCULI	25:53.1	25:53.1	5:11	631	1510	Som del Verd
735	EDUARD PUIGVERT FULLADOSA	GIRONA, --	MASCULI	25:28.8	25:53.3	5:06	632	387	0

736	TONI RUBIO VINAS	GIRONA, --	MASCULI	24:27.5	25:53.5	4:54	633	1253	CARPE DIEM
737	QUIM MELENDEZ MORALES	GIRONA, --	MASCULI	25:53.6	25:53.6	5:11	634	818	GEIEG
738	ANTONIO ESCUIN GONZALEZ	SARRIA DE TER, --	MASCULI	24:49.9	25:53.8	4:58	635	1013	0
739	JUANJO CIRIERO CEBRIAN	GIRONA, --	MASCULI	24:28.1	25:54.1	4:54	636	1258	0
740	ARNAU LLORET SELLABONA	GIRONA, --	MASCULI	25:33.0	25:54.1	5:07	637	283	0
741	CARLES D'AMBROSIO BARRA	ANGLES, --	MASCULI	25:54.4	25:54.4	5:11	638	1659	0
742	M TERESA ARCAS MARTINEZ	GIRONA, --	FEMENI	25:14.1	25:54.9	5:03	104	646	0
743	GABRIEL HERRERO RUZ	VIDRERES, --	MASCULI	25:55.3	25:55.3	5:12	639	308	Independiente
744	JOAQUIM JULIA FERRER	GIRONA, --	MASCULI	25:17.2	25:55.6	5:04	640	1543	INDEPENDENT
745	LAIA BASIERAS GARCIA	GIRONA, --	FEMENI	25:41.7	25:56.2	5:09	105	1508	0
746	ALEXANDRE QUEROL BADENAS	QUART, --	MASCULI	24:55.4	25:56.4	5:00	641	565	0
746	NURI CARRILLO OLLER	GIRONA, --	FEMENI	25:56.4	25:56.4	5:12	106	860	0
748	NURIA SEBASTIA PUIG	GIRONA, --	FEMENI	25:49.1	25:56.5	5:10	107	1328	0
749	LLUIS RAMIO I TORRENTA	CORNELLA DEL TERRI, --	MASCULI	24:55.7	25:56.9	5:00	642	683	0
750	JOAN FONTANELLA ESPINAR	STA. COLOMA DE FARNERS, --	MASCULI	24:49.0	25:57.2	4:58	643	163	Running Campus
751	ANA ESTERAS CAZORLA	VILABLAIREIX, --	FEMENI	25:57.2	25:57.2	5:12	108	981	0
752	ANDRES C MARTIN ROMERO	SALT, --	MASCULI	25:59.0	25:59.0	5:12	644	1535	0
753	DANIEL JULIAN PERELLO	GIRONA, --	MASCULI	25:51.9	25:59.1	5:11	645	1416	0
754	FRANCESC GARCIA MALAGON	GIRONA, --	MASCULI	25:55.7	25:59.2	5:12	646	1128	0
755	ALICIA CORNELLA MANCINEIRAS	GIRONA, --	FEMENI	25:19.9	25:59.5	5:04	109	166	0
756	XAVIER TORRES	GIRONA, --	MASCULI	24:29.5	25:59.6	4:54	647	34	CESET
757	MARIONA RUHI RIU	BESCANO (GIRONA)	FEMENI	25:38.0	26:00.3	5:08	110	822	0
758	CLARA CARRASCO	GIRONA, --	FEMENI	25:46.5	26:00.5	5:10	111	1577	0
759	GERARD XIFRA RIBAS	GIRONA, --	MASCULI	26:01.3	26:01.3	5:13	648	434	INDEPENDENT
760	ELENA CODERCH ESTEBAN	GIRONA, --	FEMENI	24:53.0	26:01.5	4:59	112	433	INDEPENDENT
761	JOSE LUIS PERTEGAS VILA	ANGLES, --	MASCULI	24:38.4	26:02.1	4:56	649	1175	0
762	SILVIA PALAHI	GIRONA, --	FEMENI	25:26.0	26:02.1	5:06	113	774	Qrt
763	NARCIS AUGUET LARA	GIRONA, --	MASCULI	24:31.3	26:02.2	4:55	650	568	0
764	GEMMA CASTRO ROMERO	GIRONA, --	FEMENI	25:33.1	26:02.6	5:07	114	409	Spartans Girona
765	JACK WHITE	FORNELLS DE LA SELVA, --	MASCULI	24:25.9	26:02.8	4:54	651	1119	0
765	ALEX ABAD RODRIGUEZ	BANYOLES, --	MASCULI	25:35.5	26:02.8	5:08	651	173	0
767	QUIM JORDA RABIONET	GIRONA, --	MASCULI	26:03.1	26:03.1	5:13	653	1643	Independent
768	ESTHER COSTA TERRATS	COLOMERS, --	FEMENI	26:03.1	26:03.1	5:13	115	572	0
769	LUCAS GONZALEZ CENTURION	GERONA, --	MASCULI	25:12.4	26:03.7	5:03	654	177	0
770	GABI GUAL PONS	GIRONA, --	MASCULI	25:04.9	26:04.2	5:01	655	1078	Pin i Pon Emotions
771	SANTIAGO FARRÉS RUIZ	GIRONA, --	MASCULI	25:48.8	26:05.0	5:10	656	157	0
772	ENRIC BASSEGODA PINEDA	GIRONA, --	MASCULI	26:05.4	26:05.4	5:14	657	150	0
773	FERRAN SOLER DELLONDER	GIRONA, --	MASCULI	25:28.8	26:05.9	5:06	658	423	0
774	XAVIER BURJONS ALES	GIRONA, --	MASCULI	25:00.8	26:06.0	5:01	659	777	0
775	JORDI GAUCHIA JUNCA	GIRONA, --	MASCULI	26:07.0	26:07.0	5:14	660	734	0
776	MARTI LEYVA PERXES	GIRONA, --	MASCULI	24:33.3	26:08.4	4:55	661	493	0
777	JESUS SANCHEZ SANTED	GIRONA, --	MASCULI	24:40.6	26:09.0	4:57	662	870	0
778	NATALIA LEYVA DE LAS HERAS	AIGUAVIVA, --	FEMENI	24:33.6	26:09.2	4:55	116	514	0
779	ALBERT ROCA MARTINEZ	PORQUERES, --	MASCULI	25:24.0	26:09.6	5:05	663	567	0
780	GERARD TARRUELLA HERNANDEZ	GIRONA, --	MASCULI	26:10.6	26:10.6	5:15	664	1284	0
781	HELENA RAMOS VALENTI	GIRONA, --	FEMENI	26:02.7	26:12.1	5:13	117	18	CESET
782	XAVIER CUSELL FERNANDEZ	GIRONA, --	MASCULI	25:26.5	26:13.4	5:06	665	1704	0
783	DAMIA PUJOL SALVADOR	GIRONA, --	MASCULI	24:47.6	26:15.3	4:58	666	1555	0
784	ANTONI MIQUEL MUÑOZ CUATRECASAS	GIRONA, --	MASCULI	26:15.8	26:15.8	5:16	667	251	0
785	JOSE MARIA REPULLO PIEDRA	SANT JOAN LES FONTS, --	MASCULI	26:16.1	26:16.1	5:16	668	425	club triatló castellollit -
786	MARC FERRIOL CASAS	PALAMOS, --	MASCULI	24:55.6	26:16.3	5:00	669	1571	LA PLACETA
787	JOSE LUQUE MENDOZA	MACANET DE LA SELVA, --	MASCULI	26:16.5	26:16.5	5:16	670	874	Sin club
788	SALVI COSTA FERNANDEZ	GIRONA, --	MASCULI	26:16.7	26:16.7	5:16	671	1153	0
789	MARIA DEL PILAR MONTORO FERNANDEZ	MACANET DE LA SELVA, --	FEMENI	26:17.1	26:17.1	5:16	118	875	Sin club
790	CHRISTIAN JOFRE MASERGAS	BANYOLES, --	MASCULI	26:09.0	26:17.6	5:14	672	1701	0
791	FERNANDO LEYVA QUILES	GIRONA, --	MASCULI	24:42.6	26:17.7	4:57	673	471	0
792	JOAN REIXACH CASALS	GIRONA, --	MASCULI	25:28.9	26:18.8	5:06	674	112	C.A. GIRONA
793	ANTONI VILLAR PEREZ	GIRONA, --	MASCULI	25:29.2	26:19.3	5:06	675	108	C.A. GIRONA
794	CARME SANCHEZ TORREBLANCA	GIRONA, --	FEMENI	25:52.4	26:19.4	5:11	119	219	0
795	DAVID ANTILLANO DOTES	GIRONA, --	MASCULI	25:29.8	26:19.8	5:06	676	54	C.A. GIRONA
796	JOSEP MANZANO RAMOS	SILS, --	MASCULI	25:37.7	26:19.9	5:08	677	1089	0
797	JOSEP GISPERT PISSERRA	GIRONA, --	MASCULI	25:36.4	26:20.0	5:08	678	1090	0
798	MARC CAMPOS FAJARDO	GIRONA, --	MASCULI	25:37.0	26:20.4	5:08	679	1087	0
799	ALEX SAEZ JUBERO	GIRONA, --	MASCULI	26:06.4	26:20.8	5:14	680	1501	0
800	LLUIS COLL PUJOLAR	ST JOAN DE MOLLET, --	MASCULI	25:44.7	26:20.9	5:09	681	367	Independent
801	VICENC BALLBONA MORE	GIRONA, --	MASCULI	26:21.1	26:21.1	5:17	682	760	0
802	FRANCESC VENDRELL FERRIOL	PARLAVA, --	MASCULI	24:59.8	26:21.7	5:00	683	1572	LA PLACETA
803	ESTER VILA PLANAS	GIRONA, --	FEMENI	25:52.9	26:22.4	5:11	120	1574	0
804	CRISTINA ROS MARULL	YAOUNDE	FEMENI	26:12.5	26:22.6	5:15	121	953	TORRENT
805	CLAUDIA COSTA	QUART, --	FEMENI	25:53.5	26:22.7	5:11	122	968	0
806	IVAN LOPEZ MORENO	GIRONA, --	MASCULI	26:22.8	26:22.8	5:17	684	633	0
807	CARLA GUALLAR ALMAZAN	BESCANO, --	FEMENI	26:24.4	26:24.4	5:17	123	540	0
808	SALVADOR SARQUELLA CANALS	BANYOLES, --	MASCULI	25:54.0	26:25.5	5:11	685	1154	Club Natació Banyoles
809	ANDREU SABATER I GARGANTA	GIRONA, --	MASCULI	25:02.3	26:25.5	5:01	686	675	Independent
810	GREGORIO MARTINEZ CANTERO	SARRIA DE TER, --	MASCULI	26:26.0	26:26.0	5:18	687	671	0
811	JUDITH MAS BADIA	GIRONA, --	FEMENI	26:26.1	26:26.1	5:18	124	1623	0
812	ISMAEL ROSILLO ROMERA	GIRONA, --	MASCULI	26:26.1	26:26.1	5:18	688	531	cat bike tres claus!!!
813	PABLO LOPEZ MARQUEZ	GIRONA, --	MASCULI	25:23.0	26:27.7	5:05	689	37	CESET
814	POL DEULOFEU MATAS	FORNELLS DE LA SELVA, --	MASCULI	25:20.7	26:27.9	5:05	690	1420	0
815	JAIME LACLAUSTRA GONZALEZ	GIRONA, --	MASCULI	24:45.6	26:28.5	4:58	691	1632	0
816	CARLES ADELL PUIGDEVALL	FORNELLS DE LA SELVA, --	MASCULI	25:20.8	26:28.8	5:05	692	1424	0
817	PAU BOFILL MATEU	GIRONA, --	MASCULI	25:37.5	26:29.6	5:08	693	1364	0
818	MOISES VENTURA ESPEJO	MACANET DE LA SELVA, --	MASCULI	26:30.4	26:30.4	5:19	694	1000	0
819	M ANGELS GUICH CORNELLA	GIRONA, --	FEMENI	25:35.0	26:32.1	5:07	125	813	Som Del Verd
820	LLUIS COLL EXPOSITO	GIRONA, --	MASCULI	26:32.3	26:32.3	5:19	695	1156	AE Fornells
821	FRANCESC SERRA GAGO	GIRONA, --	MASCULI	26:32.4	26:32.4	5:19	696	96	C.A. GIRONA
822	XAVI MARTINEZ CAPDEVILA	GIRONA, --	MASCULI	25:28.9	26:32.5	5:06	697	1592	0
823	CRISTINA MACAYA	CASSA DE LA SELVA, --	FEMENI	26:04.1	26:32.6	5:13	126	614	0
824	ALBERT MARTINEZ RODRIGUEZ	FORNELLS DE LA SELVA, --	MASCULI	26:33.1	26:33.1	5:19	698	1460	Redrunners
825	MONTSE TURA ROS	FORNELLS DE LA SELVA, --	MASCULI	26:33.2	26:33.2	5:19	699	1456	Redrunners
826	JOSE FABREGA GOLPE	MADRID, --	MASCULI	25:04.9	26:34.2	5:01	700	543	0
827	BERTA RIBAS BOSCH	GIRONA, --	FEMENI	26:35.2	26:35.2	5:20	127	753	0
828	MARIA DOLORES TORRES LOPEZ	GIRONA, --	FEMENI	26:15.0	26:35.9	5:16	128	576	independent
829	ISAURA MARCE PUJOL	GIRONA, --	FEMENI	25:31.6	26:36.3	5:07	129	1251	0
830	BERTA VIDAL	GIRONA, --	FEMENI	25:30.9	26:36.7	5:07	130	400	TGCB
831	ALFONS RIBAS JIMENEZ	GIRONA, --	MASCULI	26:37.3	26:37.3	5:20	701	752	0
832	IBAI NÚÑEZ VAZQUEZ	GIRONA, --	MASCULI	26:38.3	26:38.3	5:20	702	685	0
833	GUIOMAR MOLL FONT	GIRONA, --	FEMENI	25:32.6	26:38.5	5:07	131	448	Cuixa maduixa
834	AINA REVERTER SERRA	GIRONA, --	FEMENI	26:38.7	26:38.7	5:20	132	57	C.A. GIRONA
835	ALEX CIURANA	GIRONA, --	MASCULI	25:06.0	26:39.5	5:02	703	1126	0
836	JOSEP MARIA REVERTER MONER	GIRONA, --	MASCULI	25:48.8	26:39.6	5:10	704	106	C.A. GIRONA
837	CARLES ARBOIX RIBAS	VIDRERES, --	MASCULI	26:40.4	26:40.4	5:21	705	1151	0
838	ROGER LLORENS RUBIS	LLAMPAIES, --	MASCULI	26:31.5	26:40.4	5:19	706	322	0
839	ALEX MARTI SUBIROS	GIRONA, --	MASCULI	25:29.6	26:40.9	5:06	707	555	0
840	JOAN RUBIROLA BOSCH	BANYOLES, --	MASCULI	26:41.2	26:41.2	5:21	708	1294	CLUB NATACIO BANYOLES
841	JOSEP PUJOL PRAT	GIRONA, --	MASCULI	25:29.9	26:41.3	5:06	709	556	0

842	FRANCESC CAMPO VILAR	GIRONA, --	MASCULI	26:07.1	26:41.4	5:14	710	325	IAS Sport
843	DANIEL CASELLAS	GIRONA, --	MASCULI	25:39.1	26:41.4	5:08	711	966	0
844	NEREA ALVAREZ EIXERES	GIRONA, --	FEMENI	26:11.4	26:42.2	5:15	133	560	-
845	JONATHAN HERNANDEZ PAZMINO	SARRIA DE TER, --	MASCULI	26:42.4	26:42.4	5:21	712	969	0
846	FERRAN CARDONA SENZ	EL MASNOU, --	MASCULI	26:43.0	26:43.0	5:21	713	263	F. C. BARCELONA
847	NURIA RIBOT MATO	GIRONA, --	FEMENI	26:20.1	26:43.4	5:17	134	590	0
848	MARIELA BENAVIDES	LLORET DE MAR, --	FEMENI	26:24.5	26:44.0	5:17	135	1548	0
849	PERE VILANOVA SOLER	BANYOLES, --	MASCULI	25:05.9	26:44.3	5:02	714	374	0
850	TONI BUENO BARRERO	LLORET DE MAR, --	MASCULI	26:24.4	26:44.5	5:17	715	1117	club atletisme lloret de mar la selva
851	ANNA RICO GISPERT	GIRONA, --	MASCULI	26:29.7	26:44.8	5:18	716	362	CAMPDEVANOL RUNNERS
852	FRANCESC XAVIER BALLESTA SABRIA	ESCALA, --	MASCULI	26:45.5	26:45.5	5:22	717	1276	0
853	RUAIRIDH BROWN	GIRONA, --	MASCULI	26:04.7	26:45.9	5:13	718	890	0
854	ALBERT QUINTANA PRAT	BANYOLES, --	MASCULI	25:28.7	26:47.0	5:06	719	1148	AVIS AMB BICI
855	ANGELA GUIX ADILLON	GIRONA, --	FEMENI	25:44.4	26:47.6	5:09	136	1589	0
856	MAR MARTINEZ CAPDEVILA	GIRONA, --	FEMENI	25:44.7	26:48.0	5:09	137	944	Rostits del Montgrí
857	XAVIER GRABUJOSA SABATER	PORQUERES, --	MASCULI	25:30.5	26:48.5	5:07	720	1254	0
858	MONICA MASSO BARBARA	GIRONA, --	FEMENI	25:37.7	26:48.6	5:08	138	345	0
859	CARLES VERGES SERRA	PORQUERES, --	MASCULI	26:13.8	26:48.7	5:15	721	1217	0
860	JOAN PUIGDEMONT CORNELLA	GIRONA, --	MASCULI	25:54.5	26:48.8	5:11	722	1601	VAYA PLAN
861	MARTA VAZQUEZ RAMIO	GIRONA, --	FEMENI	25:44.1	26:49.3	5:09	139	669	0
862	CARLES SALA ARMENGOL	CELRA, --	MASCULI	25:56.1	26:49.6	5:12	723	1602	0
863	XAVI MARTIL COTANO	ST JULIA RAMIS, --	MASCULI	26:49.7	26:49.7	5:22	724	1517	CLUB CICLISTA SARRIA DE TER
864	FRADDY OCHOA	SALT, --	FEMENI	26:50.3	26:50.3	5:23	140	1059	0
865	MARINA ZAMUDIO DOMINGO	BANYOLES, --	FEMENI	26:39.0	26:51.0	5:20	141	1622	0
866	JORDI LAFORET ORTIZ	GIRONA, --	MASCULI	25:47.6	26:51.0	5:10	725	722	0
867	FABIOLA VILASECA MORERA	BANYOLES, --	FEMENI	26:51.6	26:51.6	5:23	142	1653	0
868	MARISSA USO MALLOL	GIRONA, --	FEMENI	26:52.0	26:52.0	5:23	143	1604	0
869	CARLA TARDIO PLANTALECH	GIRONA, --	FEMENI	26:06.7	26:52.5	5:14	144	1485	0
870	LLUIS FELIU I ROCA	GIRONA, --	MASCULI	26:06.1	26:52.6	5:14	726	384	Independent
871	JOSE VALVERDE POZUELO	SALT, --	MASCULI	26:11.3	26:53.5	5:15	727	1269	libre
872	CARLES SABARI COMAS	LLAGOSTERA, --	MASCULI	26:54.6	26:54.6	5:23	728	368	0
873	MELISSA MOSTERT	GIRONA, --	FEMENI	26:54.9	26:54.9	5:23	145	726	0
874	JORDI TARDIO SANCHEZ	CALELLA, --	MASCULI	26:09.4	26:55.3	5:14	729	1564	0
875	AMBER MEIER	GIRONA, --	FEMENI	26:39.1	26:55.3	5:20	146	730	0
876	XEVI MIR SERRANO	VILABLAREIX, --	MASCULI	26:56.0	26:56.0	5:24	730	186	Radikalbikes
877	TAMARA COPADO	GIRONA, --	FEMENI	26:56.0	26:56.0	5:24	147	927	0
878	ROCIO GORDO HIRALDO	SALT, --	FEMENI	26:56.4	26:56.4	5:24	148	1265	estartit
879	JULIA MIR BELLSOLA	VILABLAREIX, --	FEMENI	26:56.5	26:56.5	5:24	149	187	Radikalbikes
880	MIREIA BRUGUES GARCIA	GIRONA, --	FEMENI	26:25.1	26:56.7	5:18	150	1264	0
881	ANNA CLAPES GOMEZ	VIDRERES, --	FEMENI	26:56.8	26:56.8	5:24	151	311	0
882	ENRIC VALENCIA I DOMENECH	OLESA DE MONTSERRAT, --	MASCULI	26:57.0	26:57.0	5:24	731	1141	0
883	WALTER GONZALEZ GREINILLON	GERONA, --	MASCULI	26:57.3	26:57.3	5:24	732	176	0
884	RICARD SARGATAL SORIANO	VIDRERES, --	MASCULI	26:57.3	26:57.3	5:24	733	312	Club Escola de Triatló U3
885	DANIEL PEREZ LOPEZ	GIRONA, --	MASCULI	26:23.2	26:58.1	5:17	734	1162	0
886	VICENC RIGAU BORRELL	CELRA, --	MASCULI	26:58.6	26:58.6	5:24	735	1216	CelrA running
887	ERNEST TAULE I MUNOZ	SARRIA DE TER, --	MASCULI	26:38.9	26:58.7	5:20	736	904	0
888	MONICA XIRGU FOCHS	GIRONA, --	FEMENI	26:59.0	26:59.0	5:24	152	1467	0
889	ESTEVE MASO I AIGUABELLA	GIRONA, --	MASCULI	26:44.4	26:59.4	5:21	737	1316	0
890	JOSEP RUHI SURRIBAS	GIRONA, --	MASCULI	26:23.4	26:59.7	5:17	738	1046	lliure
891	MIREIA JUANMIQUEL FELIU	MEDINYA, --	FEMENI	26:49.3	27:00.4	5:22	153	1031	0
892	SARA BECH SOLA	FIGUERES, --	FEMENI	26:42.4	27:00.5	5:21	154	199	0
893	IVAN PUIGBERTRAN FARRÉS	GIRONA, --	MASCULI	27:01.1	27:01.1	5:25	739	189	0
894	ANTONIO JESUS MENDEZ MORENO	GIRONA, --	MASCULI	25:15.7	27:01.4	5:04	740	1648	0
895	LAURA ORIOL VILA	ANGLES, --	FEMENI	27:02.0	27:02.0	5:25	155	829	0
896	SONIA VIDAL GUINART	SALT, --	FEMENI	26:29.1	27:03.3	5:18	156	196	0
897	MARC CALIZ CARGOL	BANYOLES, --	MASCULI	26:37.4	27:04.0	5:20	741	787	0
898	MARC FERRER BUSQUETS	GIRONA, --	MASCULI	26:38.9	27:04.7	5:20	742	5	0
899	JOSEP MARIA FABREGA DILME	VILAVENUT, --	MASCULI	26:38.5	27:04.9	5:20	743	958	0
900	RAUL ELIAS BRAMON	GIRONA, --	MASCULI	25:24.8	27:05.1	5:05	744	443	0
901	CARME TORRUBIA SANZ	GIRONA, --	FEMENI	26:55.6	27:05.1	5:24	157	158	0
902	MARIUS POCH BASET	SANTA COLOMA DE FARNERS, --	MASCULI	25:56.1	27:05.2	5:12	745	811	0
903	MARIA COMAS CARRERAS	GIRONA, --	FEMENI	26:43.0	27:05.8	5:21	158	932	0
904	JOSEP MARIA COMAS NAVARRO	GIRONA, --	MASCULI	26:42.3	27:06.1	5:21	746	934	0
905	ARIADNA FERRER I PUMAROLA	GIRONA, --	FEMENI	27:06.8	27:06.8	5:26	159	640	SOM DEL VERD
906	AGUSTI ROBLLEDILLO MARTINEZ	GIRONA, --	MASCULI	27:07.0	27:07.0	5:26	747	1415	0
907	LAIA GOMEZ SUY	GIRONA, --	FEMENI	26:27.7	27:07.7	5:18	160	1020	0
908	MIQUEL ROMERO SANFELIU	BESCANO, --	MASCULI	25:52.3	27:08.4	5:11	748	1557	0
909	GUILLEM BATALLA BONCOMPTE	GIRONA, --	MASCULI	26:29.5	27:09.1	5:18	749	1025	0
910	NARCIS FERRER LEDO	GIRONA, --	MASCULI	26:08.7	27:09.3	5:14	750	1697	Pastorets
911	DAVID CALM ASCENCIO	GIRONA, --	MASCULI	26:09.6	27:09.9	5:14	751	1694	Pastorets
912	ARNAU ABANCO TUDDO	NAVARCLES, --	MASCULI	26:03.7	27:10.1	5:13	752	1196	COLLBAIX CELLER EL MOU
913	EDUARD CASADEVALL GRABOLEDA	ESCALA, --	MASCULI	25:52.9	27:10.1	5:11	753	1422	0
914	MARC PAGES MASFERRER	ESPINELVES, --	MASCULI	25:37.3	27:10.5	5:08	754	654	Gratanuòls ArbUcies
915	MARC VERDAGUER GINESTERA	BANYOLES, --	MASCULI	26:29.3	27:11.0	5:18	755	715	0
916	ANNA MONER RIGAU	GIRONA, --	FEMENI	27:11.7	27:11.7	5:27	161	338	0
917	PILAR ANTON PELAYO	GIRONA, --	FEMENI	26:42.0	27:12.0	5:21	162	339	0
918	LOURDES DOMINGO FIGUERAS	BANYOLES, --	FEMENI	27:12.2	27:12.2	5:27	163	652	0
919	MIQUEL RIBAS ESTEBAN	GIRONA, --	MASCULI	25:58.8	27:13.3	5:12	756	720	0
920	MARINA TRAVE CASTELLS	GIRONA, --	FEMENI	26:17.2	27:13.8	5:16	164	1245	0
921	DAVID CANALS CAMPS	GIRONA, --	MASCULI	26:06.2	27:14.1	5:14	757	765	Triatló Girona Costa Brava TGCB
922	Diego Cantalejo Gordillo	BANYOLES, --	MASCULI	26:42.4	27:15.3	5:21	758	1092	kamikaces Girona
923	JANINE PARNAU TEIXIDOR	BANYOLES, --	FEMENI	26:42.2	27:15.3	5:21	165	1091	kamikaces Girona
924	SERGI MERIDA PALMADA	GIRONA, --	MASCULI	27:16.0	27:16.0	5:28	759	1337	0
925	PAU VIELLA SANCHEZ	SARRIA DE TER, --	MASCULI	27:16.0	27:16.0	5:28	760	817	0
926	CARLES GRABALOSA BENET	GIRONA, --	MASCULI	26:07.6	27:16.7	5:14	761	74	C.A. GIRONA
927	DAVID COLL CASTANER	BANYOLES, --	MASCULI	26:35.8	27:17.3	5:20	762	776	0
928	RAMON OBIOLS	GIRONA, --	MASCULI	27:17.9	27:17.9	5:28	763	918	0
929	ANA MARIA JORDA RUIZ DE ASSIN	LLORET DE MAR, --	FEMENI	26:55.8	27:18.5	5:24	166	1335	0
930	IVAN DELLUNDE MARTINEZ	GIRONA, --	MASCULI	26:43.2	27:19.0	5:21	764	253	CLUB TRIATLO MALGRAT
931	JOAN BARROT DE LA PUENTE	ST GREGORI, --	MASCULI	27:19.4	27:19.4	5:28	765	960	0
932	MARC AUGUET LARA	VILABLAREIX, --	MASCULI	25:50.5	27:20.3	5:11	766	442	0
933	RAFEL AVELLANA RODRIGUEZ	VILABLAREIX, --	MASCULI	27:20.3	27:20.3	5:29	767	1689	3Xhora BTT Vilablareix
934	EDUARD OBACH FERNANDEZ	GIRONA, --	MASCULI	26:11.4	27:20.5	5:15	768	901	Tuts&3marxes
935	SILVIA CHERINO	GIRONA, --	FEMENI	26:37.4	27:20.8	5:20	167	625	0
936	JORDI MARTI VILAGRAN	BANYOLES, --	MASCULI	27:20.8	27:20.8	5:29	769	856	Independent
937	ESTHER FERRER PADROSA	BANYOLES, --	FEMENI	26:37.2	27:21.9	5:20	168	1067	0
938	CARLES CALLAVE FELIPE	AVINYONET DE PUIGVENTOS, --	MASCULI	27:22.0	27:22.0	5:29	770	1065	unio excursionista llançanenca
939	ANNA RINNE	GIRONA, --	FEMENI	27:22.2	27:22.2	5:29	169	930	0
940	JOSEP SANCHO PUERTO	GIRONA, --	MASCULI	27:22.3	27:22.3	5:29	771	151	0
941	JANA LLORET SELLABONA	GIRONA, --	FEMENI	27:23.3	27:23.3	5:29	170	284	0
942	ANGEL AGUILAR VILADOMAT	GIRONA, --	MASCULI	26:18.3	27:23.5	5:16	772	248	0
943	VICENTA SERRANO VICENTE	GIRONA, --	FEMENI	26:41.6	27:23.6	5:21	171	663	Born2Run Fornells
944	PEPE BUSQUET I RUHI	GIRONA, --	MASCULI	26:33.7	27:24.0	5:19	773	1205	Independent
945	ABDELAZIZ BOUMAFFAH TALBI	GIRONA, --	MASCULI	27:17.0	27:24.5	5:28	774	13	CESET
946	JESUS VILLAHERMOSA GOMEZ-PIMPOLLO	SALT, --	MASCULI	27:24.8	27:24.8	5:29	775	168	0
947	ANNA FERRIOL DE CIURANA	GIRONA, --	FEMENI	27:00.9	27:25.4	5:25	172	1512	0

948	SARA ROSES GARRIGA	SALT, --	FEMENI	27:13.8	27:25.8	5:27	173	169	0
949	JOSEP MANEL LLORET SARRATS	GIRONA, --	MASCULI	27:03.6	27:26.0	5:25	776	281	0
950	ANDREA GONCALVES DORNELLES	MONTFULLA - BECANO, --	FEMENI	26:34.3	27:26.2	5:19	174	321	TR Esports Parra
951	ANNA OLIVERAS BORRELL	GIRONA, --	FEMENI	26:37.6	27:26.5	5:20	175	289	TR Running - Esports Parra
952	ANTONIO MARIA BAHAMON LIZCANO	GIRONA, --	MASCULI	27:26.7	27:26.7	5:30	777	1455	0
953	SARA MARTOS RODRIGUEZ	GIRONA, --	FEMENI	27:08.6	27:27.0	5:26	176	233	0
954	MARCEL SOLE TRISTAN	GIRONA, --	MASCULI	27:01.8	27:27.7	5:25	778	207	0
955	IMMA CASAN MERCADER	GIRONA, --	FEMENI	26:39.4	27:27.9	5:20	177	290	TR Running - Esports Parra
956	CLEMENTE PORRAS JIMENEZ	GIRONA, --	MASCULI	27:28.3	27:28.3	5:30	779	1096	lliure
957	FRANCESC IGLESIAS MOLIST	PALAFOLLS, --	MASCULI	27:28.3	27:28.3	5:30	780	1069	Lloret la selva
958	IMMA BUIZA CANALS	GIRONA, --	FEMENI	26:10.7	27:28.3	5:15	178	20	CESET
959	FAUST MORENO	GIRONA, --	MASCULI	27:28.5	27:28.5	5:30	781	21	CESET
960	JOSEP VILA VENDRELL	RIUDELLOTS DE LA SELVA, --	MASCULI	27:29.0	27:29.0	5:30	782	1693	0
961	JULIA ORIOL PLANELLA	GIRONA, --	FEMENI	27:16.6	27:29.3	5:28	179	1095	Ritmica Girona
962	ANNA SIMON ARBOLEAS	BONMATI, --	FEMENI	27:29.5	27:29.5	5:30	180	1494	0
963	RAFA RODRIGUEZ MARTINEZ	GIRONA, --	MASCULI	26:33.7	27:30.4	5:19	783	468	0
964	JACQUES PESIN	Unknown	MASCULI	27:30.7	27:30.7	5:31	784	1	0
965	MONICA GACEN BARRAU	SALT, --	FEMENI	27:31.1	27:31.1	5:31	181	1504	0
966	JORDI MARISCOT CONGOST	BANYOLES, --	MASCULI	26:57.5	27:31.1	5:24	785	790	0
967	RAUL SANCHEZ RODRIGUEZ	GIRONA, --	MASCULI	26:13.7	27:31.4	5:15	786	1165	0
968	ANTONI ABELLANED SANCHEZ	CELRA, --	MASCULI	27:31.5	27:31.5	5:31	787	1382	0
969	RAFAEL BACHS FRAGA	GIRONA, --	MASCULI	26:36.1	27:32.5	5:20	788	1056	0
970	JORDI MONTANER FRAIRE	GIRONA, --	MASCULI	27:32.7	27:32.7	5:31	789	303	0
971	PAU BORRELL GODINA	GIRONA, --	MASCULI	27:34.0	27:34.0	5:31	790	1084	0
972	JOSEP VILASECA LLUCH	CELRA, --	MASCULI	26:38.7	27:34.8	5:20	791	1233	0
973	CLARA ARBOIX LILIEGREN	VIDRERES, --	FEMENI	27:13.1	27:35.3	5:27	182	1150	0
974	JORDI GRATACOS PRUNELL	BANYOLES, --	MASCULI	26:56.6	27:36.9	5:24	792	713	0
975	JOAN CAROLA BRUGUES	JUIA, --	MASCULI	27:15.3	27:37.1	5:28	793	1612	0
976	SANDRA REVERTER SERRA	GIRONA, --	FEMENI	27:22.3	27:38.3	5:29	183	56	C.A. GIRONA
977	MARC BALLARIN SALA	SALT, --	MASCULI	26:09.9	27:39.5	5:14	794	1502	Nabes Team - Bicioci
978	JORDI DIAZ FERNANDEZ	GIRONA, --	MASCULI	26:27.5	27:39.8	5:18	795	274	0
979	AGNES JAMBERT SANCHEZ	GIRONA, --	FEMENI	27:39.9	27:39.9	5:32	184	167	0
980	XAVIER VILLANUEVA I LLOBET	LA CELLERA DE TER, --	MASCULI	27:40.2	27:40.2	5:33	796	810	Independent
981	ANNA BES GINESTA	GIRONA, --	FEMENI	26:22.8	27:40.2	5:17	185	1304	NABES
982	JONATHAN LOPEZ PEREZ	PALAFRUGELL, --	MASCULI	27:41.0	27:41.0	5:33	797	193	0
983	NURI ROVIRA LAPIEDRA	GIRONA, --	FEMENI	27:41.3	27:41.3	5:33	186	1472	0
984	ASUN GONZALEZ CASTRO	GIRONA, --	FEMENI	27:23.7	27:41.8	5:29	187	965	CX Atletisme
985	INGRID MARTIL GUZMAN	ST JULIA RAMIS, --	FEMENI	27:42.4	27:42.4	5:33	188	1525	independent
986	LLUIS COTXA SANCHIS	CELRA, --	MASCULI	26:47.2	27:42.9	5:22	798	1234	0
987	DAVID CASELLAS FABRELLAS	QUART, --	MASCULI	26:15.2	27:43.0	5:16	799	1277	0
988	FREDERIC GWISZC DEBAUVE	GIRONA, --	MASCULI	27:04.8	27:43.9	5:25	800	521	0
989	ANNA CORNEY RIERA	CASSA DE LA SELVA, --	FEMENI	27:44.0	27:44.0	5:33	189	174	0
990	ALBA PASCUAL FERNANDEZ	SANT GREGORI, --	FEMENI	27:09.1	27:44.9	5:26	190	922	0
991	CLARA FERNANDEZ DE LARREA GALIANO	GIRONA, --	FEMENI	27:01.9	27:45.8	5:25	191	1488	0
992	MONICA VILOSA I SANCHEZ	GIRONA, --	FEMENI	27:01.5	27:45.9	5:25	192	1469	0
993	IVAN PONS CAPILLA	SANT CARLES DE LA RAPITA, --	MASCULI	26:59.5	27:46.1	5:24	801	678	0
994	ERIKA ANTON VELAZ	LLORET DE MAR, --	FEMENI	27:39.3	27:46.2	5:32	193	898	0
995	AURORA GARCIA PEREZ	FORNELS DE LA SELVA, --	FEMENI	26:53.5	27:46.3	5:23	194	1464	0
996	LAURA BEJAR LORENTE	GIRONA, --	FEMENI	26:24.4	27:47.1	5:17	195	264	0
997	SANDRA CANET VILA	ANGLES, --	FEMENI	27:47.7	27:47.7	5:34	196	1135	0
998	JORDI LAGUNA GARCIA	GIRONA, --	MASCULI	27:26.2	27:48.6	5:30	802	1122	0
999	CARME COPADO JIMENEZ	GIRONA, --	FEMENI	27:51.2	27:51.2	5:35	197	452	Penya Bons Aires
1000	MONICA PRADAS	BANYOLES, --	FEMENI	26:10.5	27:51.2	5:15	198	152	0
1001	GUILLEM BOFILL MATEU	GIRONA, --	MASCULI	27:52.0	27:52.0	5:35	803	1363	0
1002	OSCAR ANGLADA	GIRONA, --	MASCULI	26:44.1	27:52.3	5:21	804	887	Tuts & 3 marxés.
1003	STEFAN SVENSSON	OLOT, --	MASCULI	27:03.9	27:53.7	5:25	805	641	0
1004	CARLES ALONSO AYALA	GIRONA, --	MASCULI	26:46.3	27:54.7	5:22	806	75	C.A. GIRONA
1005	NATALIA REINA CASTRO	SALT, --	FEMENI	26:38.2	27:55.1	5:20	199	1421	0
1006	EMMA VICH SABATES	GIRONA, --	FEMENI	27:56.2	27:56.2	5:36	200	1433	0
1007	NURIA MARTINEZ RODRIGUEZ	GIRONA, --	FEMENI	27:44.8	27:56.4	5:33	201	1026	0
1008	MONICA GARCIA GONZALEZ	GIRONA, --	FEMENI	27:37.2	27:56.5	5:32	202	1435	0
1009	DELFI CASTELI VÍ DESCARREGA	SALT, --	MASCULI	27:57.5	27:57.5	5:36	807	1417	0
1010	ESTER TORRES VIVES	GIRONA, --	FEMENI	27:14.3	28:01.1	5:27	203	606	0
1011	ADRIA SUREDA CASTANAL	VILABLAREIX, --	MASCULI	26:45.3	28:02.0	5:22	808	1540	0
1012	RAMON FRADERA QUESADA	MALGRAT DE MAR, --	MASCULI	28:02.6	28:02.6	5:37	809	496	0
1013	LIZETH GARCIA ROSARIO	GIRONA, --	FEMENI	27:59.1	28:03.7	5:36	204	513	0
1014	DOLORS PUJOL CAMPS	BANYOLES, --	FEMENI	26:46.9	28:03.8	5:22	205	1440	0
1015	NEUS FERRER I MORELL	GIRONA, --	FEMENI	27:05.8	28:04.2	5:26	206	244	IASSPORT
1016	ITZIAR FERNANDEZ ROJO	QUART, --	FEMENI	27:05.2	28:04.3	5:26	207	563	0
1017	ANNA ARTIGAS TORRENTE	GIRONA, --	MASCULI	26:51.3	28:05.0	5:23	810	964	0
1018	SALVADOR FABREGA PONT	BESCANO, --	MASCULI	27:30.4	28:05.3	5:31	811	768	0
1019	SILVIA PALOMO LOPEZ	LLAGOSTERA, --	FEMENI	27:48.6	28:06.3	5:34	208	924	0
1020	PERE TERUEL GARCIA	GIRONA, --	MASCULI	28:06.4	28:06.4	5:38	812	138	C.A. GIRONA
1021	JORDI RIERA FERRER	GIRONA, --	MASCULI	28:07.6	28:07.6	5:38	813	337	0
1022	ISMAEL BONACHE FERNANDEZ	GIRONA, --	MASCULI	28:08.4	28:08.4	5:38	814	80	C.A. GIRONA
1023	LAIA BONACHE MOTERA	GIRONA, --	FEMENI	26:45.9	28:08.4	5:22	209	51	C.A. GIRONA
1024	BORJA GARCIA CABRERA	VILLOBI ONYAR, --	MASCULI	28:10.3	28:10.3	5:39	815	1315	0
1025	GERARD CARRASCO	GIRONA, --	MASCULI	26:54.6	28:10.6	5:23	816	1568	AEPalafugell
1026	JOSELIN ORALIA LOPEZ HERRERA	GIRONA, --	FEMENI	27:23.0	28:11.2	5:29	210	1255	0
1027	AFRA ROCA MARTI	SALT, --	FEMENI	27:32.4	28:11.9	5:31	211	1607	0
1028	MONICA CAMPS PINOS	GIRONA, --	FEMENI	28:13.3	28:13.3	5:39	212	1192	0
1029	SERGI HERRERA BOSQUE	GIRONA, --	MASCULI	27:24.6	28:13.4	5:29	817	1188	0
1030	NURIA RAMON RIERA	QUART, --	FEMENI	28:10.4	28:15.7	5:39	213	909	FEMAQUART
1031	MARTA SOLER VIVES	GIRONA, --	FEMENI	28:16.6	28:16.6	5:40	214	508	0
1032	MARTIN RIOS LENCINAS	SALT, --	MASCULI	27:49.9	28:16.9	5:34	818	636	0
1033	LAURA RUIZ SANCHEZ	VILABLAREIX, --	FEMENI	27:42.3	28:17.1	5:33	215	188	0
1034	FRANCESC XAVIER VILA PI	VILABLAREIX, --	MASCULI	27:42.0	28:17.2	5:33	819	872	0
1035	FELI SANZ TORRUBIA	GIRONA, --	FEMENI	28:07.4	28:17.4	5:38	216	160	0
1036	JORDI PARETAS I FALGAS	SARRIA DE TER, --	MASCULI	27:15.4	28:18.5	5:28	820	273	UniO Esportiva SarriA
1037	XAVI RODRIGUEZ SALA	CORNELLA DEL TERRI, --	MASCULI	27:15.9	28:18.6	5:28	821	837	0
1038	IGNASI BARCELO SAENZ	GIRONA, --	MASCULI	27:25.5	28:19.3	5:30	822	72	C.A. GIRONA
1039	MONTSE COTS	SANT GREGORI, --	FEMENI	28:20.1	28:20.1	5:41	217	1130	0
1040	DAVID PEREZ LLOBET	SARRIA DE TER, --	MASCULI	27:11.9	28:20.2	5:27	823	185	0
1041	LAURA DUCH BAUTISTA	GIRONA, --	FEMENI	28:03.2	28:21.3	5:37	218	897	0
1042	EMILI BARBERAN RIERA	GIRONA, --	MASCULI	27:01.1	28:21.9	5:25	824	926	0
1043	CARLES ROS FONT	GIRONA, --	MASCULI	26:52.9	28:23.9	5:23	825	1232	0
1044	ORIOL GARCIA VILA	GIRONA, --	MASCULI	28:25.6	28:25.6	5:42	826	660	GEIEG
1045	ANNA SERRANO RIPOLL	ANGLES, --	FEMENI	27:49.1	28:26.1	5:34	219	1057	TriatI O Girona Costa Brava
1046	ROSA DELGADO GIFFREU	GIRONA, --	FEMENI	28:27.4	28:27.4	5:42	220	313	TR esports parra
1047	PERE PONT SALA	GIRONA, --	MASCULI	28:28.0	28:28.0	5:42	827	858	0
1048	JORDI PUIG CALDES	GIRONA, --	MASCULI	27:04.7	28:29.4	5:25	828	161	Red Runner's
1049	ELOY GARCIA SAGASTE	GIRONA, --	MASCULI	28:31.8	28:31.8	5:43	829	658	0
1050	JANI NICOLAS ABELLAN	GIRONA, --	MASCULI	27:31.4	28:34.0	5:31	830	420	0
1051	JORDI BALCELLS BALCELLS	GIRONA, --	MASCULI	27:33.5	28:34.1	5:31	831	418	0
1052	JULIA NET VALIENTE	BALNES, --	FEMENI	27:32.7	28:34.3	5:31	221	1346	0
1053	JAVI GUTIERREZ MORA	LLORET DE MAR, --	MASCULI	27:32.9	28:34.6	5:31	832	583	0

1054	JOSEP MELLADO FERNANDEZ	PORQUERES, --	MASCULI	28:03.3	28:34.7	5:37	833	1490	0
1055	EDUARD MELLADO CARDENAS	PORQUERES, --	MASCULI	28:03.2	28:34.8	5:37	834	1588	0
1056	EVA AGUADO MARTI	PORQUERES, --	FEMENI	28:01.8	28:34.9	5:37	222	1491	0
1057	GEMMA FERNANDEZ CRESPO	GIRONA, --	FEMENI	27:42.4	28:35.4	5:33	223	459	Geleg
1058	ALICIA DELGADO GARCIA	GIRONA, --	FEMENI	28:06.3	28:36.8	5:38	224	584	0
1059	MONIKA EVA BOHM	GIRONA, --	FEMENI	28:36.9	28:36.9	5:44	225	931	0
1060	MARIA DEL CARMEN SALVADOR SALINAS	BESALU, --	FEMENI	27:25.3	28:37.1	5:30	226	395	0
1061	MARI CARRION ROMERO	SANTA COLOMA DE FARNERS, --	FEMENI	28:00.2	28:37.3	5:37	227	1675	0
1062	LIDIA VERGES GARCIA	BESALU, --	FEMENI	27:26.8	28:37.4	5:30	228	394	TRC ARESTA
1063	JOSE MANUEL RIVAS DOMINGUEZ	GIRONA, --	MASCULI	27:13.7	28:38.0	5:27	835	149	0
1064	MARTA IBANEZ ESCRIBANO	GIRONA, --	FEMENI	28:39.3	28:39.3	5:44	229	1112	0
1065	SANDRA CAMENFORTE REINA	SALT, --	FEMENI	28:00.7	28:39.4	5:37	230	182	0
1066	LAIA BATCHELLI ABAD	GIRONA, --	FEMENI	27:51.0	28:40.6	5:35	231	24	CESET
1067	JOSEP BATCHELLI CONGOST	GIRONA, --	MASCULI	28:40.9	28:40.9	5:45	836	25	CESET
1068	JUAN MONTALBAN RUIZ	SALT, --	MASCULI	28:42.0	28:42.0	5:45	837	340	0
1069	ADRIA MITIIVILA VENTURA	FONTCOBERTA, --	MASCULI	27:08.5	28:42.1	5:26	838	1061	0
1070	ARIADNA RUBIROLA MATAMALA	BANYOLES, --	FEMENI	27:09.5	28:42.5	5:26	232	1060	0
1071	ISABEL TORRES GONZALEZ	SALT, --	FEMENI	28:42.6	28:42.6	5:45	233	334	0
1072	MONICA GAFAROT	GIRONA, --	FEMENI	28:42.8	28:42.8	5:45	234	1487	0
1073	MARCEL CAPELLA PEREIRA	BANYOLES, --	MASCULI	27:08.9	28:43.3	5:26	839	948	0
1074	JAUME DONJO I ROVIRA	GIRONA, --	MASCULI	28:44.6	28:44.6	5:45	840	1561	0
1075	MANEL MACIA UBEDA	SANT VICENC DELS HORTS, --	MASCULI	28:45.2	28:45.2	5:46	841	864	0
1076	DAVID FERNANDEZ	GIRONA, --	MASCULI	28:45.4	28:45.4	5:46	842	1123	0
1077	YOHANA CANIVE	GIRONA, --	FEMENI	28:05.4	28:45.8	5:38	235	1120	0
1078	M.ANGELS PEDRAGOSA GABARDA	BLANES, --	FEMENI	27:43.8	28:46.0	5:33	236	324	0
1079	JULIA VILAR FRIGOLA	GIRONA, --	FEMENI	28:09.4	28:46.7	5:38	237	693	0
1080	DAVID VILAR FRIGOLA	GIRONA, --	MASCULI	28:11.2	28:47.5	5:39	843	694	0
1081	JOSEP M VILAR COMAS	GIRONA, --	MASCULI	28:10.9	28:47.6	5:39	844	692	0
1082	MARTA MARTINEZ	GIRONA, --	FEMENI	28:05.7	28:48.2	5:38	238	1236	0
1083	MARIA GOMEZ BORDO	GIRONA, --	FEMENI	27:50.9	28:48.4	5:35	239	585	0
1084	FERRAN SOLER VILA	GIRONA, --	MASCULI	27:52.0	28:48.6	5:35	845	808	0
1085	MAFALDA ABELLANED CARRION	CELRA, --	FEMENI	28:01.2	28:48.8	5:37	240	1384	0
1086	MAR ANDRES	RIUDELLOTS DE LA SELVA, --	FEMENI	27:12.4	28:49.8	5:27	241	440	0
1087	NURIA FREIXAS ESCUDERO	MALGRAT DE MAR, --	FEMENI	28:49.9	28:49.9	5:46	242	495	0
1088	JOSEP LLUIS FONT GARDON	GIRONA, --	MASCULI	27:37.5	28:50.7	5:32	846	1024	0
1089	EVA MADRID GARCIA	GIRONA, --	FEMENI	28:23.1	28:51.5	5:41	243	571	0
1090	DANA VILA CORDONES	SALT, --	FEMENI	28:52.3	28:52.3	5:47	244	751	0
1091	CAROLINA CREIXANS PRADOS	CELRA, --	FEMENI	28:52.4	28:52.4	5:47	245	600	0
1092	FRANCESC GOMEZ HERNANDEZ	QUART, --	MASCULI	28:54.5	28:54.5	5:47	847	951	0
1093	ROSA MATEU MALAGELADA	BANYOLES, --	FEMENI	28:37.3	28:55.6	5:44	246	1470	0
1094	ALVARO VLADIMIR VILA BRAVO	SALT, --	MASCULI	28:55.9	28:55.9	5:48	848	1696	0
1095	SANTIAGO MONSO REBOLLO	GIRONA, --	MASCULI	28:12.9	28:56.7	5:39	849	301	0
1096	FRANCESC ABAD ILLANA	BANYOLES, --	MASCULI	28:32.1	28:59.1	5:43	850	172	0
1097	ANNA CODINA TURON	ANGLES, --	FEMENI	29:00.2	29:00.2	5:49	247	1045	Club waterpolo AnglEs
1098	SILVIA TURON GARGANTA	ANGLES, --	MASCULI	29:01.1	29:01.1	5:49	851	1043	Club waterpolo AnglEs
1099	SOFIA GABARRO TAULE	TORROELLA MONTGRI, --	FEMENI	28:46.3	29:01.3	5:46	248	487	0
1100	RAFAEL VILLALBA LOPEZ	GIRONA, --	MASCULI	28:11.8	29:01.3	5:39	852	135	C.A. GIRONA
1101	JORDI SABRIA CREIXELL	TORROELLA DE MONTGRI, --	MASCULI	29:01.4	29:01.4	5:49	853	484	0
1102	JOSE REINA FERNANDEZ	HOSPITALET DEL LLOBREGAT, --	MASCULI	28:25.9	29:01.5	5:42	854	1011	ISS L'HOSPITALET
1103	FATIMA CANSECO LOPEZ	HOSPITALET DEL LLOBREGAT, --	FEMENI	28:25.5	29:01.8	5:42	249	1010	Corporal Branding
1104	PAOLO YLIANOV	FIGUERES, --	MASCULI	28:24.5	29:01.8	5:41	855	288	Independent
1105	CARME PUIGDEVALL	BANYOLES, --	FEMENI	27:40.5	29:02.1	5:33	250	848	0
1106	ANNA CASALPRIM COLOMER	SANT GREGORI, --	FEMENI	29:02.6	29:02.6	5:49	251	851	Esgarrinxats
1107	JORDI XIFRA RIBAS	GIRONA, --	MASCULI	27:53.7	29:03.1	5:35	856	436	INDEPENDENT
1108	MARTA GIRONES TARENCHS	GIRONA, --	FEMENI	27:54.1	29:03.4	5:35	252	435	INDEPENDENT
1109	XAVIER COMAJUAN BRAGULAT	GIRONA, --	MASCULI	27:32.1	29:04.6	5:31	857	1191	0
1110	ALBA CASTILLO FERRER	GIRONA, --	FEMENI	28:25.9	29:04.7	5:42	253	1219	0
1111	CARLA MARCE PUJOL	GIRONA, --	FEMENI	28:00.3	29:05.2	5:37	254	1324	0
1112	JANA ROVIRA PUJJA	BESCANO, --	FEMENI	27:25.0	29:07.7	5:29	255	1662	Lliure
1113	JULI GRANES VALLES	GIRONA, --	MASCULI	27:19.2	29:08.0	5:28	858	1677	0
1114	FRANCESC GRANES SEGRET	GIRONA, --	MASCULI	27:19.3	29:08.0	5:28	859	1676	0
1115	GEMMA PARES VINALS	LLORET DE MAR, --	FEMENI	28:06.8	29:10.2	5:38	256	390	0
1116	LIDIA TARGAS PERPINA	LLORET DE MAR, --	FEMENI	29:10.5	29:10.5	5:51	257	695	els correcamins
1117	LAURA FELIU I PARADEDA	GIRONA, --	FEMENI	28:23.8	29:11.1	5:41	258	385	Independent
1118	ALBERT CLEMENTE BADOSA	CORNELLA DEL TERRI, --	MASCULI	29:11.2	29:11.2	5:51	860	1252	Run Run Corredors de la vall del Terri
1119	MARIAN ARNOJA	GIRONA, --	FEMENI	28:24.9	29:12.0	5:41	259	104	C.A. GIRONA
1120	JOANI ROMAN MUNOZ	GIRONA, --	FEMENI	29:14.0	29:14.0	5:51	260	120	C.A. GIRONA
1121	JOSEP ALTIMIRA SIBINA	SANTA MARIA PALAUTORDERA, --	MASCULI	29:14.6	29:14.6	5:51	861	826	DOLMEN BIKE
1122	ELENA CORTES PARERA	SANTA MARIA DE PALAUTORDERA, --	FEMENI	29:05.3	29:14.9	5:50	261	824	dolmen bike
1123	KARINA CENTURION LURJE	GERONA, --	FEMENI	29:15.4	29:15.4	5:52	262	179	0
1124	MARIA ANGELS ROCA SERRAT	GIRONA, --	FEMENI	29:16.2	29:16.2	5:52	263	804	0
1125	ELISENDA SELLABONA BUCH	GIRONA, --	FEMENI	28:54.5	29:16.6	5:47	264	282	0
1126	GEMMA ELIAS ESTANOL	SALT, --	FEMENI	28:36.6	29:16.6	5:44	265	1093	0
1127	MERITXELL RIOS TORRENTS	GIRONA, --	FEMENI	29:18.0	29:18.0	5:52	266	427	0
1128	MARIA MORALES ALBERT	GIRONA, --	FEMENI	29:18.1	29:18.1	5:52	267	418	INDEPENDENT
1129	KEVI CORS SANZ	GIRONA, --	MASCULI	29:18.3	29:18.3	5:52	862	426	0
1130	ARMANDO JAVIER BOLUDA FOX	GIRONA, --	MASCULI	29:19.1	29:19.1	5:52	863	878	0
1131	JORDI OLIVER GONZALEZ	GIRONA, --	MASCULI	29:19.8	29:19.8	5:52	864	1483	0
1132	CRIS CLAPES CABELLOS	BREDA, --	FEMENI	28:58.2	29:20.8	5:48	268	1215	0
1133	BERNAT RIUS RIERA	SILS, --	MASCULI	28:39.9	29:20.9	5:44	865	1008	0
1134	ANNA BUHILS CLANCHET	BREDA, --	FEMENI	28:58.4	29:21.2	5:48	269	1212	0
1134	MARINA PALACIOS	ROSES, --	FEMENI	29:21.2	29:21.2	5:53	269	1007	0
1136	MANOLI ZAFRA MORALES	GIRONA, --	FEMENI	29:21.3	29:21.3	5:53	271	588	0
1137	MARC CARGOL CARBO	SARRIA DE TER, --	MASCULI	28:22.7	29:21.7	5:41	866	523	0
1138	SILVIA ESTANY I MATAMALA	BANYOLES, --	FEMENI	28:38.8	29:21.8	5:44	272	601	Runners Clicquot
1139	DANI LAFUENTE I PEREZ	SALT, --	MASCULI	29:21.8	29:21.8	5:53	867	1463	0
1140	JOSEP MAS PAGES	VILASSAR DE MAR, --	MASCULI	28:10.4	29:21.9	5:39	868	1579	Piri
1141	SANTIAGO SEGUI SANTIAGO	GIRONA, --	MASCULI	27:40.1	29:22.2	5:33	869	132	C.A. GIRONA
1142	JOSEP MASANAS PLANELLAS	CAMOS, --	MASCULI	28:41.7	29:22.3	5:45	870	1397	Runners Clicquot
1143	SAMUEL GARCIA-QUINTAS FERNANDEZ	GIRONA, --	MASCULI	28:17.3	29:22.6	5:40	871	1170	0
1144	MARTE SERRANO QUEROL	GIRONA, --	MASCULI	28:17.1	29:22.6	5:40	872	1166	0
1145	ARTURO GARCIA ARROYO	VILASSAR DE MAR, --	MASCULI	28:09.9	29:22.7	5:38	873	1281	CE Vilassar de mar - PIRI
1146	MARIA JOSE LINARES CABALLERO	GIRONA, --	FEMENI	28:18.3	29:22.7	5:40	273	1171	0
1147	JORDI GRAS VILCHEZ	GIRONA, --	MASCULI	29:17.3	29:23.9	5:52	874	1197	0
1148	BERTA GRAS SALIS	GIRONA, --	FEMENI	29:16.8	29:24.0	5:52	274	1198	Wolves de Sarria de Ter
1149	ANDREU MASO BARNADAS	BARCELONA, --	MASCULI	29:24.0	29:24.0	5:53	875	1532	0
1150	ALBA VALLVE SALAS	BARCELONA, --	FEMENI	28:17.8	29:24.2	5:40	275	1534	0
1151	HECTOR LUJAN RAMOS	GIRONA, --	MASCULI	28:16.0	29:25.5	5:40	876	1239	0
1152	MARIA CARME PUJADAS	GIRONA, --	FEMENI	29:08.7	29:25.6	5:50	276	1302	0
1153	MERCE SANZ CUCARELLA	BREDA, --	FEMENI	29:02.6	29:25.6	5:49	277	1227	0
1154	LYDIA COMAS GOMEZ	GIRONA, --	FEMENI	28:15.6	29:25.9	5:40	278	1238	0
1155	CARME SERRA VICO	GIRONA, --	FEMENI	29:10.6	29:26.0	5:51	279	91	C.A. GIRONA
1156	GERARD HERNANDEZ TORRENT	SARRIA DE TER, --	MASCULI	28:22.9	29:26.8	5:41	877	1644	0
1157	ESTER MORERA VIDAL	GIRONA, --	FEMENI	28:49.6	29:27.0	5:46	280	296	0
1158	NERINA VIDAL BARTOMEU	SARRIA DE TER, --	FEMENI	28:24.5	29:27.3	5:41	281	1646	0
1159	MARIA BELEN POZAS DATORRE	GIRONA, --	FEMENI	28:48.4	29:27.7	5:46	282	725	0

1160	XAVI HERRERO VALMALA	VIDRERES, --	MASCULI	29:28.3	29:28.3	5:54	878	305	Independiente
1161	MARC FERNANDEZ BALCELLS	GIRONA, --	MASCULI	29:28.8	29:28.8	5:54	879	1208	0
1162	GERMAN SALIDO CAMPOS	GIRONA, --	MASCULI	28:29.5	29:29.3	5:42	880	1614	0
1163	PILAR HERRERA SABARI	GIRONA, --	FEMENI	29:29.4	29:29.4	5:54	283	1074	0
1163	MARIONA FERNANDEZ CABALLE	GIRONA, --	FEMENI	29:00.4	29:29.4	5:49	283	1206	0
1165	LAIA PEDROL VIDAL	GIRONA, --	FEMENI	29:09.2	29:29.7	5:50	285	1073	0
1166	GUILLERMO CORSUNSKY RETA	GIRONA, --	MASCULI	29:30.1	29:30.1	5:55	881	634	Excursionistes UniU-Vos
1167	CRISTINA FERNANDEZ ASENSIO	GIRONA, --	FEMENI	29:00.6	29:30.2	5:49	286	1647	peace and love
1168	LUCIA TREBINO	GIRONA, --	FEMENI	29:01.1	29:30.4	5:49	287	1651	0
1169	SERGI NIERGA CARREIRO	PORQUERES, --	MASCULI	27:59.1	29:30.7	5:36	882	797	0
1170	ESTER PIGRAU CAMPENY	MALGRAT DE MAR, --	FEMENI	28:20.5	29:32.3	5:41	288	1107	0
1171	DAVID GELADA GISPERT	MALGRAT DE MAR, --	MASCULI	28:20.9	29:33.2	5:41	883	1106	0
1172	MARC PARES PUIGDEMONTA	BANYOLES, --	MASCULI	29:34.1	29:34.1	5:55	884	1449	0
1173	LIDIA NASPREDA LOPEZ	BANYOLES, --	FEMENI	28:41.3	29:34.2	5:45	289	1452	0
1174	XAVIER QUINTILLA MAINEGRE	GIRONA, --	MASCULI	29:34.6	29:34.6	5:55	885	716	0
1175	VANESSA TAUSTE	GIRONA, --	FEMENI	29:35.7	29:35.7	5:56	290	386	0
1176	JAUME PUJOS BARNES	SARRIA DE TER, --	MASCULI	29:39.0	29:39.0	5:56	886	569	0
1177	SANTIAGO FIGUERAS AVELLI	LLoret DE MAR, --	MASCULI	29:16.1	29:39.0	5:52	887	1338	0
1178	JOSEP SERRANO RIVAS	SARRIA DE TER, --	MASCULI	27:49.1	29:39.7	5:34	888	905	0
1179	SILVIA ABRIL	GIRONA, --	FEMENI	28:41.5	29:40.7	5:45	291	389	0
1180	DANIEL SOLER CASTRO	GIRONA, --	MASCULI	29:42.1	29:42.1	5:57	889	123	C.A. GIRONA
1181	XAVIER ROVIROLA SAYOLS	GIRONA, --	MASCULI	28:10.8	29:42.5	5:39	890	871	0
1182	NURIA MASSAGUER PLA	GIRONA, --	FEMENI	28:45.7	29:43.1	5:46	292	467	0
1183	PATRICIA ORTIGOSA ROSELL	GIRONA, --	FEMENI	28:45.8	29:43.4	5:46	293	552	0
1184	CRISTINA ROMAGUERA COLOM	MONTJUIC, --	FEMENI	28:48.7	29:43.5	5:46	294	1669	0
1185	LAURA HERNANDEZ ROVIRA	BARCELONA, --	FEMENI	29:01.1	29:43.5	5:49	295	941	0
1186	ESTHER HERNANDEZ ROVIRA	BORDILS, --	FEMENI	29:01.9	29:44.2	5:49	296	943	0
1187	DANIEL RIVED VALERO	GIRONA, --	MASCULI	28:12.7	29:44.2	5:39	891	307	0
1188	NURIA PI SALA	BARCELONA, --	FEMENI	28:48.5	29:44.4	5:46	297	1667	0
1189	PAULA GOMEZ LOPEZ	QUART, --	FEMENI	29:45.3	29:45.3	5:58	298	952	0
1190	JORDI ROVIROLA SAYOLS	SANT GREGORI, --	MASCULI	28:13.6	29:45.9	5:39	892	661	0
1191	ALBERT MAS NICOLAU	LLoret DE MAR, --	MASCULI	28:47.0	29:47.5	5:46	893	1344	0
1192	NARCIS COMBIS COLOMER	BORRASSA, --	MASCULI	29:48.2	29:48.2	5:58	894	831	prorunners barcelona
1193	PAU COMBIS HURTOS	BORRASSA, --	MASCULI	28:46.5	29:49.1	5:46	895	832	prorunners barcelona
1194	ELENA PAU CARRERAS	GIRONA, --	FEMENI	28:35.1	29:49.4	5:44	299	1454	0
1195	RAQUEL ELIAS BRAMON	GIRONA, --	FEMENI	29:02.0	29:49.4	5:49	300	445	0
1196	ELISA JAMBERT PASCUAL	GIRONA, --	FEMENI	28:40.0	29:50.3	5:44	301	470	0
1197	DALFONS BUDO POCH	GIRONA, --	MASCULI	28:31.8	29:52.1	5:43	896	473	Independent
1198	LAURA LINDE FERRE	VILABLAREIX, --	FEMENI	28:32.7	29:52.2	5:43	302	1400	0
1199	YOLANDA BORRELL ORDONEZ	SARRIA DE TER, --	FEMENI	29:52.8	29:52.8	5:59	303	973	0
1200	XAVI XARGAYO FRIGOLA	GIRONA, --	MASCULI	29:40.1	29:53.2	5:57	897	631	TRIATLO GIRONA COSTA BRAVA
1201	MARIA SIMON ARBOLEAS	BONMATI, --	FEMENI	29:53.6	29:53.6	5:59	304	1493	0
1202	MARTA GONZALEZ SAEZ	ST GREGORI, --	FEMENI	29:53.9	29:53.9	5:59	305	959	0
1203	MARINA ARMENGOL I SIDERA	CANET D'ADRI, --	FEMENI	29:39.3	29:54.2	5:56	306	994	0
1204	LAURA AROCA SASTRE	CARDEDEU, --	FEMENI	29:54.2	29:54.2	5:59	307	502	INDEPENDENCIA
1205	LLUIS ALONSO TRIAS	GIRONA, --	MASCULI	29:55.1	29:55.1	6:00	898	136	C.A. GIRONA
1206	JOAQUIM VERDIELL BOTY	GIRONA, --	MASCULI	28:45.5	29:55.8	5:46	899	1559	0
1207	MIREIA VERDIELL BOTY	GIRONA, --	FEMENI	28:46.4	29:55.9	5:46	308	1560	0
1208	FERRAN TORRAS GERONES	CELRA, --	MASCULI	28:46.0	29:56.1	5:46	900	1071	0
1209	ANTONIO GARCIA MARTINEZ	BANYOLES, --	MASCULI	29:21.8	29:56.2	5:53	901	143	0
1210	JOSEP SERRA COLL	CELRA, --	MASCULI	28:48.8	29:56.8	5:46	902	1068	Ort
1211	FRANCISCO PALACIOS PUERTO	SALT, --	MASCULI	28:21.5	29:56.8	5:41	903	763	0
1212	PATRICIA PEREZ LOPEZ	GIRONA, --	FEMENI	29:57.9	29:57.9	6:00	309	1681	Where is the limit?
1213	MARIA ISABEL LOPEZ DELGADO	GIRONA, --	FEMENI	29:45.7	29:58.1	5:58	310	1686	0
1214	ROSER BODRO MARIMONT	GIRONA, --	FEMENI	29:12.3	29:58.4	5:51	311	1355	0
1215	JULIA JUVANTENY PALOMERAS	GIRONA, --	FEMENI	29:14.8	29:58.6	5:51	312	1228	0
1216	ELOI ARTAU CORTACANS	BARCELONA, --	MASCULI	29:00.6	29:59.0	5:49	904	937	-
1217	CARLA VILA MUNOZ	GIRONA, --	FEMENI	29:14.6	29:59.2	5:51	313	1386	0
1218	ALBA VILAJELIU BALAGUE	BARCELONA, --	FEMENI	29:02.3	29:59.4	5:49	314	936	-
1219	SUSANNA GARCIA MARCOS	GIRONA, --	FEMENI	29:07.1	30:00.0	5:50	315	252	Trankils
1220	DENIS MERCADAL	GIRONA, --	MASCULI	29:06.9	30:00.2	5:50	905	595	Trankils
1221	RAQUEL MASSAGUER PRATSEVALL	SANTA COLOMA DE FARNERS, --	FEMENI	29:48.7	30:00.6	5:58	316	696	0
1222	LAURA AMARGANT MASSA	RIUDARENES, --	FEMENI	29:49.0	30:00.9	5:58	317	466	0
1223	IRENE RIBAS CARRILLO	GIRONA, --	FEMENI	28:43.5	30:01.4	5:45	318	265	0
1224	VERONICA GARCIA MORENO	GIRONA, --	FEMENI	28:56.7	30:01.8	5:48	319	1266	0
1225	ANNA PIBERNAT RAJA	CASSA DE LA SELVA, --	FEMENI	29:15.7	30:02.2	5:52	320	1359	0
1226	NURIA SERRADESANFERM FABREGAS	GIRONA, --	FEMENI	29:15.7	30:02.4	5:52	321	1354	0
1227	JOSEP MASDEVALL PAGES	BANYOLES, --	MASCULI	29:05.2	30:02.8	5:50	906	1498	CE BANYOLES
1228	SUSANA RUDA GONZALEZ	GIRONA, --	FEMENI	29:50.9	30:03.5	5:59	322	407	0
1229	MARC MASO VARES	GIRONA, --	MASCULI	29:50.4	30:03.9	5:59	907	162	0
1230	EDGAR BARCELO LLANES	SANT GREGORI, --	MASCULI	28:31.6	30:04.8	5:43	908	791	0
1231	ELISABET FALGUERAS XARBAU	VIDRERES, --	FEMENI	28:57.7	30:06.4	5:48	323	1002	0
1232	ENRIC FANALS VILA	GIRONA, --	MASCULI	28:54.6	30:08.9	5:47	909	1650	0
1233	RAQUEL REYNER VINOLAS	CELRA, --	FEMENI	29:11.8	30:09.4	5:51	324	987	ALIGOTS
1234	NURIA CASTELLS ROJAS	GIRONA, --	FEMENI	29:13.8	30:09.7	5:51	325	1243	0
1235	JOAN TRAVE CASELLAS	GIRONA, --	MASCULI	29:13.3	30:09.7	5:51	910	1244	0
1236	ALBERT FALGUERAS XARBAU	VIDRERES, --	MASCULI	29:00.7	30:10.1	5:49	911	1003	0
1237	ANGELS VINOLAS SEGARRA	CELRA, --	FEMENI	29:12.6	30:10.4	5:51	326	988	ALIGOTS
1238	EVA GARCIA SOBRAPERERA	BANYOLES, --	FEMENI	29:16.6	30:12.2	5:52	327	1499	CE BANYOLES
1239	ROBERT SOTERAS MARQUES	GIRONA, --	MASCULI	28:33.8	30:13.3	5:43	912	1474	0
1240	DAVID DE MONTSERRAT I NONO	GIRONA, --	MASCULI	28:38.7	30:15.7	5:44	913	618	0
1241	ANNA BONET COSTA	GIRONA, --	FEMENI	28:38.0	30:15.7	5:44	328	623	0
1242	EDUARD FORNELLS PAGES	VIDRERES, --	MASCULI	28:54.2	30:16.6	5:47	914	956	0
1243	JOANA MORATO NOGUER	ROSES, --	FEMENI	30:00.9	30:19.4	6:01	329	202	0
1244	PAULI RIBES MACIA	GIRONA, --	MASCULI	30:20.5	30:20.5	6:05	915	721	0
1245	JOAN BRUNET	GIRONA, --	MASCULI	29:04.6	30:20.9	5:49	916	719	0
1246	SERGI CRISTIN MARTINEZ	GIRONA, --	MASCULI	29:13.8	30:21.3	5:51	917	1356	independent
1247	FRANCESC MURCIA PROHIAS	GIRONA, --	MASCULI	30:21.7	30:21.7	6:05	918	879	0
1248	CRISTINA PIBERNAT TORNABELL	GIRONA, --	FEMENI	30:22.1	30:22.1	6:05	330	877	0
1249	SERGI ORDUNA FERNANDEZ	GIRONA, --	MASCULI	30:23.1	30:23.1	6:05	919	1513	Som del Verd
1250	XEVI SENS JANE	GIRONA, --	MASCULI	29:17.5	30:23.8	5:52	920	1357	independent
1251	SONIA PUNSET PONT	GIRONA, --	FEMENI	29:52.8	30:24.0	5:59	331	747	0
1252	FERRAN CORDON GRANADOS	GIRONA, --	MASCULI	28:55.2	30:24.1	5:48	921	1248	0
1253	MONTSE VILA LLAGOSTERA	GIRONA, --	FEMENI	28:55.8	30:24.4	5:48	332	1249	0
1254	PATRICIA LIBERAL AGUADO	GIRONA, --	FEMENI	29:07.3	30:24.8	5:50	333	270	0
1255	ALBERT TERUEL	GIRONA, --	MASCULI	30:25.6	30:25.6	6:06	922	68	C.A. GIRONA
1256	NOELIA VILA PANEQUE	SALT, --	FEMENI	28:55.0	30:27.1	5:47	334	621	0
1257	ESTER TABERNER BRUGUE	FORNELLS DE LA SELVA, --	FEMENI	29:07.7	30:27.2	5:50	335	220	0
1258	MIQUEL VILAR ALMEDA	SALT, --	MASCULI	28:55.5	30:27.4	5:48	923	620	0
1259	DAVID TRIAS TORRENT	SALT, --	MASCULI	28:54.3	30:27.6	5:47	924	1035	0
1260	LAIA AYMERICH ROURA	SARRIA DE TER, --	FEMENI	30:25.2	30:27.8	6:06	336	1201	0
1261	JORDI AYMERICH GABARRON	SARRIA DE TER, --	MASCULI	30:24.7	30:28.1	6:05	925	1202	0
1262	NURIA SANCHEZ TOLEDO	VILABLAREIX, --	FEMENI	30:28.7	30:28.7	6:06	337	868	0
1263	DOLORS PICART SOLER	GIRONA, --	FEMENI	28:51.5	30:28.8	5:47	338	1441	0
1264	MARIA RODRIGUEZ SEGURA	SANT JULIA DE RAMIS, --	FEMENI	30:30.7	30:30.7	6:07	339	1531	0
1265	GUILLEM CASSU CANTIN	BORDILS, --	MASCULI	29:49.3	30:31.0	5:58	926	1698	0

1266	CRISTINA TORAL OLMO	GIRONA, --	FEMENI	30:31.2	30:31.2	6:07	340	1596	0
1267	ESTHER SESE SALAMANA	VIDRERES, --	FEMENI	30:31.6	30:31.6	6:07	341	1640	bikila girona
1268	MONICA CANTIN RUIZ	BORDILS, --	FEMENI	29:50.1	30:32.1	5:59	342	1695	0
1269	JAMES MORGAN	FORNELLS DE LA SELVA, --	MASCULI	29:29.2	30:32.2	5:54	927	1272	0
1270	PAU ARCEGA MASDEVALL	BANYOLES, --	MASCULI	29:36.4	30:32.6	5:56	928	318	0
1271	XAVIER ARANJUELO ESEVERRI	QUART, --	MASCULI	29:24.0	30:33.4	5:53	929	638	MENJACAMINS
1272	EDUARD NIERGA CARREIRO	PORQUERES, --	MASCULI	29:05.3	30:35.5	5:50	930	798	0
1273	XONI MATA MOLINET	SANT GREGORI, --	FEMENI	29:03.8	30:37.0	5:49	343	792	0
1274	EMMA DESMARTHON	LUGRIN, --	FEMENI	29:31.3	30:37.1	5:55	344	607	0
1275	MARC MASSO CANTERO	SARRIA DE TER, --	MASCULI	28:44.7	30:37.6	5:45	931	557	0
1276	PABLO CLAVERIA	GIRONA, --	MASCULI	29:32.0	30:37.7	5:55	932	704	0
1277	CATHERINA CALAFAT SILVA	GIRONA, --	FEMENI	28:57.6	30:38.7	5:48	345	703	0
1278	MONTSE SERRA NADAL	GIRONA, --	FEMENI	30:28.6	30:38.8	6:06	346	291	0
1279	GERARD CID JULIA	GIRONA, --	MASCULI	30:10.3	30:40.2	6:03	933	1241	0
1280	PERE VILAR PONT	GIRONA, --	MASCULI	30:11.2	30:40.2	6:03	934	688	0
1281	SERGIO LUQUE MOLINA	GIRONA, --	MASCULI	29:45.3	30:40.6	5:58	935	1329	0
1282	GLORIA TRIAS	GIRONA, --	FEMENI	30:41.1	30:41.1	6:09	347	1185	0
1283	MARCELA ALEJANDRA MENDOZA SUAREZ	CIUDAD JUAREZ, --	FEMENI	29:40.1	30:42.0	5:57	348	915	0
1284	FRANCESC PRAT VICENS	MATA-PORQUERES, --	MASCULI	28:51.6	30:43.6	5:47	936	217	Club Natació Banyoles
1285	ALBERT CORTADA MARQUES	SALT, --	MASCULI	30:44.3	30:44.3	6:09	937	659	0
1286	BERNAT PERO TORRENT	PLATJA ARO, --	MASCULI	29:05.2	30:44.4	5:50	938	1426	0
1287	ANNA BAYES FOREST	SALT, --	FEMENI	29:05.5	30:44.9	5:50	349	976	0
1288	MONTSERRAT NAVARRO VILAR	GIRONA, --	FEMENI	30:46.3	30:46.3	6:10	350	1088	0
1289	DANIEL RAMIREZ PEDRAZA	GIRONA, --	MASCULI	29:20.9	30:46.7	5:53	939	1497	0
1290	ESTHER TORRENT CARRERAS	SARRIA DE TER, --	FEMENI	29:53.1	30:47.4	5:59	351	869	0
1291	FATIMA XICOIRA SALA	SARRIA DE TER, --	FEMENI	30:48.3	30:48.3	6:10	352	853	0
1292	VERONICA MARTINOY GUERRERO	GIRONA, --	FEMENI	30:48.3	30:48.3	6:10	353	1261	0
1293	TONI MOLON ROS	GIRONA, --	MASCULI	29:09.8	30:48.5	5:50	940	1444	0
1294	EDUARD AYMERICH ROURA	SARRIA DE TER, --	MASCULI	30:45.8	30:48.7	6:10	941	610	0
1295	BELEN VIVAS GARCIA	SARRIA DE TER, --	FEMENI	30:46.3	30:48.8	6:10	354	611	0
1296	IGNASI ROURA PUJOL	MEDINYA, --	MASCULI	29:17.6	30:50.1	5:52	942	806	AE MedinyA
1297	GEMMA BOSCH CAMOS	GIRONA, --	FEMENI	30:50.1	30:50.1	6:11	355	255	0
1298	GEMMA SIMON MILLAN	SARRIA DE TER, --	FEMENI	28:59.4	30:50.3	5:48	356	906	0
1299	MERCE CABREIRO PARADELO	MEDINYA, --	FEMENI	29:17.7	30:51.0	5:52	357	807	AE MedinyA
1300	XANTAL BOSCH TALLANT	CASSA DE LA SELVA, --	FEMENI	29:58.5	30:51.2	6:00	358	154	0
1301	ISABEL VILA TARRUELLA	GIRONA, --	FEMENI	29:52.2	30:51.7	5:59	359	1477	0
1302	ALBERT BUSQUETS FONT	GIRONA, --	MASCULI	29:52.0	30:52.0	5:59	943	1479	0
1303	HELENA MONTIEL	GIRONA, --	FEMENI	29:35.3	30:53.7	5:56	360	1129	0
1304	BERTA CORNELLA PI	GIRONA, --	FEMENI	29:29.9	30:54.2	5:54	361	1218	0
1305	MARIA MICHAEL HERNANDEZ	LES PLANES D'HOSTOLES, --	FEMENI	29:53.4	30:54.3	5:59	362	828	0
1306	LAURA MOREIRA SANTOMERA	MONTJUIC, --	FEMENI	29:59.8	30:54.5	6:00	363	1670	0
1307	JESUS PASTOR MANSO	GIRONA, --	MASCULI	29:54.2	30:54.7	5:59	944	838	0
1308	LAIA FARRÉS SERINYA	GIRONA, --	FEMENI	29:30.9	30:54.9	5:55	364	911	0
1309	CELIA SERRA GARCIA	GIRONA, --	FEMENI	29:31.8	30:55.1	5:55	365	505	0
1310	EDUARD SERRA GARCIA	MACANET DE LA SELVA, --	MASCULI	29:34.1	30:55.4	5:55	945	910	0
1311	DANI ROMAGUERA DE GIL	GIRONA, --	MASCULI	29:32.6	30:55.5	5:55	946	506	0
1312	MARTA MINISTRAL JAMBERT	GIRONA, --	FEMENI	29:45.2	30:56.4	5:58	366	1187	0
1313	MEI CALM PUIG	GIRONA, --	FEMENI	29:19.2	30:58.1	5:52	367	1297	0
1314	MARIA DOLORS COLLELL OLIVET	SARRIA DE TER, --	FEMENI	29:58.9	30:58.1	6:00	368	524	0
1315	MIQUEL SURROCA I VILA	MATA - PORQUERES, --	MASCULI	29:40.6	30:58.9	5:57	947	1019	0
1316	JAUME SURROCA I ESTANOL	MATA - PORQUERES, --	MASCULI	29:40.7	30:59.2	5:57	948	1018	0
1317	ISABEL PESIN	Unknown	FEMENI	30:59.9	30:59.9	6:12	369	2	0
1318	GUILLEM PEREZ CHERTO	ESCALA, --	MASCULI	29:33.9	31:01.1	5:55	949	769	L'ESCALA-EMPURIES FLAMA 91
1319	JORDI FALGAS PACHON	ESCALA, --	MASCULI	29:32.2	31:01.3	5:55	950	771	L'ESCALA-EMPURIES FLAMA 91
1320	JOSEP GELI MARTI	ESCALA, --	MASCULI	29:32.5	31:01.5	5:55	951	1412	Flama92
1321	RICARD BECHDEJU FERNANDEZ	CELRA, --	MASCULI	29:51.1	31:02.0	5:59	952	1652	0
1322	ISMAEL ROMERO EGEEA	QUART, --	MASCULI	30:27.1	31:02.6	6:06	953	1594	0
1323	ELENA SANCHEZ LUIS	GIRONA, --	FEMENI	30:26.9	31:03.2	6:06	370	1593	0
1324	JUDIT PUJJA JUANDO	BESCANO, --	FEMENI	29:21.0	31:03.5	5:53	371	1658	Lliure
1325	BERTA ROVIRA PUJJA	BESCANO, --	FEMENI	29:20.3	31:03.7	5:53	372	1660	Lliure
1326	SONIA IBORRA GIRO	GIRONA, --	FEMENI	30:03.5	31:04.8	6:01	373	1430	0
1327	JOAN LLORENS COLOMER	BANYOLES, --	MASCULI	30:03.4	31:05.1	6:01	954	1429	0
1328	TONI PARAROLS MARTINEZ	GIRONA, --	MASCULI	30:33.5	31:05.4	6:07	955	1439	0
1329	CARME SABATES	GIRONA, --	FEMENI	30:03.5	31:05.5	6:01	374	1432	0
1330	FRANCESC ESPIGULE ESPUNA	GIRONA, --	MASCULI	31:06.6	31:06.6	6:14	956	139	C.A. GIRONA
1331	CATI BACH BELLAPART	GIRONA, --	FEMENI	31:07.2	31:07.2	6:14	375	95	C.A. GIRONA
1332	SEBASTIAN COLON BENITEZ	GIRONA, --	MASCULI	31:11.7	31:11.7	6:15	957	1082	0
1333	PALOMA AMIL	CASTELDEFELS, --	FEMENI	30:19.9	31:12.4	6:04	376	229	0
1334	FRANCESC MORILLA	CASTELDEFELS, --	MASCULI	30:19.7	31:12.5	6:04	958	230	0
1335	RAMON PALAU	CASTELDEFELS, --	MASCULI	30:21.2	31:12.7	6:05	959	227	0
1336	MANDY SCHREIBER	CASTELDEFELS, --	FEMENI	30:21.4	31:12.8	6:05	377	228	0
1337	MAR SALA GISPERT	FORALLAC, --	FEMENI	29:57.1	31:13.8	6:00	378	512	0
1338	ELOI GARCIA RUIZ	GIRONA, --	MASCULI	30:01.7	31:14.3	6:01	960	1006	0
1339	DEVANIRA ASTUDILLO	GIRONA, --	FEMENI	30:32.0	31:14.8	6:07	379	304	0
1340	LLUIS BORRELL DOLS	GIRONA, --	MASCULI	31:15.8	31:15.8	6:16	961	1083	0
1341	ADRIA BORRELL GODINA	GIRONA, --	MASCULI	31:16.1	31:16.1	6:16	962	1085	0
1342	QUIM CIURANA	GIRONA, --	MASCULI	29:27.1	31:17.0	5:54	963	1127	0
1343	INCA CIURANA	GIRONA, --	FEMENI	29:27.7	31:17.2	5:54	380	1124	0
1343	SILVIA JIMENEZ BOIX	SANT FELIU PALLAROLS, --	FEMENI	31:17.2	31:17.2	6:16	380	699	Esquelles
1345	MONICA COLOMER RABIONET	EL PASTERAL, --	FEMENI	31:17.4	31:17.4	6:16	382	698	0
1346	FINA INIESTA TAPIA	GIRONA, --	FEMENI	29:47.9	31:17.5	5:58	383	293	TR-running Esports Parra
1347	JOSEP MANEL GARCIA FERNANDEZ	GIRONA, --	MASCULI	30:09.1	31:22.0	6:02	964	1005	0
1348	MANEL CAPARROS RAMOS	GIRONA, --	MASCULI	30:57.5	31:23.1	6:12	965	140	C.A. GIRONA
1349	CRISTINA CARRERAS BELLERA	GIRONA, --	FEMENI	30:51.9	31:24.0	6:11	384	1575	0
1350	JOSEP GUARDIOLA VINOLAS	SANT GREGORI, --	MASCULI	30:04.2	31:26.7	6:01	966	1312	independent
1351	PAULA SOLA TURON	GIRONA, --	FEMENI	30:17.0	31:27.5	6:04	385	632	0
1352	SUSNA CORS SANZ	SARRIA DE TER, --	FEMENI	30:04.5	31:29.1	6:01	386	320	0
1353	DOLORS PUIG MOLAS	FORNELLS DE LA SELVA, --	FEMENI	31:30.1	31:30.1	6:19	387	949	0
1354	MARTA ALBERNI GINABREDA	MATA, --	FEMENI	31:30.3	31:30.3	6:19	388	947	0
1355	ESTHER LORENZO MARTINEZ	QUART, --	FEMENI	29:54.8	31:36.3	5:59	389	1486	0
1356	EDUARD NONO ORTEGA	TAIALA, --	MASCULI	29:47.5	31:38.0	5:58	967	589	0
1357	XAVIER PEREZ FITA	GIRONA, --	MASCULI	30:03.1	31:39.3	6:01	968	733	0
1358	JOAN ESTERAS CAZORLA	VILABRAREIX, --	MASCULI	31:41.1	31:41.1	6:21	969	992	0
1359	ROSOR SEGURA I CASADEVALL	GIRONA, --	FEMENI	30:41.8	31:43.6	6:09	390	967	0
1360	CARME MASMITJA BOSCH	GIRONA, --	FEMENI	31:46.4	31:46.4	6:22	391	1391	0
1361	GERARD MONTILA PLANAS	GIRONA, --	MASCULI	31:46.5	31:46.5	6:22	970	1390	0
1362	CARLES VILA MULLERAS	GIRONA, --	MASCULI	31:46.6	31:46.6	6:22	971	805	0
1363	MARTA TORRES BAHÍ	CELRA, --	FEMENI	31:06.1	31:49.8	6:14	392	1373	0
1364	MONTSE MARTI PRUNELL	CELRA, --	FEMENI	31:05.9	31:50.0	6:14	393	1371	0
1365	PAU VAQUERO BERNABE	GIRONA, --	MASCULI	30:47.9	31:51.2	6:10	972	1473	0
1366	ALEJANDRO GARCIA SANTAMARIA	GIRONA, --	MASCULI	30:48.2	31:51.8	6:10	973	1247	0
1367	DANIEL MEDINA SERRA	VILÓBI ONYAR, --	MASCULI	30:10.4	31:52.4	6:03	974	893	Fundació Mona
1368	TERESA SAUQUET CISA	LLORET DE MAR, --	FEMENI	30:13.4	31:54.1	6:03	394	925	Fundació MONA
1369	MIQUEL LLORENTE ESPINO	GIRONA, --	MASCULI	30:12.8	31:54.5	6:03	975	894	Fundació Mona
1370	CRISTINA LLOVET RIBAS	GIRONA, --	FEMENI	31:16.1	31:54.9	6:16	395	1573	0
1371	AINA AMER AROCA	CARDEDEU, --	FEMENI	31:55.7	31:55.7	6:24	396	503	INDEPENDENCIA

1372	STEPHAN ANAGNOST	ACCRA, --	MASCULI	30:10.8	31:56.1	6:03	976	353	0
1373	JORDI AMER MONTESINOS	CARDEDEU, --	MASCULI	31:44.0	31:56.2	6:21	977	498	INDEPENDENCIA
1374	JUDIT MAURICI DILME	SANT GREGORI, --	FEMENI	31:23.7	31:57.0	6:17	397	772	club muntanya sarria
1375	ALBERT GARCIA CASTELLO	SANT GREGORI, --	MASCULI	30:28.0	31:58.4	6:06	978	1111	0
1376	LAIÀ MARTIN BURGUES	GIRONA, --	FEMENI	30:51.0	32:00.9	6:11	398	453	0
1377	JUDITH FELIP BAHÍ	GIRONA, --	FEMENI	30:50.4	32:01.2	6:11	399	336	0
1378	ALBERT SENENT VILA	CELRA, --	MASCULI	30:26.2	32:01.8	6:06	979	649	Wolves SarriA de Ter
1379	LOURDES GELADA ASTOR	SARRIA DE TER, --	FEMENI	30:26.9	32:01.9	6:06	400	650	0
1380	SILVIA MASCAROS CANES	SARRIA DE TER, --	FEMENI	30:27.0	32:02.0	6:06	401	820	0
1380	JOSEP MARIA VILADOMAT FUSELLAS	SARRIA DE TER, --	MASCULI	30:26.4	32:02.0	6:06	980	819	0
1382	NOHA MARTINEZ RODRIGO	SALT, --	FEMENI	30:59.4	32:03.5	6:12	402	825	0
1383	SANDRA VINAS COMAMALA	ALBONS, --	FEMENI	30:47.3	32:03.8	6:10	403	1331	0
1384	MA DOLORS GARCIA ALCALA	GIRONA, --	FEMENI	31:11.4	32:04.1	6:15	404	463	0
1385	ELISABET TUBERT LLENSA	GIRONA, --	FEMENI	31:29.1	32:04.3	6:18	405	1290	0
1386	MERCE MARQUES MAS	GIRONA, --	FEMENI	31:29.1	32:04.5	6:18	406	628	0
1387	JORDI SANCHEZ ESCUE	GIRONA, --	MASCULI	30:51.0	32:04.7	6:11	981	191	0
1388	GEMMA COLLADO TORRENS	VILLOBI ONYAR, --	FEMENI	32:05.1	32:05.1	6:26	407	1314	0
1389	PAVEL MEZIRKA	BASEL, --	MASCULI	30:27.6	32:06.6	6:06	982	1481	0
1390	EDUARDO TRIPIANA HURTADO	CASTELLON, --	MASCULI	30:28.6	32:07.0	6:06	983	1480	0
1391	RAMON LLORENS COMERMA	QUART, --	MASCULI	30:59.0	32:07.7	6:12	984	1705	0
1392	BORJA CASTEJON CONTRERAS	MADRID, --	MASCULI	30:29.8	32:07.9	6:06	985	1482	0
1393	ANGELS LUCENA IBANEZ	RIDELLOTS DE LA SELVA, --	FEMENI	30:29.9	32:09.9	6:06	408	241	FundaciO Mona
1394	PILAR SANCHEZ JIMENEZ	VILAFANT, --	FEMENI	30:30.3	32:10.2	6:07	409	429	0
1395	FRANCESC RABIONET RICH	QUART, --	MASCULI	32:11.5	32:11.5	6:27	986	275	Independent
1396	MARIA DEL CARMEN LEAL CRUZ	GIRONA, --	FEMENI	32:12.0	32:12.0	6:27	410	539	0
1397	SILVIA PELLICER CALVET	GIRONA, --	FEMENI	30:49.8	32:12.0	6:10	411	309	0
1398	GEMMA FERNANDEZ PLANAS	GIRONA, --	FEMENI	30:47.7	32:12.7	6:10	412	1186	-
1399	SONIA BUSQUETS	VILLOBI ONYAR, --	FEMENI	30:47.2	32:12.8	6:10	413	1180	0
1399	CRISTINA SAVALLS BRULL	GIRONA, --	FEMENI	30:46.7	32:12.8	6:10	413	1204	0
1401	CARME TRAVE BOSCHDEMONT	GIRONA, --	FEMENI	31:15.5	32:13.8	6:16	415	1617	0
1402	JORGE RODRIGUEZ	GIRONA, --	MASCULI	32:07.5	32:14.3	6:26	987	239	0
1403	MARYCIELO GIRON	GIRONA, --	FEMENI	32:07.1	32:14.6	6:26	416	238	0
1404	JORDI NIERGA SOLA	PORQUERES, --	MASCULI	30:48.0	32:18.4	6:10	988	800	0
1405	ANDREA SOLER CASTRO	GIRONA, --	FEMENI	31:16.2	32:19.9	6:16	417	1326	0
1406	NACHO ARCEGA SAINZ	BANYOLES, --	MASCULI	31:22.9	32:19.9	6:17	989	315	0
1407	ALBA SEGARRA ARCEGA	SANT JULIA DE RAMIS, --	FEMENI	31:23.8	32:20.0	6:17	418	210	0
1408	JOSE RAMON ARTETA VICO	ALGETE, --	MASCULI	30:52.9	32:21.3	6:11	990	546	0
1409	MARTA FERNANDEZ DE LA LLAMA	ALGETE, --	FEMENI	30:53.7	32:21.4	6:11	419	544	0
1410	JORDI ACEDO ROMERO	MEDINYA, --	MASCULI	30:35.4	32:21.7	6:08	991	1369	0
1411	PERE PLANS SALAMANA	SANTA COLOMA DE FARNERS, --	MASCULI	31:09.5	32:22.9	6:14	992	812	0
1412	YERAY AGUILERA SANCHEZ	SALT, --	MASCULI	31:44.4	32:23.0	6:21	993	836	0
1413	OSCAR POKUSA BARCENA	SANT JULIA DE RAMIS, --	MASCULI	30:52.4	32:23.4	6:11	994	1583	0
1414	FRANCISCO AGUILERA OCANA	SALT, --	MASCULI	31:45.2	32:23.8	6:22	995	839	0
1415	AGUSTIN LUJAN ROSA	GIRONA, --	MASCULI	30:37.8	32:24.0	6:08	996	1381	Judo-girona
1416	ELISABEL JAVIER SORIA	GIRONA, --	FEMENI	31:06.2	32:24.6	6:14	420	299	0
1417	MARTA MORETA RUIZ	GIRONA, --	FEMENI	31:02.6	32:24.6	6:13	421	192	0
1418	ALBA SOLES CASTILLON	VULPELLAC, --	FEMENI	30:28.1	32:24.7	6:06	422	780	0
1419	DAVID CUFÍ VERDU	SARRIA DE TER, --	MASCULI	31:02.2	32:24.9	6:13	997	194	0
1420	MAITE FLORES PINERO	LA BISBAL EMPORDA, --	FEMENI	32:25.0	32:25.0	6:30	423	781	0
1421	JOSE SERNA RICA	CASTELLANO ARO, --	MASCULI	31:17.3	32:25.4	6:16	998	1389	0
1422	CARLA CANALS BATLLE	GIRONA, --	FEMENI	31:07.8	32:25.5	6:14	424	40	CESET
1423	JOAN MORALES GARCIA	SARRIA DE TER, --	MASCULI	30:37.7	32:26.1	6:08	999	456	0
1424	IRENE COLL RISCO	GIRONA, --	FEMENI	32:26.7	32:26.7	6:30	425	609	0
1425	MARGA RISCO RODRIGUEZ	GIRONA, --	FEMENI	31:05.8	32:26.9	6:14	426	608	0
1426	FELIP COSTA JUNA	GIRONA, --	MASCULI	31:05.7	32:29.5	6:14	1000	1200	0
1427	NURIA RAMIS FONTARNAU	GIRONA, --	FEMENI	31:04.9	32:29.7	6:13	427	1199	0
1428	GEMMA OLIVET AULET	PALAU SAVERDERA, --	FEMENI	32:29.8	32:29.8	6:30	428	457	0
1429	SILVIA SUNER MANERA	PALAU SAVERDERA, --	FEMENI	30:41.8	32:30.1	6:09	429	686	intrekkids
1430	GEMMA VILA BRUNSO	GIRONA, --	FEMENI	31:16.3	32:31.4	6:16	430	451	Penya Bons Aires
1431	MONTSE FONT ESPUNA	SARRIA DE TER, --	FEMENI	32:33.3	32:33.3	6:31	431	1619	0
1432	NURIA DIAZ GARCIA	SARRIA DE TER, --	FEMENI	32:14.2	32:34.0	6:27	432	1621	0
1433	CARLES SAGRERA JIMENEZ	GIRONA, --	MASCULI	30:59.4	32:35.5	6:12	1001	1229	0
1434	LORENA MOLINERO RUBIO	SARRIA DE TER, --	FEMENI	31:02.5	32:35.7	6:13	433	612	0
1435	ELISABET ANAIS VILANOVA REYES	GIRONA, --	FEMENI	30:59.8	32:35.8	6:12	434	1230	0
1436	ALBA TURRO BRUGUERA	ESCALA, --	FEMENI	31:37.9	32:37.7	6:20	435	397	0
1437	CLAUDIA CHAVEZ GARCIA	GIRONA, --	FEMENI	31:37.9	32:38.0	6:20	436	399	0
1438	JORDINA RIBAS PICAZO	GIRONA, --	FEMENI	31:14.5	32:39.9	6:15	437	1097	0
1439	EVA VILA MARCE	GIRONA, --	FEMENI	31:22.8	32:41.8	6:17	438	1699	tr running
1440	SUSANNA MARTI PRUNELL	GIRONA, --	FEMENI	32:41.9	32:41.9	6:33	439	1509	0
1441	DAVID GELADA BOSACOMA	SANT GREGORI, --	MASCULI	31:22.5	32:42.4	6:17	1002	1507	0
1442	MARISOL BELTRAN BRUNET	GIRONA, --	FEMENI	31:15.9	32:43.4	6:16	440	592	0
1443	ENARA BELERDAS	GIRONA, --	FEMENI	31:41.3	32:44.3	6:21	441	801	0
1444	DIANA NORIEGO MUNOZ	GIRONA, --	FEMENI	31:41.9	32:44.6	6:21	442	841	0
1445	ESTER BASEIRIA MARTI	GIRONA, --	FEMENI	32:11.6	32:45.1	6:27	443	1599	Xuies
1446	ANTONIO LOPEZ RODRIGUEZ	GIRONA, --	MASCULI	31:55.7	32:49.0	6:24	1003	36	CESET
1447	VALESKA IBETT ORTIZ LOPEZ	SALT, --	FEMENI	31:13.9	32:50.2	6:15	444	762	0
1448	PILAR CASTILLO SALINAS	GIRONA, --	FEMENI	31:51.4	32:51.5	6:23	445	1552	0
1449	TOMAS MARCOS ANGELATS	GIRONA, --	MASCULI	31:51.1	32:52.0	6:23	1004	1550	0
1450	MONTSE BADIA OLIVA	ORRIOLS, --	FEMENI	31:25.0	32:52.6	6:18	446	1099	0
1451	ROSER BATLLE VIDAL	CALDES DE MALAVELLA, --	FEMENI	31:24.8	32:54.3	6:17	447	1207	0
1452	ANGIE RIBOT TRIOLA	SALT, --	FEMENI	31:56.8	32:58.7	6:24	448	847	0
1453	LIDIA VALENTI SERRA	SALT, --	FEMENI	31:55.7	32:58.9	6:24	449	842	0
1454	MARC MULLER TERMENS	GIRONA, --	MASCULI	31:06.1	33:01.1	6:14	1005	1050	0
1455	BENEDIKT MULLER	GIRONA, --	MASCULI	31:05.9	33:01.6	6:14	1006	1051	0
1456	JULIA GIRO VAL	ORRIOLS, --	FEMENI	31:37.3	33:05.9	6:20	450	1147	0
1457	ELENA MASO	GIRONA, --	FEMENI	31:39.3	33:06.6	6:20	451	681	0
1458	CRISTINA BORRELL CONDOM	GIRONA, --	FEMENI	31:39.7	33:06.6	6:20	452	740	0
1459	NEUS MASO	GIRONA, --	FEMENI	31:39.2	33:06.6	6:20	453	682	0
1460	GEMMA URREA CLOS	GIRONA, --	FEMENI	31:56.8	33:07.4	6:24	454	1172	0
1461	ELENA CARDUS GOMEZ	GIRONA, --	FEMENI	31:56.3	33:07.4	6:24	455	240	0
1462	IRIS CROUS COSTA	GIRONA, --	FEMENI	31:56.5	33:07.7	6:24	456	250	-
1463	JUDIT COMPANY MINOBIS	GIRONA, --	FEMENI	31:57.4	33:08.0	6:24	457	232	0
1464	JOSEP TORRABADILLA DAMUNS	GIRONA, --	MASCULI	32:21.0	33:11.6	6:29	1007	680	0
1465	ESTHER ORTIZ MORENO	GIRONA, --	FEMENI	31:48.8	33:19.4	6:22	458	357	0
1466	SALVADOR FARRÉS MORATA	GIRONA, --	MASCULI	31:57.5	33:21.7	6:24	1008	364	0
1467	ENCARNACIO SERINYA GIRONES	GIRONA, --	FEMENI	33:22.6	33:22.6	6:41	459	365	0
1468	CAROLINA VEGA SANCHEZ	GIRONA, --	FEMENI	31:39.6	33:22.6	6:20	460	1396	0
1469	JOAN JULIA PELACH	ANGLES, --	MASCULI	31:58.2	33:23.3	6:24	1009	1657	TIRANOSAURUS
1470	GERARD RABUJENT CASTANYE	ANGLES, --	MASCULI	31:55.6	33:23.4	6:24	1010	1378	Tiranosaurus
1471	ALBERT PARRAMON MASO	ANGLES, --	MASCULI	31:57.7	33:23.5	6:24	1011	1379	Tiranosaurus
1472	ADRIA PEREZ MICO	LA CELLERA DE TER, --	MASCULI	33:23.7	33:23.7	6:41	1012	1419	Tiranosaurus
1473	XAVIER DROCH SIRVENT	ANGLES, --	MASCULI	31:58.7	33:23.8	6:24	1013	1664	TIRANOSAURUS
1474	JORDI GUELLE MARTI	ANGLES, --	MASCULI	31:58.1	33:23.9	6:24	1014	1668	TIRANOSAURUS
1475	RAUL FELIU PELACH	SANT MARTI SAPRESA, --	MASCULI	31:57.5	33:24.0	6:24	1015	1661	TIRANOSAURUS
1476	JUDIT MASLLORENS LLINAS	RIUDELLOTS DE LA SELVA, --	FEMENI	32:26.9	33:27.0	6:30	461	745	0
1477	JULIA SIEGERT GOMEZ-CAMACHO	GIRONA, --	FEMENI	32:27.2	33:27.2	6:30	462	744	0

1478	MARIANO TREBINO LOPEZ	GIRONA, --	MASCULI	32:57.1	33:27.5	6:36	1016	1641	0
1479	MARTA HERRERA RODRIGUEZ	GIRONA, --	FEMENI	32:57.9	33:27.9	6:36	463	1638	0
1480	INGRID FORNELLS HOMS	VIDRERES, --	FEMENI	32:06.4	33:28.8	6:26	464	955	0
1481	ESTER BESALU	SARRIA DE TER, --	FEMENI	32:07.7	33:28.9	6:26	465	954	0
1482	LUCIANA DEDICH	SARRIA DE TER, --	FEMENI	33:32.5	33:32.5	6:43	466	1585	0
1483	JOSEP RAMOS MARQUEZ	GIRONA, --	MASCULI	33:40.7	33:40.7	6:45	1017	27	CESET
1484	ALEX CARRASCAL RAMOS	GIRONA, --	MASCULI	32:50.5	33:41.4	6:35	1018	26	CESET
1485	CLAUDIA CARRERAS LAFITA	GIRONA, --	FEMENI	33:46.5	33:46.5	6:46	467	756	0
1486	RICARDO CARRERAS CONTE	GIRONA, --	MASCULI	33:47.4	33:47.4	6:46	1019	754	0
1487	SANTIAGO CERVERA ECHEVERRIA	GIRONA, --	MASCULI	32:30.1	33:48.2	6:31	1020	298	0
1488	LYDIA PEREZ SANCHEZ	GIRONA, --	FEMENI	32:29.4	33:48.4	6:30	468	269	Penya Bons Aires
1489	JOSE BOLANCE	QUART, --	MASCULI	32:21.9	33:48.5	6:29	1021	1047	0
1490	NIL QUINTANA LOPEZ	SARRIA DE TER, --	MASCULI	33:51.6	33:51.6	6:47	1022	332	0
1491	TONI QUINTANA JIMENEZ	SARRIA DE TER, --	MASCULI	31:32.5	33:52.4	6:19	1023	330	0
1492	FERRAN VINAS JURADO	GIRONA, --	MASCULI	32:28.9	33:54.9	6:30	1024	1101	0
1493	IRENE MONGUILOD VINAS	GIRONA, --	FEMENI	32:32.6	33:58.2	6:31	469	1631	0
1494	DANIEL MASSAGUER ROSES	ARBUCIES, --	MASCULI	32:31.2	34:02.6	6:31	1025	1325	0
1495	MARTA JULIA FONTANE	GIRONA, --	FEMENI	32:32.1	34:02.8	6:31	470	746	0
1496	MANEL CID GOMEZ	GIRONA, --	MASCULI	32:31.1	34:03.0	6:31	1026	1240	0
1497	ALEX MULLER TERMENS	GIRONA, --	MASCULI	32:31.8	34:05.8	6:31	1027	1054	0
1498	ANNA GIBERT SAU	GIRONA, --	FEMENI	34:07.6	34:07.6	6:50	471	243	0
1499	MONTSE MARTIN ARIZA	SALT, --	FEMENI	32:34.8	34:10.0	6:31	472	986	0
1500	AURELI ORIOL SEGURA	GIRONA, --	MASCULI	32:49.6	34:13.0	6:34	1028	1100	INDEPENDENT
1501	HELENA UNAL VILLANUEVA	GIRONA, --	FEMENI	33:39.9	34:16.6	6:44	473	1222	0
1502	ROBERTO SUAREZ LOPEZ	MACANET DE LA SELVA, --	MASCULI	34:16.7	34:16.7	6:52	1029	1030	0
1503	MONICA PUIGDEMONT MASO	BANYOLES, --	FEMENI	32:55.2	34:16.8	6:36	474	1635	0
1504	JAUME SALIP CARRERAS	GIRONA, --	MASCULI	34:18.4	34:18.4	6:52	1030	1700	0
1505	GEMMA VALENTI POATE	AIGUAVIVA, --	FEMENI	34:18.9	34:18.9	6:52	475	923	0
1506	VANESA HERRERO SANCHEZ	AIGUAVIVA, --	FEMENI	34:19.0	34:19.0	6:52	476	1159	0
1507	SANTI PADILLA VENTURA	AIGUAVIVA, --	MASCULI	34:19.5	34:19.5	6:52	1031	1158	0
1508	JORDI JAMBERT PASCUAL	ESTANYOL, --	MASCULI	33:03.6	34:19.9	6:37	1032	1332	0
1509	LAURA COMAS VALVERDE	GIRONA, --	FEMENI	34:01.5	34:21.5	6:49	477	950	0
1510	RAQUEL OLIVERAS MORGADO	GIRONA, --	FEMENI	34:02.3	34:21.7	6:49	478	668	0
1511	MANEL CARVAJAL FREIXAS	PALAFOLLS, --	MASCULI	32:29.0	34:23.0	6:30	1033	355	0
1512	ADRIANA ARREAGA MURILLO	PALAFOLLS, --	FEMENI	32:29.3	34:23.1	6:30	479	356	0
1513	ENRIC SILVA MORENO	PORQUERES, --	MASCULI	32:51.9	34:26.0	6:35	1034	277	0
1514	CRISTINA ROMERO PAIDLIA	SALT-GIRONA, --	FEMENI	32:40.5	34:28.0	6:33	480	391	0
1515	SANDRA MATEU ESTEVE	GIRONA, --	FEMENI	33:37.3	34:28.6	6:44	481	1362	0
1516	EVA TERMENS XINXO	GIRONA, --	MASCULI	32:56.0	34:30.1	6:36	1035	1053	0
1517	SERGI BUISAC MAS	LLORA, --	MASCULI	33:25.5	34:30.2	6:42	1036	843	geieg
1518	TONI SORIA MUNOZ	GIRONA, --	MASCULI	34:23.6	34:30.6	6:53	1037	479	0
1519	CARLES ALONSO MARTIN	TARRAGONA, --	MASCULI	33:16.3	34:31.8	6:40	1038	597	ANURA
1520	RADHA ALONSO RODRIGO	TARRAGONA, --	FEMENI	33:16.6	34:31.9	6:40	482	598	0
1521	JUAN MIGUEL RAMOS	BLANES, --	MASCULI	33:56.2	34:33.1	6:48	1039	551	0
1522	REBECA DEBAT RODRIGUEZ	BLANES, --	MASCULI	33:56.5	34:33.3	6:48	1040	553	0
1523	NURIA NOGUER VILA	VILABLAREIX, --	FEMENI	34:34.8	34:34.8	6:55	483	527	Independencia
1524	LAURA AGUSTI BAREA	GIRONA, --	FEMENI	33:22.6	34:36.1	6:41	484	190	0
1525	ROSA ARCEGA SAINZ	SANT JULIA DE RAMIS, --	FEMENI	33:39.3	34:36.3	6:44	485	209	0
1526	LAIA ROMERO MANRIQUE	SARRIA DE TER, --	FEMENI	33:18.9	34:40.5	6:40	486	709	0
1527	MANEL ROMERO CANO	SARRIA DE TER, --	MASCULI	33:19.5	34:40.6	6:40	1041	708	0
1528	LLUIS GONZALEZ TRAVE	GIRONA, --	MASCULI	34:41.8	34:41.8	6:57	1042	1616	0
1529	LLUM PEREZ LUNA	CERVIA DE TER, --	FEMENI	34:00.3	34:42.7	6:49	487	1292	0
1530	ALEJO PEREZ MARTIN	CERVIA DE TER, --	MASCULI	34:01.5	34:42.9	6:49	1043	1293	0
1531	QUIM BLANCO TORRABADELLA	GIRONA, --	MASCULI	33:57.5	34:46.1	6:48	1044	1075	0
1532	MANEL BLANCO VERA	GIRONA, --	MASCULI	33:57.5	34:46.3	6:48	1045	676	0
1533	MONICA LLORENS CARMONA	SANT JULIA DE RAMIS, --	FEMENI	33:57.5	34:47.9	6:48	488	1427	0
1534	ESTEL SLEEP RONQUILLO	SANT JULIA DE RAMIS, --	FEMENI	33:57.8	34:48.4	6:48	489	1163	0
1535	JORDI SERRA RICH	SARRIA DE TER, --	MASCULI	33:02.7	34:53.0	6:37	1046	938	Pla de l horta team
1536	LOURDES RONCERO CASADO	SARRIA DE TER, --	FEMENI	33:02.0	34:53.1	6:37	490	570	0
1537	JOANA JIMENEZ YESTE	SARRIA DE TER, --	FEMENI	33:02.7	34:53.2	6:37	491	939	Pla de l horta team
1538	FIDEL RINCON ROSALES	SARRIA DE TER, --	MASCULI	33:02.8	34:53.6	6:37	1047	942	Pla de l horta team
1539	DAVID LOPEZ VAZQUEZ	GIRONA, --	MASCULI	33:47.8	34:57.9	6:46	1048	920	0
1540	PILAR ARROYO MARTINEZ	GIRONA, --	FEMENI	33:48.7	34:58.1	6:46	492	921	0
1541	MARIA CARMEN ESPINAR TORRES	CORNELLA DEL TERRI, --	FEMENI	33:41.9	35:02.0	6:45	493	1457	0
1542	DANA WORDES	BARCELONA, --	FEMENI	33:34.5	35:07.0	6:43	494	256	0
1543	LINDSAY DARRAS	BARCELONA, --	FEMENI	33:34.7	35:07.1	6:43	495	257	0
1544	MIRIAM GIROÑES NOGUE	VILABLAREIX, --	FEMENI	33:31.1	35:14.0	6:43	496	1642	0
1545	CARINA GUINART PATINO	GIRONA, --	FEMENI	33:47.1	35:15.7	6:46	497	593	0
1546	NANI DIAZ NAVARRO	SALT, --	FEMENI	34:39.1	35:27.0	6:56	498	814	0
1547	ESTEFANIA GARCIA FERNANDEZ	GIRONA, --	FEMENI	33:56.0	35:28.3	6:48	499	437	0
1548	ELSA MARIA CONDE GARCIA	GIRONA, --	FEMENI	33:54.8	35:28.5	6:47	500	447	0
1549	JULIA BAGUE COSTA-PAU	GIRONA, --	FEMENI	35:30.8	35:30.8	7:07	501	489	0
1550	GERARD BAGUE HUGAS	GIRONA, --	MASCULI	35:12.7	35:32.1	7:03	1049	490	0
1551	JAVIER ALMELA OLLER	CASTELLBISBAL, --	MASCULI	34:56.0	35:40.6	7:00	1050	1624	club triatlo castellbisbal
1552	DELFINA COSCOJUELA VIU	CASTELLBISBAL, --	FEMENI	35:40.6	35:40.6	7:09	502	1626	club triatlo castellbisbal
1553	DANIEL PUTILIN	GIRONA, --	MASCULI	34:27.7	35:42.4	6:54	1051	1586	0
1554	ANTONIA AGUILERA BOLANCE	QUART, --	FEMENI	34:16.0	35:42.8	6:52	503	1048	0
1555	VICENC GONZALEZ MARTIN	GIRONA, --	MASCULI	35:44.6	35:44.6	7:09	1052	208	0
1556	OLIVIA SEGARRA ARCEGA	SANT JULIA DE RAMIS, --	FEMENI	34:47.7	35:44.9	6:58	504	211	0
1557	NOELIA INFANTES RODENAS	CELRA, --	FEMENI	35:01.7	35:45.5	7:01	505	419	0
1558	IRENE ALONSO ZARATE	LLORÉ DE MAR, --	FEMENI	34:17.1	35:46.5	6:52	506	1340	0
1559	CARLOS CORTO RUIZ	CALDES DE MALAVELLA, --	MASCULI	34:17.5	35:47.5	6:52	1053	1339	0
1560	EVA PONSATI CASAMOR	GIRONA, --	FEMENI	34:34.5	35:48.8	6:55	507	1587	0
1561	BEGONA VILLA MARTIN	MADRID, --	FEMENI	34:59.3	35:53.3	7:00	508	929	0
1562	PATRICIA JIMENEZ VILLA	MADRID, --	FEMENI	35:53.5	35:53.5	7:11	509	928	0
1563	JORDI BAUTISTA LOPEZ	GIRONA, --	MASCULI	36:01.9	36:01.9	7:13	1054	677	0
1564	NATALIA RIGAU PALAHI	CELRA, --	FEMENI	36:02.0	36:02.0	7:13	510	679	0
1565	MIRIAM CHAMORRO I RODRIGUEZ	SALT, --	FEMENI	35:14.6	36:12.4	7:03	511	1461	0
1566	MIQUEL MARTORELL	GIRONA, --	MASCULI	36:08.8	36:26.6	7:14	1055	1303	0
1567	GERALD STRENIO	NEW YORK, --	MASCULI	36:31.9	36:31.9	7:19	1056	351	Erie Runners Club
1568	MARTA GARRIGA BARDALET	GIRONA, --	FEMENI	36:33.1	36:33.1	7:19	512	743	0
1569	OSCAR PINILLA TORTOSA	GIRONA, --	MASCULI	36:33.9	36:33.9	7:19	1057	742	0
1570	MARTA XATRUCH VIROLES	GIRONA, --	FEMENI	35:06.6	36:34.4	7:02	513	613	0
1571	CARME BANOS SILLA	BEGUR, --	FEMENI	35:12.1	36:35.3	7:03	514	717	0
1572	JOSEP MANUEL MARTIN FARRE	BEGUR, --	MASCULI	35:13.5	36:35.8	7:03	1058	712	0
1573	RODRIGO GONZALEZ CENTURION	GERONA, --	MASCULI	36:40.4	36:40.4	7:21	1059	178	0
1574	GLORIA FERRER SANCHEZ	FIGUERES, --	FEMENI	36:42.8	36:42.8	7:21	515	1268	0
1575	ROBERT HORTS COMAS	GIRONA, --	MASCULI	36:43.0	36:43.0	7:21	1060	1267	0
1576	NARCIS CORBERA FAURIA	GIRONA, --	MASCULI	35:18.5	36:47.2	7:04	1061	591	0
1577	NURIA OLIVERAS RAMS	GIRONA, --	FEMENI	36:18.7	36:49.9	7:16	516	946	0
1578	DENISSE HURTADO GUERRERO	GIRONA, --	FEMENI	36:50.3	36:50.3	7:23	517	1505	0
1579	CELESTE SENES CANO	GIRONA, --	FEMENI	35:45.8	36:51.2	7:10	518	1613	0
1580	ANA GONZALEZ JODAR	GIRONA, --	FEMENI	35:22.3	36:54.6	7:05	519	438	0
1581	JACKEKINE CAMOS WIEWEL	GIRONA, --	FEMENI	35:51.3	36:55.3	7:11	520	88	C.A. GIRONA
1582	MARIA BOIX ALBERTO	GIRONA, --	FEMENI	35:52.5	36:55.6	7:11	521	341	Bikewomen
1583	RAFAEL LAVADO TORRES	SALT, --	MASCULI	36:22.7	37:02.4	7:17	1062	888	0

1584	GEORGINA VALLES MARTINEZ	GIRONA, --	FEMENI	35:21.3	37:06.8	7:05	522	1679	0
1585	GEMMA VALLES MARTINEZ	GIRONA, --	FEMENI	35:18.8	37:07.3	7:04	523	1673	0
1586	EMILY MARRIED PALMA LOPEZ	GIRONA, --	FEMENI	36:19.6	37:08.2	7:16	524	1257	0
1587	JORDINA DIAZ TORRABADELLA	LLEIDA, --	FEMENI	36:31.0	37:18.3	7:19	525	1077	0
1588	ESTER RAMIREZ GARCIA	LLAGOSTERA, --	FEMENI	36:01.9	37:41.5	7:13	526	1546	0
1589	MONTSERRAT PRESAS RODRIGUEZ	MASSANES, --	FEMENI	36:58.3	37:50.2	7:24	527	159	0
1590	MARTA SANCHEZ RODRIGUEZ	CORNELLA DEL TERRI, --	FEMENI	37:58.9	37:58.9	7:36	528	1529	0
1591	FRANCESC SANCHEZ SEMI	CERVIA DE TER, --	MASCULI	36:55.7	38:08.1	7:24	1063	412	0
1592	ALEJANDRO SECO NEBOT	CERVIA DE TER, --	MASCULI	36:55.1	38:08.2	7:24	1064	857	0
1593	MARC COTCHO VILA	CERVIA DE TER, --	MASCULI	36:55.5	38:08.9	7:24	1065	413	0
1594	EVA RUIZ MARTIN	GIRONA, --	FEMENI	36:57.4	38:14.4	7:24	529	268	Penya Bons Aires
1595	REMEI VILA CORTADA	GIRONA, --	FEMENI	38:29.9	38:29.9	7:42	530	1436	0
1596	ALBA SOLA LOZANO	SARRIA DE TER, --	FEMENI	37:45.7	38:33.8	7:34	531	735	0
1597	ELENA CHAMORRO DIAZ	SALT, --	FEMENI	37:33.4	38:48.2	7:31	532	206	0
1598	ANA DOMINGO PRECIAOD	MADRID, --	FEMENI	37:33.4	38:59.4	7:31	533	542	0
1599	VICTORIA BARDAJI FERNANDEZ	CALDES DE MALAVELLA, --	FEMENI	37:31.9	38:59.5	7:31	534	446	0
1600	JOAQUIN LOZA FERNANDEZ DE BOBADILLA	CALDES DE MALAVELLA, --	MASCULI	37:34.1	38:59.8	7:31	1066	444	0
1601	LLUISA ANDRES	RIUDELLOTS DE LA SELVA, --	FEMENI	37:36.1	39:12.1	7:32	535	439	0
1602	MONTSE VILA CORTADA	CARTELLA, --	FEMENI	38:46.8	39:20.0	7:46	536	1442	0
1603	MARIA TERESA AVILES RUIZ	SANT PERE PESCADOR, --	FEMENI	38:34.0	39:34.3	7:43	537	1682	0
1604	JOSEP RAMIREZ TORRES	SANT PERE PESCADOR, --	MASCULI	38:33.8	39:34.8	7:43	1067	1684	0
1605	DOLORES AGUADO TARIFA	GIRONA, --	FEMENI	40:56.5	42:13.7	8:12	538	300	0
1606	MANEL ABELENDA LOMAS	GIRONA, --	MASCULI	42:44.4	43:19.6	8:33	1068	23	CESET
1607	LAURA ABELENDA SALIDO	GIRONA, --	FEMENI	42:44.6	43:19.8	8:33	539	49	CESET
1608	SILVIA ALVAREZ MARTIN	GIRONA, --	FEMENI	41:30.5	43:21.2	8:19	540	1605	0
1609	IRENE INCOGNITO	CALDES DE MALAVELLA	FEMENI	42:01.6	43:41.8	8:25	541	900	0
1610	M CARMEN NOGUE PAGES	VILABLAREIX, --	FEMENI	42:06.3	43:56.2	8:26	542	1221	INDEPENDENT
1611	JOAN GIRONES I MUNOZ	VILABLAREIX, --	MASCULI	42:06.5	43:56.7	8:26	1069	1220	INDEPENDENT
1612	KAY STRENIO	ACCRA, --	FEMENI	42:16.4	44:01.3	8:28	543	352	0
1613	JAMES STRENIO	GIRONA, --	MASCULI	42:15.8	44:01.8	8:28	1070	354	0